

**QFD 'Firefighter For
A Day' Program - Page 18**

**City Celebrates 'National
Night Out' - Page 23**



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LONE SAILOR STATUE, centerpiece of the recently dedicated Quincy Navy Park at Squantum, casts a watchful eye from its location adjacent to the Marina Bay boardwalk. The handsome bronze statue depicting a petty officer in his mid 20s wearing a pea coat stands 7 feet tall with an accompanying duffle bag by his side. Quincy is the 19th location throughout the world to erect the statue sculpted by Stanley Bleifeld, a World War II Navy veteran. The park honors all who have served in the Navy, Marine Corps, and other sea services. It also features tributes to 12 distinguished veterans including six Navy Admirals who hail from Quincy. Coverage of the Aug. 9th park and statue dedication begins on Page 2.

Quincy Sun Photo/Robert Bosworth



**Quincy Navy Park
at Squantum
and
Lone Sailor Statue
Marina Bay
Quincy, MA**



Quincy College Expanding ESOL Offerings - Page 3
Children's Library Activities Aug. 15-21 - Page 11
Ask John Paul, AAA's Car Doctor - Page 21

More Quincy news:
The Quincy Sun.com

Lone Sailor, Navy Park Salute Service, Sacrifice

By ROBERT BOSWORTH

Amid gray clouds, intermittent rain and peaks of sunshine, the City of Quincy last Friday dedicated a new Navy Park at Squantum adjacent to the Marina Bay boardwalk and its signature centerpiece: a Lone Sailor Statue that stands proudly amongst a backdrop of tributes and memorials for a dozen distinguished veterans who have distinctively served their nation and community.

Several hundred people including dignitaries, invited guests and family members attended the 90-minute morning ceremony many seated under large tents.

The dedication Aug. 9th was held on the 82nd anniversary of the sinking of the USS Quincy, the second U.S. Naval cruiser to carry the Quincy name. The ill-fated vessel sank during the Battle of Savo Island on Aug. 9, 1942; 370 lives were lost. A bell from the third USS Quincy which is featured at the park was rung in memory of the lives that were lost.

Quincy is the 19th community throughout the world to dedicate a Lone Sailor. The handsome 7-foot bronze statue was sculpted by Stanley Bleifeld, an enlisted man in the Navy during World War II. He was assigned to illustrate Navy training manuals. Bleifeld believed the Lone Sailor should represent Sailors around the world.

The statue that looks over the water at Marina Bay is an iconic symbol of the Navy Memorial's mission to Honor, Recognize, and Celebrate the men and women of the Sea Services, past, present and future, and to inform the public of their service.

The Lone Sailor in Quincy does just that – and more – with companion tributes to local veterans who served in the Navy and Marines and have distinguished themselves not only in military service but to their dedication and contributions to Quincy.

There are six admirals from Quincy who are honored at the park. They are: Vice Admiral Colin J. Kilrain (retired); Rear Admiral Stephen T. Keith (retired); the late Vice Admiral John K. Ready; the late Rear Admiral Bartholomew H. Hogan (Surgeon General); the late Rear Admiral Giles C. Stedman; and the late Rear Admiral Forrest B. Royal. Admiral Kilrain and Admiral Keith spoke at the ceremony.

There are six notables honored at the park. They are Francis X. Bellotti,



BELL FROM THE USS Quincy is tolled in memory of the 370 crew who perished when the second named Quincy was sunk in the battle of Savo Island Aug. 9, 1942. The bell is part of the features at the new Quincy Navy Park at Squantum and Lone Sailor Statue that was dedicated last Friday on the 82nd anniversary of the Quincy's sinking. The third Quincy participated in the Normandy invasion on D-Day June 6, 1944.

Quincy Sun Photos/Robert Bosworth



MILDRED COX, age 100, a distinguished World War II veteran one of the first female Marines, acknowledges applause from an appreciative audience after speaking at the dedication of the Quincy Navy Park at Squantum and Lone Sailor statue dedication. Among those applauding are (from left) Quincy Veterans Services Director Christine Cugini, Lt. Gov. Kim Driscoll, Massachusetts Veterans Affairs Secretary Jon Santiago, Cong. Stephen Lynch and Mayor Tom Koch. Cox is among the veterans honored at the park.

USN, former state lieutenant governor and attorney general; Mildred R. Cox, U.S. Marine Corps, one of the first female Marines; Richard A. Stratton, USN, a Naval aviator who endured 2,251 days as a Prisoner of War in Vietnam; the late Charles Francis Adams, III, who served as the 44th U.S. Secretary of the Navy under President Herbert Hoover; the late Henry W. Bosworth, Jr., founder of The Quincy Sun newspaper; and John J. Shea, USN, a commander in the U.S. Naval Reserve and executive officer of the Na-

val Air Station in Squantum during its period of expansion in the 1930s. All but Shea have granite markers featuring inscriptions and a bronze face likeness positioned neatly at the park. Shea's tribute is an aerial photo of the former Naval Air Station with a description of his service that is fastened to a small park building.

Photos and biographies of those tributes appear on Page 15.

Bellotti and Cox attended the ceremony and were among the highlights of the

program. Bellotti was made an honorary SEAL by Admiral Kilrain who removed his SEAL insignia from his lapel and pinned it on Bellotti. The 101-year-old attorney served in the U.S. Navy's elite Amphibious Scouts & Raiders during World War II, a force that was a precursor to the Navy SEALs.

Cox, a very spry fellow centenarian who celebrated her 100th birthday earlier this year, had the crowd cheering when she declared "women are veterans, too."

The speakers touched on

their personal experiences in the military, thanked the city for creating such a beautiful and meaningful park while also solemnly remembering all those who gave their lives defending our country's freedom.

Mayor Thomas Koch called the dedication "a proud day for the history of our city."

The mayor, who spearheaded the effort to establish the Navy Park, said:

"As we come together, we reflect on Quincy's steadfast commitment to answering the call of duty for

our nation. We honor those who have made the ultimate sacrifice to defend our freedoms and preserve our way of life.

"We remain forever indebted to them and their families. Today, our thoughts especially turn to the 370 lives lost aboard the USS Quincy on Aug. 9, 1942, during the Battle of Savo Island."

The mayor said the city is privileged to honor six distinguished Navy Admirals and six remarkable veterans. "Their stories inspire

Cont'd On Page 12

Quincy College Expanding ESOL Offerings This Fall

Quincy College has received significant state funding to expand its instruction of English to Speakers of Other Languages (ESOL) free of charge beginning this fall.

The \$452,768 grant from the Mass. Department of Elementary and Secondary Education (DESE) will cover the cost of two additional levels of free ESOL courses to meet growing community demand throughout the 2025 fiscal year. The program benefits those who are underserved, unemployed/underemployed, and bilingual and are seeking to improve their English skills. It

covers the costs of books, course materials and technology and is designed for students to enhance their English proficiency as well as create a pathway for their entry to certificate, Associate's or Bachelor's degree programs at Quincy College.

"We're delighted to be able to serve even more students who are anxious to pursue ESOL classes," Quincy College President Dr. Richard DeCristofaro. "It's never been easier or more convenient to become more proficient in English which, in turn, establishes the necessary foundation for

personal and professional success."

"Our ESOL faculty members are passionate about teaching and providing an optimal, supportive environment for learning," said Kate Lopci, Quincy College's Vice President of Workforce, Economic and Institutional Development. "And thanks to our continued partnership with DESE, we're creating more opportunities to serve this unique population of students."

For more information about the programs or to enroll, contact Michael Hernon at mhernon@quincycollege.edu or call (617) 984-1756.

Massachusetts Legislature Passes Parentage Act

The Massachusetts Legislature passed, and Gov. Maura Healey has signed, An Act to ensure legal parentage equality, extending the full rights of parentage to LGBTQ+ families and families created via assisted reproduction.

The law dismantles archaic legal barriers to basic parenting responsibilities for modern families, opening the door to legally attend and make decisions during medical appointments, manage a child's finances, participate in educational decisions, and provide authorizations for a child's travel.

"Ensuring that the Commonwealth's laws reflect an evolving society, along with the implications of modern technology, is a key responsibility that we have as elected officials. By bolstering protections for children born through assisted reproduction, surrogacy, and to same-sex parents, we are doing just that," said House Speaker Ron-

ald J. Mariano (D-Quincy). "I want to thank Chairman Day, members of the conference committee, and our partners in the Senate for their continued commitment to ensuring that modern-day families are protected here in Massachusetts."

"Today we are modernizing laws to match modern families across the Commonwealth," said Senate

Cont'd On Page 22

Quincy Barber Cesare Iannino Retires After Nearly 50-Year Career

Quincy barber Cesare Iannino, owner and operator of Creative Men's Hairstyling on Billings Road, is closing shop and retiring after a near-50 year career.

Iannino was presented with a Massachusetts state citation by state Rep. Bruce Ayers in recognition of his retirement.

"I want to congratulate Cesare on a successful career and on his well-deserved retirement," Rep. Ayers said. "He's made many positive contributions to the community, and he has a loyal base of customers who will miss his services. We wish him all the best."

Originally born in Borgo Di Palermiti, Italy, Mr. Iannino immigrated to the United States in January of 1976, and worked as a hairstylist in Boston for nearly 8 years. In 1983 he came to Quincy and opened Creative Men's Hairstyling, which he has owned and operated for over 41 years.

Mr. Iannino says he will miss his business and his clients, and that he's looking forward to spending more time with his wife,



QUINCY BARBER Cesare Iannino (right) with state Rep. Bruce Ayers. *Courtesy Photo*

children, and grandchildren. He's planning a trip to Italy in the near future to see his family and friends.



Armando Agnitti, Esq., CISR
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Moments in time

THE HISTORY CHANNEL

• On Aug. 26, 1791, John Fitch and James Rumsey were each granted a federal patent for the steamboat. The men were rivals who devised different systems for, and battled over claims to, the invention.

• On Aug. 27, 1976, the United States Tennis Association barred transgender athlete Renée Richards (born Richard Raskind) from competing in the U.S. Open as a woman, stating she needed to pass a chromosomal test. Richards failed the test, sued the USTA, and a year later was granted the right to compete following a New York Supreme Court ruling in her favor.

• On Aug. 28, 2003, pop singers Britney Spears and Madonna shared a kiss at the MTV Video Music Awards, delighting some viewers and offending others. MTV received hate mail "from the older generation," according to network president Van Toffler, who said: "I think the beauty of the VMAs was the combustibility. You wanted to make it fun and semi-chaotic. That's what we did."

• On Aug. 29, 1982, Swedish-born actress and three-time Academy Award winner Ingrid Bergman died of cancer on her 67th birthday. Bergman was best known for her role as Ilsa Lund in "Casablanca" alongside Humphrey Bogart, as well as the international scandal she sparked in 1950 when she had a son with Italian director Roberto Rossellini, to whom she was not married at the time.

• On Aug. 30, 1859, Edwin L. Drake successfully drilled the first oil well near Titusville, Pennsylvania, ushering in the modern petroleum industry. His discovery of an efficient way to extract oil from the ground revolutionized energy production and would help transform the global economy.

• On Aug. 31, 1989, England's Princess Anne, the only daughter of Queen Elizabeth II, publicly announced her separation from her husband, Mark Phillips, but the couple stated they were not intending to divorce.

• On Sept. 1, 1928, groups of Boy Scouts placed approximately 2,400 concrete markers at sites along the Lincoln Highway to officially mark and dedicate it to the memory of President Abraham Lincoln.

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Electroculture

Researchers have studied the effects of electricity on plants as far back as the 1700s, when it was noticed that trees grew faster beneath the aurora borealis, which is an atmospheric phenomenon involving particles from the sun affecting earth's magnetic field. "Electroculture" gardening uses copper wire to harness natural electromagnetic energy from the atmosphere and conduct it down into the soil, where it interacts with the plants' root systems and increases nutrient and water absorption. It also reduces pest activity and strengthens root development. This improves plant health and growth. - Brenda Weaver

Sources: www.dictionary.com, www.budget101.com, www.hgtv.com

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Son Beams

By ROBERT BOSWORTH

Henry & The Cogswell

The City of Quincy and all involved deserve a job well done for creating the new Navy Park at Squantum featuring the Lone Sailor Statue at Marina Bay.

The park remembers all sailors and Marines who have served and honors 12 remarkable Quincy veterans and pays tribute to the city's proud shipbuilding and aviation history as well as remembers the USS Quincy and the Quincy-built cruiser's 370 lives who perished at the Battle of Savo Island Aug. 9, 1942.

The waterside park adjacent to the Marina Bay boardwalk is an appropriate place to reflect and appreciate those who have helped keep our country free. One of those honored is Henry W. Bosworth, Jr., a Navy veteran of World War II and founder of this newspaper.

Henry, a 1942 graduate of Quincy High School, wasn't the only Bosworth from Quincy Point to serve in the U.S. Navy. His younger brother Richie served aboard the destroyer USS Knapp that saw action with Henry's ship, the destroyer USS Cogswell in the South Pacific. Richie also re-enlisted in the Navy after WWII and served during the Korean War. Their father, Henry W. Bosworth, Sr., worked at the Fore River shipyard.

Henry, a signalman, was enormously proud of the "Cogs." The Fletcher-class destroyer earned nine battle stars for World War II service and was given the honor as the first U.S. Navy ship in Toyko Bay for the Japanese surrender Sept. 2, 1945 - 79 years ago next month.

Henry and many veterans from the "Greatest Generation" didn't boast about their war service. They served, returned home, got married, started families and became active citizens in their communities.

Occasionally Henry shared anecdotes from his time in the Navy. More details about the Cogswell can be found on the internet where the ship's journal and crew diaries are posted. The entries - heroic and heart-breaking - shed significant light on combat at sea.

Like this entry from 1944: "Made air strike on Ryukus Islands. 221 planes destroyed and 16 cargo ships sunk. Warehouse oil dumps and shore installations demolished. One of the fellows that was hurt on our ship died this afternoon. He was buried at sea at 1700 (5 p.m.)."

Other entries chronicled another enemy: horrendous weather.

Within two months in the fall of 1944, the Cogswell and other Navy vessels endured not one but two major typhoons in the South Pacific. The first struck in October with winds over 70 miles per hour and waves high enough to come over the bow of a carrier, injuring many men including nine who needed extended medical attention. Four transferred to the USS South Dakota for more acute medical attention. One of the sailors later died as a result of his injuries.

Another deadly typhoon struck in December that same year. "Storm got worse today," the journal entry reads. "We had more casualties in the storm with the task force than we did on our raid on the Philippines. Men were lost over the side and some of our carriers caught on fire and quite a number of planes were damaged on the hangar decks."

The destroyers Hull, Spence and Monaghan were all lost in the storm that became Typhoon Cobra Dec. 14-18, 1944. The storm killed 790 sailors, damaged 9 other warships, and swept dozens of aircraft overboard off their aircraft carriers.

The Cogswell was in the thick of many decisive battles during World War II including the Battle of the Philippine Sea, the Battle of Leyte Gulf and participation in the final raids against the Japanese home islands until the close of the war in the summer of 1945.

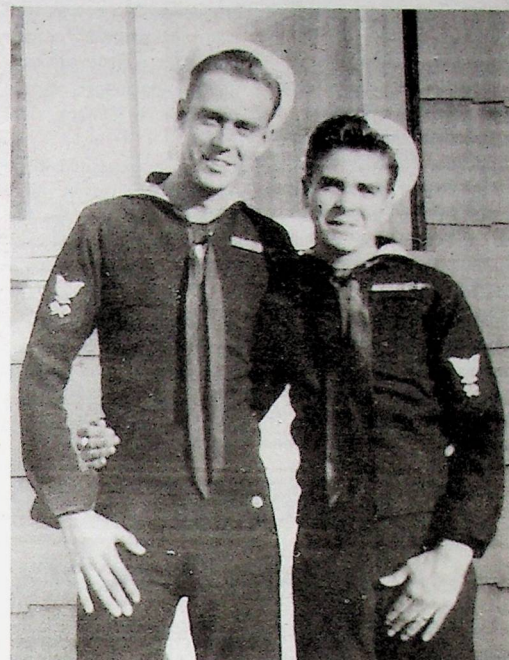
The destroyer was also among 200 U.S. Navy ships that fought in the Battle of Okinawa in January, 1945. Sixty percent were destroyers. Okinawa was the bloodiest operation of the Pacific War.

And there were rescue missions. Cogswell picked up pilots who had been shot down and crashed into the ocean.

Some didn't make it.

"Today we went back with the carriers," a diary entry reads. "One of our torpedo planes crashed - we picked up one man - the other two went down with the plane. Later that day another plane took off from the carrier loaded with bombs and it crashed and blew up. When we got to the spot where the plane had crashed all we found was a pilot's shoe that had been blown off his feet. The three were killed."

In another life-saving mission Cogswell rescued 154 survivors from the cruiser USS Reno after she was hit by a Japanese torpedo Nov. 3, 1944. Forty-six men were killed



TWO NAVY BROTHERS - Henry Bosworth (left) and Richie Bosworth (right) outside their childhood home on Chubbuck Street in Quincy Point in 1945. Both served in the South Pacific on destroyers during World War II.

and many injured.

Henry was the publisher of The Quincy Sun for 40 years. But this newspaper wasn't the first publication he edited.

He was the editor-in-chief of a USS Cogswell newsletter that celebrated the second anniversary of the ship's commission at Charlestown Navy Yard in Boston Aug. 17, 1945. The newsletter was dedicated "to those men, who two years ago today put the good ship U.S.S. Cogswell in the service of Uncle Sam at the Charlestown Navy Yard, Boston, MA."

"It is our sincere wish that when this day of August comes upon in 1946, the world is at peace," Henry wrote.

There's also a narrative headlined "She's Growing Old." It offers some insight as to the Cogswell's crew camaraderie and the ship's significance in their lives.

"Two years ago today, on a sun drenched August afternoon, a new trim destroyer was commissioned at the Charlestown Navy Yard, Boston, MA."

"To the yard workers she was just another tin can but to us she was the U.S.S. Cogswell - DD651, our place of residence until further notice."

"History books may never record that day as a date of major importance but it will long be remembered by us for it marked the beginning of an important and interesting phase of our lives."

"And thus today, we pause for a brief period to help the young lady celebrate her second birthday."

"She is still a youngster but she has been around and for a two-year-old boasts a record that will stand up with the best of them when the final statistics of World War II are tallied up and entered in the ledger..."

"From Pearl Harbor to Toyko in 18 months isn't breaking speed records in this modern age but it is pretty fast considering there were a few stops on the way, stops where the welcome sign did not hang."

"As a member of the famous Task Force 58 and the equally famous Third Fleet, the Cogs portrayed a role in many of the shows in the Pacific theater - shows such as the invasion of the Marshalls, Saipan, Guam, Tinnian, Palau, Philippines, Okinawa, and Hollandia Bay and the two battles of the Philippine Sea where the enemy fleet was handed its greatest setback of the war will never be forgotten."

The newsletter has some humor too. One funny tidbit reads: "You can always get straight dope from Mickey Wright. He's the only one we know who is always Wright."

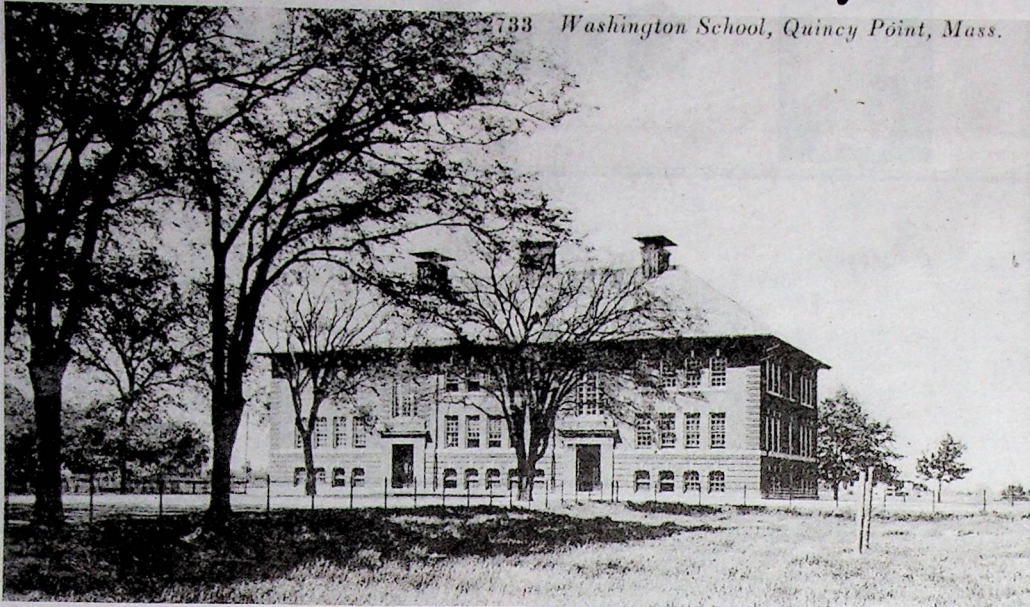
The newsletter included a passage that looked forward to a Japanese surrender and ended with a heart-felt remembrance to those who paid the supreme sacrifice during World War II.

"Today, as we celebrate the second anniversary of our ship, the world is at peace again."

"A year ago today we faced a long road to victory, but we travelled it despite the huge rocks that were tossed in our

Cont'd On Page 8

Scenes From Yesterday



2733 Washington School, Quincy Point, Mass.

THIS 1912 POSTCARD is a view of the old Washington School in Quincy Point. Designed by a young Quincy architect, Albert H. Wright, this building was erected in 1903 on a large lot between Curtis and Washington Streets diagonally across from the fire station. This red brick building was demolished in the late 1960s and

the site is now home to the Constanzo Pagnano Towers Senior Citizens housing complex. The site was originally used for one of Quincy's first public schools early in the 19th century when Quincy Point was known as the Old Fields District.

From the Tom Galvin Postcard Collection

AAA: MA Gasoline Prices Down Four Cents

Gasoline prices continue to slide in the waning weeks of summer on cooling demand and rising domestic production. But markets are keeping close watch on renewed tropical storm activity in the Atlantic and increasing geopolitical tensions in the Middle East.

Last week, demand for gasoline reached 8.9m barrels a day, a drop of nearly 300,000 barrels a day compared to the prior week, according to the latest report from the Energy Information Administration. Meanwhile, inventories, which had been shrinking for two weeks straight, rebounded as refiners added 1.3 million barrels to the national stockpile.

The supply and demand picture mitigates the impact of

crude oil prices, which rose sharply last week in anticipation of escalating conflict in the Middle East. Crude prices were also buoyed by the formation a new tropical disturbance in the Atlantic, which is now likely to become Hurricane Ernesto and could threaten the United States later this week.

The average gas price in Massachusetts is down four cents over last week (\$3.46), averaging \$3.42 per gallon. Monday's price is nine cents lower than a month ago (\$3.51) and 34 cents lower than this day last year (\$3.76). Massachusetts's average gas price is two cents lower than the national average.

READERS FORUM

Seeks Public Comment Period At Council Meetings

Dear Editor and the readers of *The Quincy Sun*:

On July 25th, 2024, I was one of more than 50 concerned citizens celebrating the 200 volunteers at Thomas Crane Public Library who collected more than 6,000 signatures to appeal the outrageous 79 percent pay raise for the mayor and 50 percent for the city councillors in just 20 days.

The required number of 8,000 signature was needed to get the pay raise issue placed on the ballot. However, there was no argument among the signers that the mayor needed a raise, just like any public servant. Note, the mayor and the city councillors are public servants, working for and paid by the residents and taxpayers of Quincy and the Commonwealth.

That night the participants had an opportunity to bring forth several issues among them the lack of transparency in the city government, in issues such a budget, meeting agendas and meeting minutes that are difficult to find on the city webpages. Furthermore, there is lack of opportunity for public comments prior to city council meetings. This is normal practice in most cities and town.

I ask myself, are our elected officials being influenced by other forces and powers other than by their constituents

that they are supposed to represent? Should they consider providing some relief? For example, if they were listening to us, their constituents, they would then be aware that property tax increases as much as 8 percent annually is unsustainable for seniors.

At minimum, some relief for long time senior homeowners a special resident tax rate. This plan was brought forth by previous Ward 4 City Councillor, Attorney Brian Palmucci, and voted unanimously by then City Council. His plan was well researched and would have not cost any negative affect in the City budget. That plan was unfortunately nixed by the Mayor, stating that "we can't afford it," yet at the same time the Mayor's favorite developers receive tax deferrals and breaks for years to come.

I urge all residents to reach out to your councillors, verbally or by mail and ask to include the public in these issues, as we are government by the people for the people. We have elected them to represent us on these urgent issues affecting the City's future and future taxpayers, and not cut the taxpayers out the process.

Anneli Johnson
Quincy

Commends City For 40th Annual Senior Olympics

I cannot let this summer pass without thanking the Department of Elder Services for a tremendous job well done in celebration of the 40th Anniversary of the Senior Olympics. It is a tribute to all the hard work that the Department under the new leadership of Michelle Hanly who stepped into her new position as Director of Elder Services from her previous position as the head of Quincy Recreation. Ms. Hanly was the perfect fit in that she has been involved with the Senior Olympics for some time now dating back to the administration of Director Barry Welch who in his own right did a marvelous job maintaining the quality and expansion of these Olympics.

I personally have been a participant for the last ten years, cleverly disguised as a once upon a time athlete and I can tell you that it is not always an easy task dealing with folks

who think they are still in their 40s yet voted for JFK or even Richard Nixon. Which brings me to my final point. Every year I have participated I have been awe struck by the young men and women who are assigned to the various events over the course of almost a month.

We seniors are treated as honored citizens almost as if we were their grandparents. It is so refreshing to see these young folks helping in every way to see that even the crotchety, and there are a few, are helped and having their best days of their summer. I call them "Quincy's Finest."

It all starts at the top and I firmly believe that under the leadership of Michelle Hanly, each Olympics will be better than the last.

Edward Spring
Quincy

Quincy's Yesterdays

This Week
1988
36 Years Ago

McCauley Disappointed City Not Declared Flood Disaster Area

Mayor Francis McCauley said he was disappointed that Quincy was not declared a state disaster area by officials after accessing damage caused by recent flooding.

"I'm disappointed but they have to make a determination," McCauley said. "The officials said the storm was not severe enough to declare the area a disaster area."

If declared a disaster area, Quincy would have been eligible for state relief funding.

Officials from the Federal Emergency Management Agency and the state Civil Defense Agency conducted the damage assessments.

About 400 homes sustained approximately \$500,000 in damages as a result of July 27th's flooding in several sections of Quincy, particularly West Quincy, South Quincy, Wollaston and Quincy Center.

McCauley noted the damage estimate was difficult to determine since most occurred on private property.

The American Red Cross helped hundreds of residents by offering \$150,000 in aid. The Red Cross took care of major losses, such as contents in homes, the mayor noted. He also commended the many city and state employees as well as many volunteers who worked around-the-clock once the downpours started.

SOFTBALL GAME IN MEMORY OF DICK KOCH

The first annual Dick Koch Memorial Muscular Dystrophy Softball Doubleheader was set for Aug. 18 at Adams Field. Last year's game, the 11th annual MDA benefit softball doubleheader, was dedicated in memory of Richard J. Koch Sr. who organized the special fundraising event.

Mr. Koch, who served with Quincy Sun Publisher Henry Bosworth as co-chairmen of the Quincy-South Shore Jerry Lewis Labor Day Telethon Committee for 11 years, died last August. The committee has raised more than \$1 million to fight muscular dystrophy.

Bosworth said he decided to rename the game in Koch's memory as a tribute to his hard work on behalf of MDA and making the game a continued success. To date, the game has raised more than \$15,000 for muscular dystrophy.

The double header featured two games: the first featuring the Quincy Police vs. the Quincy Fire; and the second with local elected officials taking on representatives from the local media.

QUINCYISMS

Christine Menz, a sophomore at Northeastern University majoring in physical therapy, was selected the first recipient of the James "Red" Riley scholarship. The scholarship, established by the Atherton Hough Parent Teacher Association, honors Riley's many years of outstanding service to children and school as custodian. . . Dawn MacLeod of Bromfield Street graduated from Framingham State College . . . Judi Whalen of Squantum was on the President's List for the spring semester at New Hampshire College. . . Capt. Cynthia S. Allen of Graham Street was decorated with the Air Force Commendation Medal at Barksdale Air Force Base, LA. . . Five candidates were running for state representative in the Second Norfolk District. The field included Democrats Patricia Toland, Arthur Stephen Tobin and Steve Durkin and Republicans Richard Harris and Denis Tardo. (Editor's note: Tobin and Harris would win their respective primaries. Tobin, a first-time candidate for public office, defeated Harris to win the seat in the November election). . . Mark Keenan of Mears Avenue earned a bachelor science degree in computer science cum laude from Wentworth Institute of Technology. . . Mark E. Denneen of Moreland Road graduated from Harvard University with a bachelor of arts degree. . . The Norfolk Bar Association, based in Quincy, named Judge Robert L. Steadman, chief justice of the Superior Court, as its "Man of the Year." . . Ralph A. Pearson Jr. of Bank of New England-South in Quincy was elected treasurer of the South Eastern Chapter of the New England Safe Deposit Association. . . Andrew T. Walsh, president of Walsh's Restaurant in Quincy, was re-elected to the board of directors of the Massachusetts Restaurant Association (MRA), New England's largest food service association. . . The 51st edition of Quincy Bay Race Week got underway. Association officers: President Bill Wilder, First Vice President Ted Johnson, Secretary George Jackson and Treasurer Jack White. Participating yacht clubs are Quincy (celebrating its 114th year), Squantum (98 years), Wollaston (91) and Wessagusset (85). . . "Big Business" starring Bette Midler and Lily Tomlin was showing at the Wollaston Theater. Admission \$2.50 (20 and over \$2 and Monday and Tuesday Dollar Night).

'Sarsaparilla' And FDR

Editor's note: Quincy Sun Publisher Henry Bosworth wrote several columns about his service in the U.S. Navy including this one that appeared in the Sun Nov. 6, 2008.

"Sarsaparilla!"

Just one word.

But the beginning of a most unbelievable story of World War II. One that never made the headlines because of the tight security and secrecy surrounding it.

I first wrote about it after the war in the 1950s. Ann McLaughlin, director of the Thomas Crane Library, has invited me to retell it for the "Quincy Remembers World War II" series on the library's website (thomas-cranelibrary.org).

And, I get a column out of it, too.

It goes back to Armistice Day (Veterans Day), November 1943 and Norfolk, VA. I was a signalman on the destroyer USS Cogswell and had the signal watch that particular night. Our captain, Comdr. Harold Deutermann said to me:

"I am expecting an important message. It might be only one word – sarsaparilla. If it comes, awake me immediately."

It wasn't too long before the battleship USS Iowa reached out of the inky darkness with a flashing signal light.

Three dots, dot dash, dot dash dot and so on until the flashes spelled.

S-A-R-S-A-P-A-R-I-L-L-A.

The captain was awakened and the message relayed to two other destroyers, one of them the William D. Porter.

Whatever else "sarsaparilla" meant it told us to get underway. Around midnight, the Iowa, and its screening escorts the Cogswell, Porter and another destroyer whose name I don't remember, slipped quietly out to sea under cover of darkness while Norfolk slept.

It was a mysterious trip. No one told us where we were going but you could tell something was up.

A few days later we were nearing Gibraltar. I was on the bridge with other signalmen. A quiet, peaceful day-until the silence was shattered by a booming cry: "T-O-R-P-E-D-O!"

And there it was-a torpedo streaking through the water toward the Iowa.

The Iowa was warned by emergency flag hoists and a talk-between-ships telephone. She managed to turn to avoid the torpedo, which exploded about 50 yards behind in her wake.

General quarters were sounded and the Cogswell crew rushed to their battle stations as we prowled the area looking for the German submarine to drop depth charges on.

But we couldn't locate the sub. Then we learned there was no sub to locate.

The torpedo was not from a German submarine. It had been fired from the Porter.

The flag officer in charge of the destroyer escort was on the Cogswell and sputtered and fumed when the Porter informed us "that was our torpedo."

The Porter, it was later learned, had its torpedo mounts aimed at the Iowa in a simulated attack training session. A live torpedo in one of the tubes was accidentally fired and sped toward the Iowa's No. 2 Magazine.

If the torpedo had hit, it could have sunk the Iowa.

The flag officer continued to sputter. Why all the rage, I thought to myself, a young kid from Quincy Point. After all, it didn't hit the Iowa.

But he knew something that we didn't know.

On the Iowa were Harry Hopkins, Admirals Leahy, McIntire and Cook, Generals Marshall, Arnold, Handy, Somervell and Watson according to Hopkins' private papers made public after the war.

Not only that, but with them was Admiral Ernest King, Chief of Naval Operations.



Sunbeams

By Henry Bosworth



USS William D. Porter (DD-579)



President FRANKLIN D. ROOSEVELT



HAROLD DEUTERMANN
Commander
USS Cogswell

And someone else was aboard the Iowa: President Franklin Delano Roosevelt.

We were escorting him to the Teheran Conference to meet with Churchill, Stalin and Chiang Kai-Shek.

We later turned the Iowa over to another division of destroyers one day out of Africa. The Cogswell and Porter headed to Bermuda.

The Porter was held in Bermuda for a board of inquiry investigation with the whole ship under arrest. The board found that the Iowa episode was an accident with no evidence of any sabotage.

The Porter was ordered to the Aleutian Islands apparently as punishment duty.

But that didn't end our relationship.

The Cogswell headed for the Panama Canal and out to the Pacific where we screened the carriers in the Third and Fifth Fleets.

And on to the Marshalls, Truk, Saipan, Guam, Tinian, the Philippines, China Sea, Formosa, the Bonnin Islands, etc.

Forgotten was the William D. Porter.

But now it was June 1945 and Okinawa, the doorstep to the Japanese mainland. The Cogswell was assigned to radar picket duty between Okinawa and Japan with other destroyers. Two destroyers would go out together as a team.

On June 10, the Cogswell moved out to take its picket station. Out came another destroyer to join us.

We could hardly believe it. It was the William D. Porter, which we hadn't seen since the Iowa incident.

We took our positions about 500 yards apart. And suddenly there was a Japanese Kamikaze high in the sky and diving down on us.

We fired all our guns at the plane but it got through. Now the pilot had to make a quick decision, which destroyer would be his target. He picked the Porter.

We thought it crashed onto the Porter. But according to the Navy version, it was a near-miss. The plane's bomb apparently passed under the Porter before exploding causing uncontrolled flooding.

LCS hurried to the Porter's side to take off 350 crewmembers. Word was that there were no fatalities.

About three hours later, the Porter rolled over on her starboard side. Her bow shot up like the grasping hand of a person drowning and she slipped into her watery grave.

It was a sad sight.

We were with her only twice: One day firing a torpedo at the President of the United States and the other taking a Kamikaze instead of us.

She was a hard luck ship. Jinxed.



DD-651 USS Cogswell

Remembering The USS Quincy: 'Ever Ready For Battle'

By JOHN C. SWANSON
USNR (retired)

There is a body of water that separates two islands in the far-off South Pacific; the large one is known as Guadalcanal, the smaller one Savo. Since World War II this body of water has been known as Iron Bottom Sound. This name is more than appropriate, for at the bottom of this body of water lie at least 120 warships, among them the USS Quincy, (CA 39). Since the end of the war all US Navy Ships, whether sailing alone or in formation, execute a severe S shaped maneuver when transiting the strait between these Islands as a tribute to the gallant ships and their brave crews who rest below. On August 9, 1942 four gallant ships would become the first to rest on Iron Bottom Sound; the Quincy, Vincennes, Astoria and the Australian Canberra.

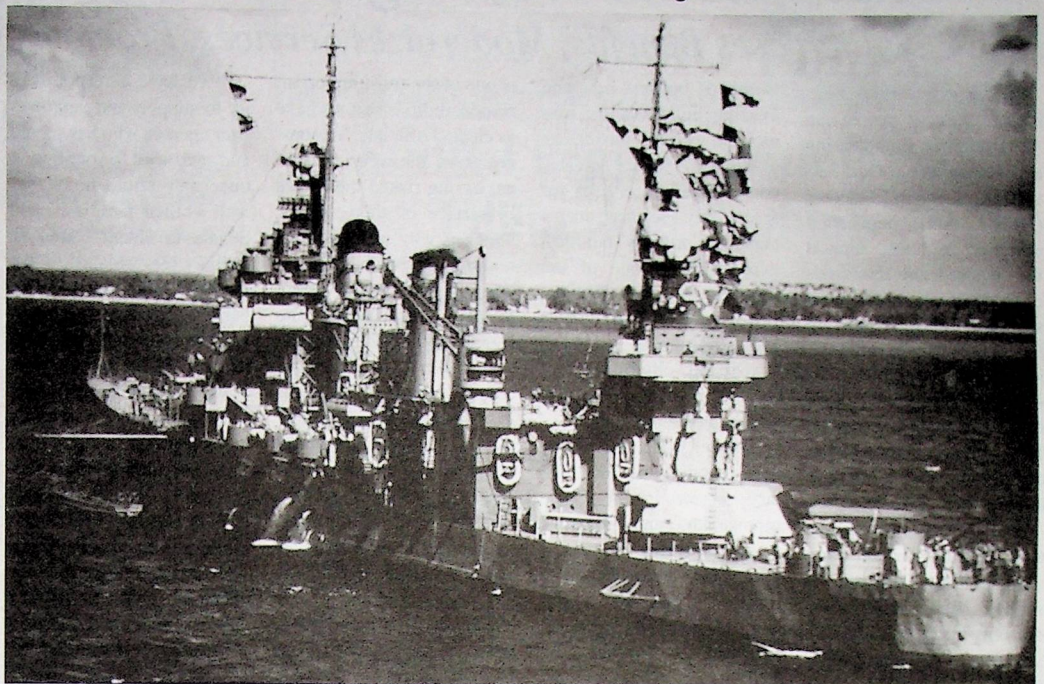
The USS Quincy was one of seven New Orleans Class Heavy Cruisers. Along with her sister ship the Vincennes, she was built at Fore River and commissioned in 1937. These ships participated in the heaviest fighting of the war and three were sunk in the Battle of Savo Island and three others were heavily damaged in subsequent battles in the Guadalcanal Campaign. Collectively these ships would earn a combined total

of 64 battle stars during the war.

The Quincy spent her initial career in the Atlantic and Mediterranean and at one point sailed in concert with the German Cruiser Admiral Graf Spee, as part of an international neutrality force during the Spanish Civil War. On the eve of Pearl Harbor, Quincy was operating in the mid-Atlantic with the Quincy built Aircraft Carrier, the USS Wasp (CV 7). The outbreak of the war saw the Quincy patrolling the Denmark Strait before getting underway for the South Pacific and Guadalcanal.

While on patrol in the channel between Guadalcanal and Savo Island, in the early hours of 9 August 1942, Quincy was attacked by a large Japanese naval force in what became known as the Battle of Savo Island. Quincy, along with sister ships Astoria and Vincennes would be sunk after a ferocious fight. Quincy received many direct hits which left 370 men dead, including her Captain, Samuel N. Moore, and 167 men wounded. She sank bow first, becoming the first ship sunk in what would be forever known as Iron Bottom Sound.

The Battle of Savo Island was brief and brutal. Our navy was unprepared and inexperienced in night fighting, the Japanese were not.



QUINCY-BUILT cruiser USS Quincy, the second cruiser to carry the name for the city where she was built, was sunk Aug. 9, 1942 at the Battle of Savo Island. Quincy sustained many direct hits from the Japanese Navy which left 370 men dead and 167 wounded. She sank, bow first, at 02:38 a.m., being the first ship sunk in the area which was later known as Iron Bottom Sound.

Courtesy Photo

Prewar US Navy doctrine was to avoid night fighting, Japanese doctrine was just the opposite. The Japanese thrived on night maneuvers and had honed their skill at it to an art form. Shortly after 2 a.m. on August 9, 1942 the Quincy was illuminated by the searchlights of the Japanese fighting force and soon found herself in a crossfire between the Japanese Cruisers, Aoba, Furutaka and Tenryu. Captain Moore gave the order to

charge the enemy and inflicted severe damage to the Japanese Chokai, the Flagship of the Japanese Commander, Admiral Mikawa, before being struck by torpedo hits from the Tenryu. Admiral Mikawa would later praise the skill, courage and ferocity of the fight the Quincy put up, remarking that had she had a little more time or had sensed the imminent attack she might well of not only escaped the carnage, but perhaps sunk

one or more of his ships.

In 1987, Robert Ballard discovered the wreck of the Quincy in 2000 feet of water. She sits upright, her bow is missing and her guns are aimed to starboard as if to engage the enemy. It has been said that the wreck, far from being a somber sight, seems to seethe a malevolent anger, a fierce desire to get at the enemy. She seems to be in the midst of battle. Not a bad legacy for a fighting ship.

(John C. Swanson a Quincy native and resident, is an Adjunct Professor of history at Eastern Nazarene College and Massasoit Community College. He is a former Navy Chaplain and was pastor of Quincy's Union Congregational Church. He is the chaplain of the Quincy Veteran Council and is senior pastor of First Church of Christ Lynn. Swanson is also a Substance Abuse Counselor at Bay State Community Services.)

Remembering Dan Galvin: USS Quincy Survivor

(Editor's note: This story first appeared in The Quincy Sun's Feb. 11, 2016 issue.

By ROBERT BOSWORTH

We were saddened to hear the passing of Daniel H. Galvin. The proud Navy veteran was a resident of Hanover but he had a strong connection to Quincy.

Mr. Galvin, who died Jan. 28 at the age of 94, survived the sinking of the heavy cruiser USS Quincy 74 years ago this summer. The ship – commissioned at the Fore River Shipyard in 1936 and named for the city where she was built – was sunk in the Battle of Savo Island on Aug. 9, 1942 by two torpedoes fired by a Japanese cruiser. The vessel sank just 22 minutes after it was struck.

Galvin – who joined the Navy when he was 19 – never forgot his shipmates. Every year on the sinking's anniversary, he'd read the list of Quincy's war dead – 370 sailors – and post colors in his yard. It was a private moment for Galvin. It was a private moment that he never shared with anyone – even members of his own family.

But that changed in August of 2012. Galvin was



DANIEL H. GALVIN

invited by DPW Commissioner Dan Raymondi to read that list at a public ceremony at the Department of Public Works in Quincy on the 70th anniversary of the Quincy's loss. There is a memorial to the Quincy and its lost sailors at the DPW yard located at 55 Sea Street.

With more than 150 guests seated under shade on that warm Aug. 9th day, Daniel H. Galvin read that list. He was dressed in the same uniform he would have been wearing as a sailor on the Quincy – a chambray shirt, denim pants and a sailor hat. After reading about 30 names, he paused to remember his shipmates as a ship's bell tolled twice during each pause.

Another special moment was Mr. Galvin saluting as he clutched his American flag after it was returned to him by personnel of the

Navy Operational Support Center in Quincy. The flag had been raised on the USS Constitution and then at half-staff at the DPW flag pole during the poignant and patriotic ceremony.

"Thank you all very much for this commemoration ceremony," Galvin said holding a microphone after all the names were read. "The whole ceremony has been more than I ever expected."

Daniel H. Galvin was more than an example of the "Greatest Generation" – men and women who answered the call of duty to defend this country's freedom after Pearl Harbor. He also embodied the shipbuilding legacy of the once mighty Fore River shipyard that constructed hundreds of ships that helped win World War II.

The USS Quincy was no exception.

The CA-39 was launched at the Fore River Shipyard on June 19, 1935. It was on peacetime convoy duty between Capetown, South Africa, and the Caribbean island of Trinidad, when the Japanese attacked Pearl Harbor and nearly destroyed America's Pacific Fleet.

Quincy was dispatched

to the South Pacific in June of 1942. The next month, she joined forces preparing for the invasion of the southern Solomon Islands. Two days before she was sunk on Aug. 7, 1942, Quincy bombarded Japanese installations on Guadalcanal to offer protection to the Marines who landed there in the first American offensive of World War II.

Just two days later, in the early morning darkness of Aug. 9, 1942, Quincy was on patrol in the South Pacific in the channel of Guadalcanal when she was attacked by Japanese cruisers.

Daniel Galvin, a gunnery officer's talker on the USS Quincy at the time, had this recollection of that terrible episode in American naval history.

"When the night fighting Navy of Japan attacked our ship and sent two torpedoes in our hull, one forward and one aft, fire enveloped the ship from bow to stern. At my Battle Station, a shower of sparks waist high came streaming through the bulkhead. When I witnessed this, I was overwhelmed with confusion."

He thought he would perish.

"I was brought back to

reality when the Gunnery Officer ordered 'Abandon Ship.' The crew at this area found the ladders in the darkness and we all fell in line and followed each other to the lower deck where we went over the side as the ship rolled from a 45-degree list to a full 90-degree roll over and down by the bow. "From my view neck deep in the ocean, I saw the ship's flag give me a wave as it dipped under the water and the propellers were still rotating."

Twenty-two minutes after she was struck, the 9,375-ton, Quincy rolled over and sank bow first at 2:38 a.m. She was the first sunk in the area that later became known as Ironbottom Sound. The final message from the stricken ship was one of defiance: "We're going down between them – give 'em hell."

Before sinking, Quincy managed to fire a few gun salvos, one of which killed or wounded 36 men on a Japanese cruiser.

Besides Quincy, three other ships were sunk at Savo Island including another Quincy-built cruiser, the Vincennes that lost 332 crewmen. In all, the Battle of Savo Island killed 1,270

men and injured 708. The battle lasted about 32 minutes.

Galvin was one of 167 men who survived the Quincy's sinking. Without fate intervening – some might call it luck – Galvin may not have been so fortunate.

Some time before the attack, Galvin had been assigned to fire control in the lower levels of the ship. There area was called PLOT and the compartment was enclosed on six sides with about three inches of armor plate air tight and the internal air was circulated through a carbon filter. But one day, Galvin asked one of the ship's lieutenants if he could be reassigned somewhere topside. He was surprised to learn that he has been transferred to Control Forward as the Gunnery Officer's Talker.

"This assignment was to wear a telephone headset and transfer orders from the Captain to the Gunnery Officer. Control Forward was located above the Bridge, lightly armored to protect the rotating optical system," he recalled.

As it turned out, neither the men in PLOT nor on the bridge – including the Cap-

Cont'd On Page 8

Massachusetts Legislature Passes HERO Act

New Law Increases Benefits, Modernizes Services, Promotes Inclusivity For MA Veterans

The Massachusetts Legislature Aug. 9 passed An Act Honoring, Empowering and Recognizing Our Service Members and Veterans (HERO Act), legislation designed to boost support for hundreds of thousands of individuals across the state who have served in the United States military, including nearly 30,000 women veterans and thousands of LGBTQ+ veterans. The Governor reviewed the compromise legislation and has signed it into law.

This new law increases and simplifies benefits and opportunities, modernizes services, and promotes inclusivity for Massachusetts veterans while reaffirming the Commonwealth's commitment to recognizing and serving all service members and their families. It increases benefits for disabled veterans and Gold Star family

members, bolsters new and existing initiatives for municipalities and businesses to support veterans, creates comprehensive services for active-duty service members and military families, expands the scope of the Veterans Equality Review Board, updates the Chapter 115 definition of a veteran to expand eligibility, and codifies medical, behavioral health, and dental benefits.

Further, it establishes new recognitions for military service in the Commonwealth and requires several working groups to review post-traumatic stress disorder in veterans, mental health treatments for veterans, and overall quality of life for veterans in Massachusetts.

"Ensuring that state government is doing everything that it can to support the Commonwealth's veterans

is one of the most important responsibilities that we have as elected officials. Veterans represent the very best of us, having risked their lives in service of this country, which is why we owe them nothing less than our unwavering support," said House Speaker Ronald J. Mariano (D-Quincy). "This legislation not only provides increased support for veterans in Massachusetts, through tax credits and enhanced benefits, it also takes steps to ensure that the Commonwealth goes to even greater lengths to honor our veterans and Gold Star families. I want to thank Governor Healey for filing the HERO Act, Majority Leader Moran and all my colleagues in the House, as well as our partners in the Senate, for recognizing the importance of supporting our veterans however we can."

"We have a responsibility to support and empower every person who has served and sacrificed for our nation once they return home—as well as their families," said Senate President Karen E. Spilka (D-Ashland). "We are a Commonwealth that has the deepest respect and gratitude to our veterans, and the HERO Act doubles down on that commitment to our service members by delivering the support that they and their families deserve. I'm deeply grateful to Senator John Velis for his work and sustained leadership on this issue, all of the conferees, and to Speaker Mariano and our partners in the House for their efforts to get this important legislation over the finish line."

"Veterans and their families have made immeasurable sacrifices for our

country, and as lawmakers we have a duty to provide them with our steadfast support," said Senator John F. Keenan (D-Quincy). "Massachusetts leads the nation in terms of benefits for veterans, and this legislation is an important step forward in enhancing these services."

"The HERO Act updates existing benefits and provides new services for our veterans and their families," said Rep. Tackey Chan (D-Quincy). "The measures included in the bill, such as providing businesses with tax credits as an incentive for hiring veterans, eliminating the charge for veteran and Gold Star family license plates, and additional investments in veterans' services, demonstrate the Legislature's continued dedication to those who

have served. I am thrilled that the bill includes a long overdue increase in the annuity for Gold Star families, which Senator Keenan and I have been working to secure for many years."

"Every one of our veterans in Massachusetts deserve the best treatment and benefits for their services and sacrifice abroad and at home," said Rep. Bruce J. Ayers (D-Quincy). "I am proud to have voted to pass the HERO Act, which expands support for hundreds of thousands of veterans, brings in over 30,000 women and LGBTQ+ veterans into the system, and increases benefits and services across the board for disabled veterans, Gold Star families, active-duty service members, military families, and much more."

MA Legislature Passes Largest Housing Investment In State History

The Massachusetts Legislature passed, and the Governor quickly signed, the Affordable Homes Act, the largest housing investment in Massachusetts history and a powerful first step in tackling the state's housing affordability crisis.

The new law authorizes \$5.16 billion in bond authorizations and tax credits to spur housing production in Massachusetts, while implementing sweeping policy initiatives to facilitate the development of affordable housing and preserve public housing in Massachusetts.

"I'm incredibly proud of the investments included in this bill, which together make the largest investment in affordable and middle-income housing in the history of the Commonwealth. Given that Massachusetts is one of the most expensive states in the entire country to buy a home or rent an apartment, the funding and tax credits provided by this bill will be crucial as we work to ensure that every Massachusetts resident can afford to live here, work here, and raise a family here," said House Speaker Ronald J. Mariano (D-Quincy). "I want to thank Governor Healey for filing the Affordable Homes Act, as well as Chairman Michlewitz and Chairman Arciero for guiding this bill

through the legislative process. I am grateful to all my colleagues in the House, and to our partners in the Senate, for carefully considering every aspect of this legislation, and for recognizing the need for significant action on housing."

"An affordable, equitable, and competitive Commonwealth is one in which a renter can find an apartment within their budget, a family can afford a down payment on their first home, and residents aren't priced out of communities where they want to live," said Senate President Karen E. Spilka (D-Ashland). "Today the Legislature took concrete action to make that vision a reality, a first step in rectifying decades of underinvestment that has led to our housing crisis. I am profoundly grateful for Senator Brownsberger's leadership of the conference committee and Senator Edwards' leadership on the Senate bill and the compromise legislation, as well as to each member of the Senate, and our partners in the House for recognizing the urgency of this issue and taking meaningful action."

"The cost of housing is one of the biggest issues facing our Commonwealth, and this legislation is a major step in terms of increasing the quantity, quality, af-

fordability, and accessibility of housing all across Massachusetts," said Senator John F. Keenan (D-Quincy). "As elected officials it is essential that we take steps to ensure that everyone, from recent college graduates to retirees, can afford a home and build a life here."

"With the new Affordable Homes Act, the Legislature has taken concrete steps toward increasing the volume and affordability of housing in the Commonwealth," said Rep. Tackey Chan (D-Quincy). "This bill will encourage the development and construction of new affordable housing and will provide investments in capital improvements for our state's public housing facilities. In addition, this new law focuses on helping our most vulnerable residents find and maintain a safe place to live. I am proud of this important step forward, while recognizing that this is just one part of our ongoing efforts to mitigate the state's housing crisis and improve quality of life for residents in the long run."

"For homeowners, prospective buyers, and renters in Massachusetts, finding affordable and sustainable housing can be a challenge," said Rep. Bruce J. Ayers (D-Quincy). "The Affordable

Homes Act is designed to tackle persistent housing issues in the Commonwealth through a historic \$5.16 billion investment in public housing, new developments and tax credits, homeowner and tenant protections, climate resilience and much more. I am particularly pleased at the inclusion of \$1 million for the Quincy Housing Authority for the planning, design, and construction of public housing."

To help municipalities convert commercial properties into multi-unit residential or mixed-use properties, the new law makes project sponsors eligible for a tax credit of up to 10 percent of the development costs upon completion of a project.

The law includes a new tax credit to incentivize production of homeownership units targeting households with incomes of up to 120 per cent of the area median income (AMI). It also makes permanent the Community Investment Tax Credit (CITC) while expanding the statewide cap on donations from \$12 million to \$15 million. Further, it extends the sunset of the Historic Rehabilitation Tax Credit through December 31, 2030, while increasing the total available amount from \$55 million to \$110 million.

Among the many policy initiatives included in the law to create more housing is a provision to permit one accessory dwelling unit (ADU) equal to or less than 900 square feet to be built by-right on a property in single-family zoning districts in all Massachusetts communities. The law further provides consumer protections to help prevent homeowners from being pressured into waiving a home inspection, protects tenants who have a years-old eviction record from having that record held against them when securing new housing, gives seasonal communities new tools to tackle their unique housing challenges, and protects renters from having their unit redeveloped into a condominium.

Bond authorizations in-

clude:

Public housing

- \$2 billion to support the repair, rehabilitation, and modernization of over 43,000 public housing units across Massachusetts, with 25 per cent of the funds dedicated to preserve housing for those with incomes below 30 percent AMI.

- \$150 million to decarbonize the public housing stock and \$15 million for accessibility upgrades.

- \$200 million to support Local Housing Authorities (LHAs) who partner with developers to add mixed-income developments on LHA land, leveraging funds to maintain and preserve public housing while increasing the overall housing supply.

Cont'd On Page 24

Henry & The Cogswell

Cont'd From Page 4

path — rocks such as the two battles of the Philippine Sea, Iwo Jima, Okinawa and the Japanese homeland itself. It was a long road and a tough road but now we have reached the end of it.

"It is hard to believe, after these long years of fighting and killing. Today democratic loving people the world over rejoice and they have good cause to. There will be no more blood shed on the far flung battlefields, and seas.

"Today, as we note the ship's birthday, we should pause briefly and utter a prayer to Almighty God for delivering us safely through this bloody war. Thousands of American boys will not return. Thousands of homes will be forever lonely. Thousands of mothers and fathers will never again see their sons, those boys who sacrificed their lives that America and democracy might live.

"Let us be thankful that God took us by the hand and led us safely through the valley of death. We were lucky, thousands were not."

Henry Bosworth was just one of the many service men and women who have bravely and unselfishly answered the call to duty to defend democracy. They are heroes — one and all.

May Quincy's new Navy Park serve as a sincere thank you and testament to all who served, all who did not return, and all who continue to live in our hearts forever.

Remembering Dan Galvin: USS Quincy Survivor

Cont'd From Page 7

tain — survived the attack.

After the Quincy sank, the ocean was on fire from all the fuel she had leaked. Galvin, wearing a life jacket, bobbed in the South Pacific for hours. He heard one

of his buddies call his name in the darkness but they never found each other.

Sometime after daybreak, Galvin and other survivors were rescued by the destroyed USS Ellett. He was reassigned to the destroyer tender USS Cascade

and served in the Navy until 1952.

While in the service, Galvin learned electronics. After his Navy years, he went to work for MIT's Center for Space Research. He had designs on several satellites, including Sunblazer, Trail-

blazer, Voyager 1 and Voyager 2. His years of service to this country far exceeded his days as a sailor.

Mr. Galvin was laid to rest with full military honors at Massachusetts National Cemetery in Bourne.

Ask Rusty – Will My Wife Get A Spousal Benefit From Me?

Social Security Matters

By **RUSSELL GLOOR**

**National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens**

Dear Rusty: I will be turning 70 (yikes) this coming November. I will begin taking my Social Security benefit at that time. My age 70 SS benefit will be approximately \$4,500 per month. My spouse (who is currently 74) began receiving her SS benefits about 10 years ago - before her FRA. She receives approximately \$1,900 per month.

My question is, based on my expected SS monthly benefit of approximately \$4,500, would my spouse be eligible for an increase in her monthly SS benefit? I've read some articles about this topic, but none of them seem to be on point - so I thought I'd reach out to you.

Signed: Seeking Answers

Dear Seeking: Congratulations on choosing a claiming strategy which will maximize your Social Security. Waiting until age 70 to claim guarantees you will get the most you can personally receive for the rest of your life, along with annual Cost of Living Adjustments (COLA). But the spouse benefits available to your wife when you claim are not based on your age 70 amount. Rather, spouse benefits are calculated using

full retirement age (FRA) amounts. Here's what that means:

If your age 70 benefit will be about \$4,500 then your FRA amount was likely around \$3,450. If your wife claimed at, say, 64, then her FRA entitlement would probably have been around \$2,200. Your wife will only get a spousal boost if 50 percent of your FRA amount (not your age 70 amount) is more than her own FRA entitlement. From what you've shared, 50 percent of your FRA amount would be about \$1,750, which is less than your wife's FRA entitlement (and her current age 64 amount), which means that she would not be eligible for a spousal boost to her own amount from you.

Spouse benefits can be tricky, because they're based on FRA entitlements, regardless of the age at which benefits are actually claimed. That is not so, however, for surviving spouse benefits. If you were to predecease your wife, her

benefit would be your entire \$4,500 amount, instead of her own smaller current amount. Surviving spouse benefits are based on the amount each of you are currently receiving, not on your amounts at your full retirement age.

I hope this answers your question, but we're always here if you need any further assistance.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Free Concert Saturday Features Music From 80s & 90s

The public is invited to the City of Quincy's August concert celebrating the Music of the 80s & 90s. The event will be held on the Hancock-Adams Common, 1305 Hancock St. on Saturday, Aug. 17th from 3 to 8 p.m.

The event is free to the public.

The line-up of perfor-

mances includes 80s cover band, Cover Story Entertainment, at 3 p.m. and Beacon Street Band, playing well-known 90s music, at 5:30 p.m. followed by a one-woman tribute show to superstar Whitney Houston at 7 p.m. with national recording artist and NBC's The Voice Season 3 Finalist Michelle Brooks-Thompson.

Classic cars and models dressed up in fashion from the 80s and 90s, as well as stilt walkers and jugglers, will be on the Common, along with lawn games. Seating will be available or bring your lawn chairs. Food trucks including KC's Curbside, Donut NV, Gonzales and Ellie's Treats, are scheduled to be on-site with food and drink for purchase.

WHAT'S COOKING

with

Marie & Suzie

By **MARIE D'OLIMPIO** and **SUZIE FALCO**



Stuffed Peppers With Pizza Filling And Topping

By **MARIE**

There are so many ways to make stuffed peppers and this is one recipe that I had never heard before, but it's for pizza-stuffed peppers.

They are truly nutritious and a comfort food. Your friends and family will love this recipe as a main dish, snack or a side.

Directions and Ingredients:

1 medium yellow pepper, cut in half
1 medium green pepper, cut in half
1 medium red pepper, cut in half
Cut all peppers in half and that will give you 6 pepper halves to make 6 pizzas.

1 cup of pepperoni slices (optional)
1 cup of mozzarella cheese
1 cup marinara sauce
½ teaspoon dried oregano
½ teaspoon dried basil

In a bowl, add the marinara sauce, oregano and basil and blend well.

Cut each pepper in half and clean out the insides and seeds.

Place the pepper halves on a cookie sheet with parchment paper.

To each pepper, add one tablespoon of the marinara sauce and 1 tablespoon of cheese to each pepper.

Add the slices of pepperoni if using. (You can also use mushrooms or any favorite pizza topping.)

Top each layer with mozzarella cheese.

Layer these ingredients and top with mozzarella or any favorite cheese.

All of the ingredients should reach the top of the pepper.

Bake in a 350-degree oven for 20 minutes and then check them to see if the peppers are semi-soft and the sauce and cheese are bubbly. If they need more time, bake a little longer until done.

Healthy Chocolate Chip Cookies

By **SUZIE**

This recipe for healthy chocolate chip cookies uses almond butter and almond flour instead of nutrient deficient and insulin raising regular flours.

Make sure you use blanched almond flour which is much lighter and fluffier than almond meal. Your cookies will be too oily and will not come out properly, so this is an important note.

These make a great snack when you want something sweet and decadent. I love to make a double batch and freeze them once they are cooked in freezer bags so I always can have a cookie when I want.

Homemade is always best! Enjoy!

Best Healthy Chocolate Chip Cookies

By **LIZ MOODY**

1 large egg
1 teaspoon vanilla extract
1/2 cup unsalted creamy almond butter (well stirred)
1/4 cup almond flour

1/4 teaspoon fine-grain sea salt

1/2 cup coconut sugar

1/2 teaspoon baking soda

1/4 cup chopped walnuts

1/4 cup rolled oats

1/4 cup dark chocolate chips or chopped dark chocolate

Directions

1. Preheat the oven to 375°F. Line a baking sheet with parchment paper.

2. In a large bowl, beat together with a large spoon the egg, vanilla, and almond butter until combined. Stir in the almond flour, salt, coconut sugar, and baking soda until smooth. Stir in the walnuts, oats, and chocolate chips, working the dough a bit to get everything distributed evenly (the dough will be thick - that's okay).

3. Scoop the dough into rounded teaspoonfuls and drop them onto the prepared baking sheet.

4. Bake for 10 to 15 minutes, until the edges turn golden brown.

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Real Estate

Quincy Real Estate Transactions August 5 - August 9

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Oswaldo Hamilton & Desirae Robinson
Catherine & Joseph Duffy
Endyke Parker Trust
Marina Tam & Tommy Leung
May Diaz
Michael Tupe
Jessica Badiner
Thomas & Kimberly Meyer
Wei & Yau Ngo
Cynthia & Lawrence Donovan
Lorraine, Wing & Kwok Tse
Nancy Carmody
Donna MacFadgen
Joseph & Jennifer Kidston
Debra Mooney & Ann Reardon
Mark Collins & Carley Carlage
Soujanya Mallapragada & Ramakrishna Chivukula

BUYER

216 Lincoln Street LLC
Yong Wu
Michael Derosé & Nicole Elizabeth Manseau
Cui Tan & Veng Yong
West Quincy Development LLC
West Quincy Development LLC
Regina Chio
Shawn Thomas
Jing Mei & Jieyu
Shuping Lin & Zhi Zhuang
Maricella & Jacob Wyant
Lins Intergrity Remodeling LLC
Lauren McCaskill & Michael Duckett
Margaret Curtis
Abeba Gile
Nguyen Pham
Anna Huang

AMOUNT

\$620,000
\$1,168,000
\$852,000
\$589,900
\$900,000
\$900,000
\$494,000
\$545,000
\$718,000
\$380,000
\$1,720,000
\$550,000
\$695,000
\$405,000
\$405,000
\$960,000
\$445,000

ADDRESS

2 Ricciuti Drive
119 Winthrop Avenue
34 Webster Street
164 Quincy Shore Drive
220 West Street
216 West Street
999 Hancock Street
30 Curtis Avenue
28 John Street
200 Cove Way
18 Madison Avenue
916 Sea Street
26 Samoset Avenue
10-12 Curtis Street
19 Lovers Lane
49 Sonoma Road
211 West Street

First Half 2024: Steady Real Estate Market In Norfolk County

Norfolk County Register of Deeds William P. O'Donnell reports that Norfolk County recordings for the first half of 2024 (January-June) show consistent trends in overall real estate activity compared to the first half of 2023, with a slight drop in property sales but an increase in the total number of deeds recorded.

The Norfolk County Registry of Deeds recorded 48,603 documents in the first half of 2024. This was three percent less than the first half of 2023.

"Lending activity, real

estate sales, and transfers make up a majority of the documents recorded at the Registry of Deeds, and during the first half of 2024, these numbers hovered right around the same levels as the previous year," O'Donnell said. "Lending activity in the first half of 2024 continues to show improvement compared to last year, down only four percent."

The number of deeds for the first half of 2024, which reflects both commercial and residential real estate sales and transfers, was 7,490, an increase of one

percent from the first half of 2023.

"Real estate sales and transfers from January through June have remained steady when compared to the first half of 2023, but despite an increase in total deeds recorded in the first half of 2024, the number of available properties on the market is still not able to keep up with demand, leading to a rise in average property sales prices," O'Donnell said.

The first half's sale prices have increased compared to the first half of 2023. The

average sale price in the first half was \$1,128,303, an 18 percent increase from the first half of 2023. The total dollar volume of commercial and residential sales is up \$4,294,322,600, increasing 15 percent from the same period a year ago.

"The ongoing increase in sale prices indicates Norfolk County's competitive real estate market, which is driven by a desire to live and work in area communities," O'Donnell said. "With the county's and Massachusetts's inventory of available properties unable to

match demand, any rise in demand will result in higher real estate prices."

Overall lending activity was down for the first half. A total of 6,985 mortgages were recorded this quarter, four percent less than the first half of 2023.

"While lending activity has shown some signs of picking up homeowners who took advantage of lower interest rates in 2020 and 2021 are still less likely to refinance and are more hesitant to buy at current mortgage interest rates. Higher interest rates also make it

harder for first-time home buyers to secure affordable repayment options," noted O'Donnell.

The Norfolk County Registry of Deeds has been closely monitoring the foreclosure market. In the first half of 2024, 47 foreclosure deeds were recorded as a result of mortgage foreclosures taking place in Norfolk County, whereas in the first half of 2023, 42 were recorded. Additionally, in the first half of 2024, there were 202 notices to foreclose, the first step in the

Cont'd On Page 35

Home Therapy: Design Meets Self-Care And Connection

Ask Barbara Graceffa: Secretary Of The Interior

I'm having trouble at work and one of my friends who knows I love interior decorating told me I should try home therapy. Can you please explain this to me? Gina

Home therapy is a school of design to increase hap-

piness, boost confidence, and create calm. When I saw your question, I headed to my bookcase to pull out the 2022 book by Anita Yokota called, you guessed it - Home Therapy. Yokota is a licensed marriage and family therapist turned interior designer who emphasizes the importance of incorporating wellness throughout the home.

To improve your quality of life, her prescription focuses on four domains to be addressed in each room: the individual, organizational, communal, and renewal domains. The individual domain helps you understand your true identity in order to achieve your goals. Next, you will establish clear order of your belongings in the organizational domain. The

third sector, the communal domain, helps you design to connect with others in your home, while you practice self-care in the renewal domain. Together, they will support your authentic self and prioritize your mental wellness.

In the book's introduction, Yokota urges you to do some soul-searching about your home, your emotional well-being, your family history, your aesthetic preferences, and the state of your current relationships - and how they interact. Then you

play therapist to pinpoint the main issues in your home and what you need to do to feel confident and happy there. These connections will help you find the spaces which bring you joy and those which elicit limiting or negative feelings. Then you'll decide which ones you want to change and begin to update those rooms.

As you address the individual domain, it's important to create a place for yourself - a place to meditate, to think, to unwind, or otherwise be joyful. It's a

place to soothe yourself, to phone a friend, to listen to music, or to write in your journal. Maybe it's a comfortable chair and end table holding a scented candle and a spot for your cup of tea. Or maybe it's your craft room, a tumbling mat or dance floor, gardening shed, or baking corner or coffee station.

Once you find your happy place(s), you can plan for beauty and function. Add the right colors, lighting, and soothing elements to allow your dreams to grow and to flip the switch on negative feelings and thoughts.

I'll write about the remaining domains in future columns. In the meantime, stay calm and stay tuned.

Barbara Graceffa owns and operates Secretary of the Interior in Quincy, MA offering creative solutions at reasonable rates. Learn more about her decorating, downsizing, decluttering, home staging, home décor sewing services, and lectures at www.sec-interior.com. You can reach her at 617-921-6033.



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Children's Activities Aug. 15-21 At Crane Public Library

By **JULIE RINES**
Children's Coordinator
Thomas Crane Public Library

The following events and activities for children are scheduled Aug. 15-21 at the Thomas Crane Public Library.

Dolphin Day @Wollaston

On Thursday, Aug. 15th at 10 a.m. children ages 5 and older are invited to join Jennifer Kelly from Whale and Dolphin Conservation (WDC) at the Wollaston Library to learn all about dolphins.

Did you know you that dolphins are toothed whales? Join WDC to hear more interesting facts about dolphins. Through hands-on activities with our bottlenose dolphin model, you will learn about the dolphin's internal and external anatomy - focusing on adaptations for survival.

This program is presented as an interactive lecture and is really not suitable for children under age 5.

Children of all ages are invited to come in any time during the day to learn some fun dolphin and whale facts, make a dolphin puzzle, do a whale-themed craft, color, play some games, and more!

Sponsored by the Quincy Cultural Council.

LEGO Building @ Wollaston

Stop by the Wollaston Branch on Thursday afternoons through Aug. 29 between 2 and 4 p.m. for free-play LEGO building. Grab some LEGO bricks and build a boat, a spaceship, a double-decker couch - anything you want, then toss them back and try to make something else. LEGOs must be returned by the end of the program, sorry!

Parents please note regular LEGO are intended for children ages 5 and older. DUPLO and other building toys will be available for younger children.

Snap Circuits

Children ages 8-12 are invited to join us on Friday, Aug. 16th from 10 to 11 a.m. to explore electric circuits with Snap Circuits! Use our circuitry kits to put together circuit boards that will make lights blink, sounds turn on, propellers spin, and more! We've got everything kids will need to work on these projects, including instructions. Once you've mastered the projects in the instruction books, try your hand at making your own.

Preschool Discovery @ North Quincy

Drop by the North Quincy Library with your preschool-

er, ages 3-5, any time between 10 and 11 a.m. on Saturday, Aug. 17th to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come in and do some of our favorite science activities from the past year of Preschool Discovery! Did you have fun with magnets? Did you miss out on making constellations? Did you want to try building a new marble run? Try out all these and more!

Drop in Crafts @ Adams Shore

Children ages 3-8 are invited to stop by the Adams Shore Library on Monday afternoons to do some crafting. Each week we'll have a new craft. For the week of Aug. 19th we will be making woven placemats using recycled paper.

Can't join us on Mondays? Stop by Adams Shore during our open hours to pick up a craft to take and make at home, while supplies last.

Creativity Café

Kids ages 8-12 are invited to join us on Monday afternoons at the Main Library from 2 to 4 p.m. for our weekly Creativity Café! Each week we will have a variety of craft supplies available and a craft prompt to spark your creativity. For the week of Aug. 19th we will be making duct tape crafts.

Whale Day All Ages

Children of all ages are invited to join us on Tuesday, Aug. 20th from 2 to 4 p.m. for a whale of a good time!

We will have a special whale storytime, crafts, puzzles and more in the large meeting room. Out in the atrium you will meet Nile, a life size inflatable Right Whale.

Children ages 6 and older will be able to go inside Nile for a half hour presentation by the Whalemobile on whale anatomy, similarities and differences between whales and humans and the crucial role whales play in our planet's ecosystem. Space inside the whale is limited so each group will be capped at 20 individuals per session. There will be plenty of other activities for you to participate in while you wait for your turn.

Due to the limited space, crowded conditions and lecture style of the information being presented the 6 and older age limit will be strictly enforced.

Sponsored by the Friends of the Thomas Crane Library.

D & D

New and experienced players ages 10-15 are invited to join us on Tuesday, Aug. 20 from 7 to 8:30 p.m. for this introduction to D&D 5th edition game play. Take on the role of a fantasy hero in this Dungeons & Dragons game. We will meet for an hour and a half for to play this story. Please note: There is no wait list for this program. Character sheets and dice are provided during the program.

Registration is required for this program and is limited to Quincy residents only.

Puppet Tales with Leigh @ Main Library

Children age 3 and older accompanied by an adult are invited to join us at the Main Library on Wednesday, Aug. 21 at 11 a.m. for our final show of the summer with Through Me to You Puppetry. Join Leigh Baltzer along with Newton and his puppet friends for some storytime fun!

Newton and his friends take turns reading stories and singing songs with the kids. At the end of the show, the kids are invited to say "hi" to Newton. Our weekly half-hour show is geared to ages 3-7, but all are welcome!

Sponsored by the Quincy Cultural Council and the Friends of the Thomas Crane Public Library.

Preschool Discovery @ Adams Shore

Drop by the Adams Shore Library with your preschooler, ages 3-5, any time between 3 and 4 p.m. on Wednesday, Aug. 21st to do some fun simple science together. Activities, experiments and instructions will be provided for science you can do with your child.

Come in and do some of our favorite science activities from the past year of Preschool Discovery! Did you have fun with magnets? Did you miss out on making constellations? Did you want to try building a new marble run? Try out all these and more!

EXPLORE: Plants, Gardening @ Wollaston Ages 8-12

Children ages 8-12 are invited to join us on Wednesday, Aug. 21 between 7 and 8 p.m. to learn about plants and gardening and plant your own small container garden using recycled materials. While we will have containers to use, please feel free to bring your own cans, plastic jugs, and other water-resistant containers.

All programs sponsored and supported by the Friends of the Thomas Crane Public Library.

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Lone Sailor, Navy Park Salute Service, Sacrifice

Cont'd From Page 2

and we take great pride in claiming them as our own."

Koch noted the site of the park is profoundly significant. "Victory Plant, which constructed 20 destroyers during World War I, and the former Naval Air Station, where pilots were trained for WWII, stand testament to Quincy's vital contributions to our nation's defense. We are grateful to the men and women who worked in the shipyards, building the vessels that supported the United States and its allies in defeating evil."

Koch also said he hopes the park will serve as a "gentle reminder that the liberty and freedom we cherish are safeguarded by the dedicated service of so many who answered the call."

Lastly, the mayor acknowledged the late Bob and Ted Naser, two proud local veterans whose efforts were instrumental in bringing the Lone Sailor statue to Quincy. He also thanked businessman Peter O'Connell and Marina Bay Management for their assistance in making the park a reality.

Also recognized at the park is Daniel Lyons, a U.S. Navy veteran who served as a machinist Mate 2nd Class aboard the USS Quincy. After his naval service, he dedicated himself to public service as a detective sergeant with the Quincy Police Department for 36 years.

In his opening prayer, Navy Chaplain Fr. David Campo recalled the sinking of the USS Quincy and the sacrifices of those lost at sea.

"On this day we have the solemn dedication of the Lone Sailor as a reminder of the sacrifices of all Navy personnel from those aboard the USS Quincy 82 years ago today of what tremendous bravery God has given to those putting everything on the line. Let us also ask God to continue to raise up brave men and women to defend us since freedom is never truly free.

"We pray in gratitude of those sailors who laid down their lives for our beloved country. We are thankful especially for those 370 sailors aboard the USS Quincy who died 82 years ago today and for all sailors who have died on behalf of the people of our country. Help us to honor their sacrifices especially in this city of great patriotism and dedication with lives of renewed purpose, diligence and above all, willingness to defend those in need."

Lt. Gov. Kim Driscoll, in her remarks, said:

"As the daughter of a Navy sailor and as a mem-

ber of a military family it's really emotional for me to be here today. To honor those who have served and who continue to serve here in Quincy, to be able to be here today and see the great legacy of so many who served in the Navy and to know that the next generation will hopefully be inspired by this it just doesn't get any better way to start your day. (The admirals and honorees) have made significant contributions to our country and to this community."

Cong. Stephen Lynch said the Lone Sailor memorial "gives tribute to the many sons and daughters of Quincy throughout this city's history who donned the uniform of our country in defense of democracy and liberty across the globe."

He also recalled his days working as an ironworker for General Dynamics at the Fore River Shipyard and underscored the yard's overwhelming contributions to mighty ships that helped the U.S. defeat Imperial Japan in World War II.

"General Dynamics had a couple of salty old Navy veterans who ran their welding school," Lynch said. "And they drilled into every welder in that shipyard the importance of what we were building and reminding us of the serious consequences or deviation from the high standards that they set. And every single welder at this shipyard knew the history and the legacy of the Fore River Shipyard here in Quincy and its place in the history of the United States Navy. Many notable vessels — battleships, destroyers, cruisers, aircraft carriers and submarines — were produced here in Quincy before they sailed off into history."

"The USS Quincy whose bell now resides in this park famous for providing gunfire support at Normandy on D-Day and carrying President Franklin Delano Roosevelt to the Yalta Conference. The USS Nevada that sat in anchor at Pearl Harbor on Dec. 7, 1941, a day that does live in infamy. It was one of few ships that actually got underway during the Japanese attack and by the action of its crew it became the target of both aerial bombardment and torpedo attack. But in a poetic example of what goes around the Nevada was quickly repaired and redeployed and went on become part of the Allied landing flotilla on D-Day in June of 1944.

"The aircraft carrier USS Wasp was also built here in Quincy later to be sunk in the South Pacific while rendering heroic support to the Marine Corps landing at



SHARING A MOMENT before the dedication of the Lone Sailor statue and Quincy Navy Park at Squantum were three of the local veterans that are honored at the park. From left to right: Rear Admiral Stephen T. Keith (retired); 101-year-old Frank Bellotti who served in the U.S. Navy's elite Amphibious Scouts and Raiders during World War II; and 100-year-old WWII veteran Mildred Cox who enlisted in the Marine Corps Women's Reserve on her 20th birthday and served with the Aviation Women's Reserve Squadron 15.

Quincy Sun Photos/Robert Bosworth



VICE ADMIRAL Colin J. Kilrain, one of six admirals honored at the new Quincy Navy Park at Squantum, offers remarks at the park's dedication Aug. 9. At right is the Lone Sailor statue was also dedicated at the ceremony. Quincy is the 19th location throughout the world that has a Lone Sailor. The statue signifies the men and women who have served, are serving, or will serve in the Navy.

Guadalcanal."

Lynch also thanked Mayor Tom Koch, achieved that in a sense because all those sailors and Marines will be forever remembered here right here in Quincy. We remember them today and forever right here in the City of Quincy, Massachusetts, the City of Admirals, the City of Presidents and how beautiful, how noble and how truly American is that.

In his remarks, Secretary Jon Santiago, Massachusetts Veterans Affairs said: "Today is all about recognizing the service and sacrifice of our servicemembers and our veterans. For me it reminds me of what came before me, why I am doing my job and what this country is all about. And as I walk around and read the stories about the admirals

"But today, that changes. The veterans and families

and notables and their service it inspires me to do my job each and every day."

Mildred Cox offered some heart-felt — and humorous — remarks.

"When I was a young Marine I never dreamed that I'd be standing here more than 80 years later on hallowed ground and in the company of heroes. This distinction today has to be the highlight of my very long life. I accept it gladly for all women warriors — past and present. You were always capable — someone just had to recognize that," she said as the crowd applauded.

After the war she married her high school sweetheart, William Augustine Michael Cox, a Navy veteran. They moved to Quincy in 1956 and raised seven kids.

"When the neighborhood kids wanted to rag on my kids they'd say 'your mother wore combat boots.' And my kids would say 'You're darn tootin!' drawing applause and laughter from the crowd."

Cox was the first woman to serve as the head clerk for Quincy Veterans Services. She thanked Bob LaFleur, who was then the department's Graves Registration Officer, who invited her to be the master of ceremonies for the Memorial Day Parade in 1988 and 1990.

"The slogan was: 'women are veterans, too,' the crowd clapping affirmatively in appreciation."

"And now, 34 years later, the director of Quincy Veterans Services, is Christine

Cont'd On Page 13

Lone Sailor, Navy Park Salute Service, Sacrifice

Cont'd From Page 12

Cugini, a Navy veteran. "Her outreach is amazing."

"We were always the City of Presidents. Now we are the City of Presidents, Generals and Admirals thanks to the vision of Mayor Tom Koch."

"Now, when the young women in the military thank me for blazing the way I am humbled. I did not seek any glory. I saw a call to duty and I answered it. And now people say to me, would you do that again? My answer is yes, yes, yes, yes, in a heart-beat. Semper Fi and Anchors Aweigh."

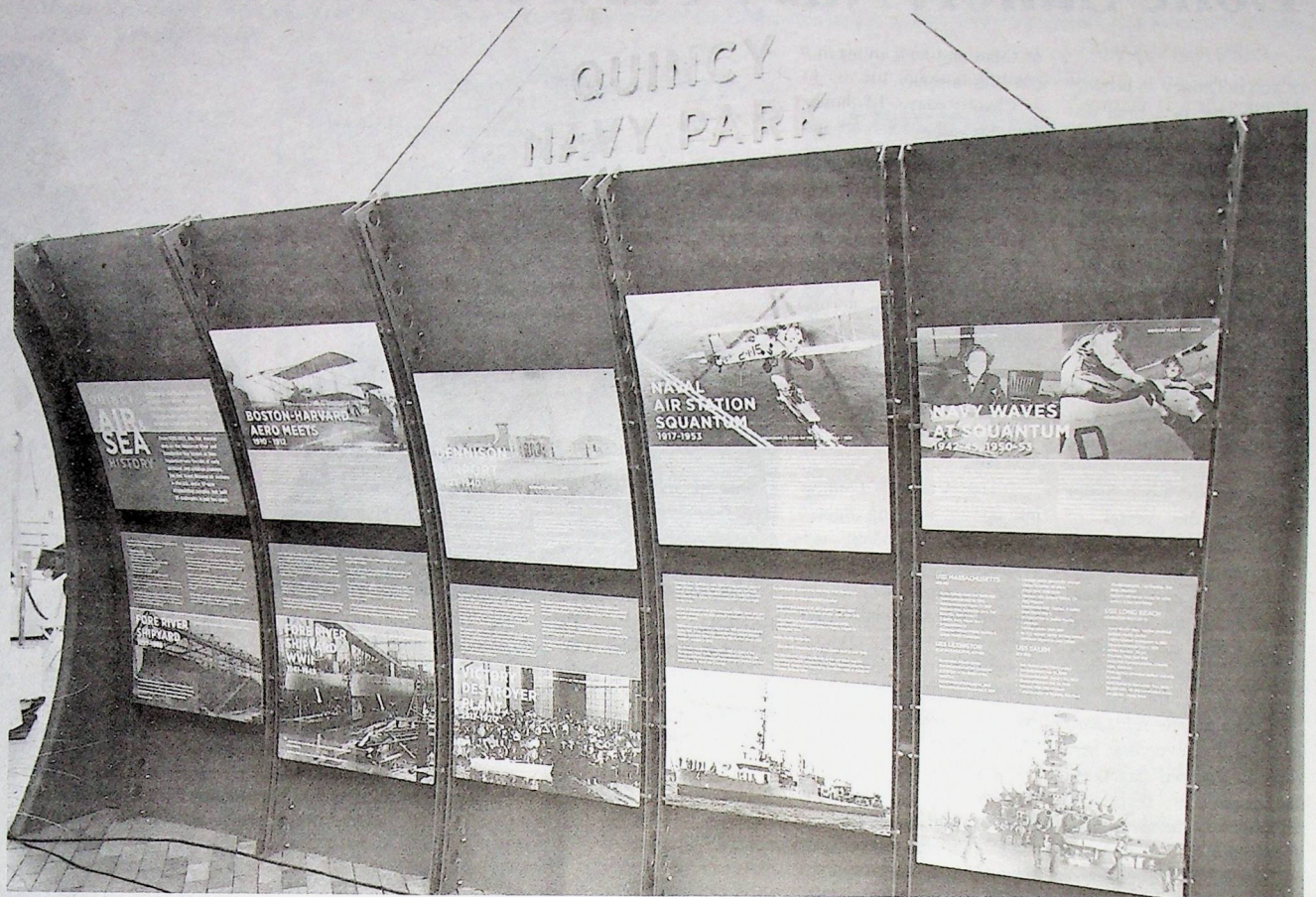
Vice Admiral Colin J. Kilrain also provided a moving moment during the dedication.

"I'm just realizing that Frank Bellotti was one of the first frogmen that we had in the United States and that's an important thing to know because they were the precursor to the Naval SEALs and he served in World War II and the casualty rates for Navy frogmen during that time were some of the highest in all of the war - of all the units involved they had some of the highest casualty rates. I know they were the precursors to the Navy SEALs and I think it's within my authority that I can take my pin off and make him an Honorary SEAL. I am honored that you will wear it," Vice Admiral Kilrain said after pinning Bellotti.

He then spoke about his own military service.

"My decision to join the military was somewhat unexpected. I didn't come from a military university and the university I attended wasn't known for sending many of its students to the military. But I wanted to serve so I chose the Navy in part because my dad and uncle served in the Navy during World War II but also growing up in this area I loved being on the water and I loved the sight of battleships and how the industry here played a critical role in the naval shipbuilding."

"Upon entering the Navy a recruiter suggested I consider the Navy SEALs. I was shown a recruiting film



ANOTHER SIGNATURE FEATURE of the Quincy Navy Park at Squantum is a wall of photos and informative descriptions illustrating the city's proud shipbuilding legacy and tributes to the former Naval Air Station at the site where pilots were trained for World War II. Quincy Sun Photos/Robert Bosworth

of these guys doing crazy things and I became immediately hooked. All I asked 'where do I sign?'

"When I joined the military I never thought of making it a career. The thought that I would serve 38 years in the Navy and become a vice admiral was unimaginable to me. I traveled the world over and I fought in a couple of wars. I am proud of my service and I am proud of the successes we had as a military. I am especially proud of all the brave warriors that were always willing to step forward to do their part, to sacrifice and to win, no matter what the cost."

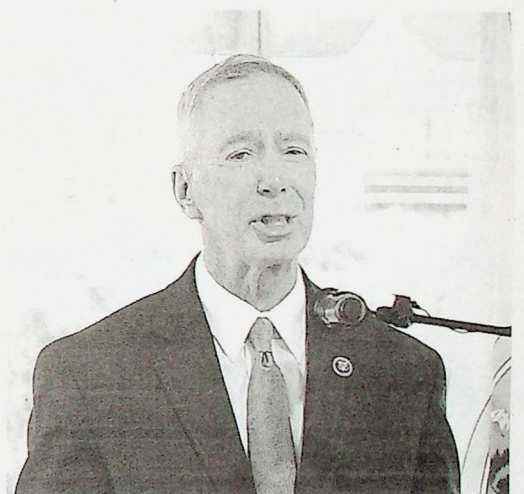
"I stayed simply because of the people. There is something about taking care of people that gets in your blood and becomes hard to get out. But I leave that now to the next generation. I want to thank you again for this special recognition."

"I ask that we continue to support our troops like many

Cont'd On Page 14



MAYOR THOMAS KOCH was among the city and state officials who spoke at the Aug. 9th dedication of the Quincy Navy Park at Squantum and Lone Sailor Statue. "As we come together, we reflect on Quincy's steadfast commitment to answering the call of duty for our nation. We honor those who have made the ultimate sacrifice to defend our freedoms and preserve our way of life," Koch said.



CONG. STEPHEN LYNCH, in his remarks, said the Lone Sailor memorial "gives tribute to the many sons and daughters of Quincy throughout this city's history who donned the uniform of our country in defense of democracy and liberty across the globe."



LT. GOV. KIM DRISCOLL, in her remarks, said: "As the daughter of a Navy sailor and as a member of a military family it's really emotional for me to be here today. To honor those who have served and who continue to serve here in Quincy, to be able to be here today and see the great legacy of so many who served in the Navy and to know that the next generation will hopefully be inspired by this it just doesn't get any better way to start your day. (The admirals and honorees) have made significant contributions to our country and to this community."



SECRETARY JON SANTIAGO, Massachusetts Veterans Affairs, said: "Today is all about recognizing the service and sacrifice of our servicemembers and our veterans. For me it reminds me of what came before me, why I am doing my job and what this country is all about. And as I walk around and read the stories about the admirals and notables and their service it inspires me to do my job each and every day."

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Lone Sailor, Navy Park Salute Service, Sacrifice

Cont'd From Page 13

of you in Quincy so proudly do. We live in a time that is fraught with uncertainty. More than ever we need wise and incredibly strong leaders to lead us through these turbulent times. We all have a role to play so let's do our part, however small, to support our country and especially those who we ask to defend it."

Rear Admiral Stephen T. Keith touched on the symbolism of the Lone Sailor statue.

"To me the Lone Sailor represents the vessel of people that I know that have done things in the Navy. I can put faces with them which helps me remember them in their time of need. There's sadness in that, there's joy in that but the sacrifices that he represents are real and everyone here who has served has made their sacrifices, their contributions to the services of this country.

"It's the people that carry you. All you have to do is motivate them and take care

of them and lead by example with integrity."

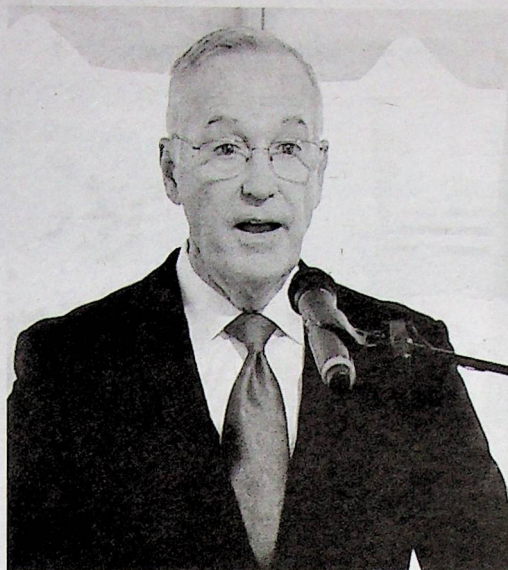
Closing prayer by Pastor John Swanson, Navy Chaplain and USNR retired, remembered the USS Quincy and the horrible early morning hours of Aug. 9, 1942. The Japanese attacked under the cloak of darkness and the dark of night became bright as day "as all hell broke loose."

Four cruisers including the Quincy were sunk — three that day the other the next day.

"(The Cruiser) Quincy put up an amazing fight," Swanson said adding had her captain received a little more warning, she would have perhaps escaped the carnage.

Instead, she lies 2,000 feet below the sea with her crew of 370 entombed in a watery grave.

"And it's said that the Quincy — far from being a somber sight it is a menacing sight," Swanson continued. "She sits there with her bow blown off and her guns aimed to starboard as if



GENERAL JOSEPH F. DUNFORD, USMC (retired), was the master of ceremonies at the dedication ceremony for the Quincy Navy Park at Squantum and Lone Sailor statue. Gen. Dunford, who grew up in Quincy, served as the 19th chairman of the Joint Chiefs of Staff, the highest-ranking and most senior military officer in the United States Armed Forces.

she's eager to get to the enemy. That is a good legacy. Let's honor those 370 today and honor all wear the uniform and have worn the uniform of our country.

"Let us remember freedom is not free. Let us remember there are enemies out there. Let us be ever vigilant. Never underestimate our enemies and never overestimate our own strengths."



LONE SAILOR STATUE stands proudly as the centerpiece of the new Quincy Navy Park at Squantum adjacent to the Marina Bay boardwalk. Quincy Sun Photos/Robert Bosworth



MILDRED COX, World War II veteran and an honoree at the Quincy Navy Park, said in her remarks: "When I was a young Marine I never dreamed that I'd be standing here more than 80 years later on hallowed ground and in the company of heroes. This distinction today has to be the highlight of my very long life. I accept it gladly for all women warriors — past and present."



VICE ADMIRAL COLIN J. KILRAIN, one of six admirals honored at the Quincy Navy Park, said: "I am proud of my service and I am proud of the successes we had as a military. I am especially proud of all the brave warriors that were always willing to step forward to do their part, to sacrifice and to win, no matter what the cost."



REAR ADMIRAL Stephen T. Keith, another admiral honored at the Quincy Navy Park, said: "To me the Lone Sailor represents the vessel of people that I know that have done things in the Navy. I can put faces with them which helps me remember them in their time of need. There's sadness in that, there's joy in that but the sacrifices that he represents are real and everyone here who has served has made their sacrifices, their contributions to the services of this country."



FR. DAVID CAMPO, Navy chaplain, offered the opening prayer. "We pray in gratitude of those sailors who laid down their lives for our beloved country. We are thankful especially for those 370 sailors aboard the USS Quincy who died 82 years ago today and for all sailors who have died on behalf of the people of our country."



REV. JACK SWANSON, USNR (retired), Navy chaplain, in his closing prayer said: "Let us remember freedom is not free. Let us remember there are enemies out there. Let us be ever vigilant. Never underestimate our enemies and never overestimate our own strengths."

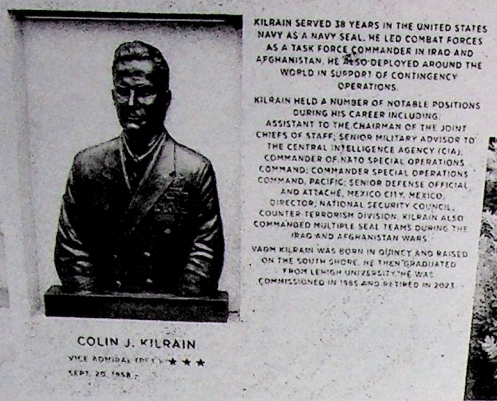


CALLA JONES, a member of the North Quincy High School Class of 2025, sang the national anthem and the Navy Hymn at the Quincy Navy Park and Lone Sailor statue dedication.

Quincy Sun Photos/Robert Bosworth

Quincy Navy Park At Squantum - Admirals

Quincy Navy Park at Squantum honors six Admirals with Quincy ties. Below are their biographies as printed in the dedication program. Also shown are photos of the Admirals' tributes that appear at the park. Quincy Sun Photos/Robert Bosworth



Vice Admiral Colin J. Kilrain (retired)
U.S. Navy, 3 Stars

Vice Admiral Kilrain served 38 years in the United States Navy as a Navy SEAL. He led combat forces as a Task Force Commander in Iraq and Afghanistan. He also deployed around the world in support of contingency operations.

VADM Kilrain held a number of notable positions during his career including: Assistant to the Chairman of the Joint Chiefs of Staff; Senior Military Advisor to the Central Intelligence Agency (CIA); Commander of NATO Special Operations Command; Commander Special Operations Command, Pacific; Senior Defense Official and Attache, Mexico, Mexico City, Mexico; Director, National Security Council, Counter-Terrorism Division. VADM Kilrain also commanded multiple SEAL Teams during the Iraq and Afghanistan wars.

Born and raised in Quincy and the South Shore, VADM Kilrain attended Lehigh University where he holds a Master of Science in National Resources Strategy and Management from the National Defense University's Eisenhower School. He was commissioned in 1985 and retired in 2023.



Rear Admiral Stephen T. Keith (ret.)
United States Navy, 2 stars

A 1962 graduate of North Quincy High School, Rear Admiral Keith was commissioned an Ensign in 1966 and served on active duty for over 33 years. He entered flight training and was designated a Naval Aviator in 1967. During the Cold War years, he flew P-2 and P-3 aircraft, completing operational tours in Anti-Submarine Warfare Patrol Squadrons 21, 92 (twice), and 64, flying over 4,000 hours.

RADM Keith commanded VP-64, NAS Willow Grove, Naval Coordinator Mid-South, and Naval Air Reserve Force. He served on fleet staffs, in personnel management positions, and on the CNO's staff.

RADM Keith was promoted to Rear Admiral in 1995, advanced to two-star rank in 1997 and retired from active duty on Jan. 1, 2000. The highest of his many personal awards is the Distinguished Service Medal.



Vice Admiral John K. Ready
United States Navy, 3 stars
Died: 2010

Vice Admiral John "Jack" Ready was a Naval officer and fighter pilot for 30 years. He accumulated an astounding 6,800 hours in 87 different types of aircraft and made more than 1,000 carrier arrested landings. Before retirement, he was commander of the Naval Air Force Atlantic Fleet from 1989 to 1991 during the first Gulf War.

VADM Ready graduated from North Quincy High School in 1956 and then earned a B.S. in Aeronautical Engineering from Boston University in 1961 before enlisting that same year. He was deployed on various carriers and commanded the USS Ashtabula and the USS Saratoga. A graduate of TOPGUN, the U.S. Navy Fighter Weapons School, he returned in 1975 as commanding officer. He also served on the staff of the CNO in the 1980s. After his naval career, he worked at Lockheed Martin Corporation on Navy fighter plane projects and the Joint Strike Fighter program. He was a fellow of the Society of Experimental Test Pilots.

VADM Ready's awards and decorations include the Legion of Merit and the Distinguished Service Medal.



Rear Admiral Bartholomew W. Hogan
(Surgeon General)
United States Navy, 2 stars
Died: 1983

Rear Admiral Hogan was a Naval officer, psychiatrist, and professor. He served as Surgeon General of the Navy from 1955 to 1961 and later was the deputy medical director of the American Psychiatric Association until his retirement in 1971.

Born in West Quincy, RADM Hogan graduated from Boston College in 1921, and he received his medical degree from the Tufts College School of Medicine in 1925. That same year, he was commissioned in the Navy Medical Corps. In the 1930s, he taught at Georgetown University School of Medicine and the U.S. Naval Hospital in Annapolis. He was a senior medical officer aboard several ships during World War II, and in 1952, he was appointed to the rank of Rear Admiral.

RADM Hogan's awards and decorations include the Silver Star Medal, the Purple Heart, the Distinguished Service Medal, the Navy and Marine Corps Medal, and the Asiatic-Pacific Campaign Medal with four stars.

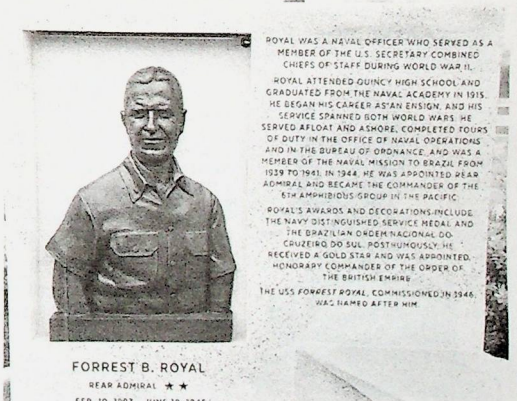


Rear Admiral Giles C. Stedman
United States Navy, 2 stars
Died: 1961

Rear Admiral Stedman was Superintendent of the U.S. Merchant Marine Academy and Vice President of Pacific Operations for the United States Lines. The rescues at sea he performed are legendary.

He was born and raised in West Quincy and graduated from Quincy High School in 1914. His father worked in Quincy's famous granite quarries. Stedman enlisted in the Coast Guard in 1917, became an Ensign in the Naval Reserve in 1919, and later entered the Merchant Marine as a ship's third mate. He rose through the ranks, and during World War II, the Navy appointed him Captain and then Rear Admiral.

In addition to many other awards and decorations, he received the following for his rescues: the Navy Cross, the American Defense Service Medal, the China Service Medal, the Coast Guard's Gold and Silver Lifesaving Medals, the keys to the City of Boston, the Medal of Valor from New York City, and recognition from Italy and Great Britain.



Rear Admiral Forrest B. Royal
United States Navy, 2 stars
Died: 1945

Rear Admiral Royal was a Naval officer who served as a member of the U.S. Secretary Combined Chiefs of Staff during World War II.

RADM Royal attended Quincy High School and graduated from the Naval Academy in 1915. He began his career as an ensign, and his service spanned both World Wars. He served afloat and ashore, completed tours of duty in the Office of Naval Operations and in the Bureau of Ordnance, and was a member of the Naval Mission to Brazil from 1939 to 1941. In 1944, he was appointed Rear Admiral and became the Commander of the 6th Amphibious Group in the Pacific.

RADM's Royal's awards and decorations include the Navy Distinguished Service Medal and the Brazilian Ordem Nacional do Cruzeiro do Sul. Posthumously, he received a Gold Star and was appointed Honorary Commander of the Order of the British Empire.

The USS Forrest Royal, commissioned in 1946, was named after him.

Quincy Navy Park At Squantum - Notables

Quincy Navy Park at Squantum honors six Notables with Quincy ties. Below are their biographies as printed in the dedication program. Also shown are photos of the Notables' tributes that appear at the park. *Quincy Sun Photos/Robert Bosworth*



FRANCIS X. BELLOTTI
MAY 3, 1923 -

FRANCIS "FRANK" BELLOTTI SERVED IN THE U.S. NAVY'S ELITE AMPHIBIOUS SCOUTS & RAIDERS FORCES, PRECURSOR TO THE NAVY SEALS, DURING WORLD WAR II. AFTER HIS SERVICE, FRANK BECAME A LAWYER AND SERVED THE PEOPLE OF MASSACHUSETTS AS LIEUTENANT GOVERNOR AND ATTORNEY GENERAL. HE CO-FOUNDED ARBELLA MUTUAL INSURANCE IN 1986.

Francis X. Bellotti
United States Navy

Francis "Frank" Bellotti served in the U.S. Navy's elite Amphibious Scouts & Raiders during World War II, a force that was a precursor to the Navy SEALs. Eight months after the attack on Pearl Harbor, the Amphibious Scouts & Raiders School was established to train an elite group of servicemen, and Frank was among the first "Naval Frogmen" to graduate from the program, eventually rising to the rank of Lieutenant. His distinguished service earned him the Asiatic-Pacific Ribbon, decorations for his contributions in the European-African Theatre.

After his years of service to our nation, Frank transitioned to a career in law and served the people of Massachusetts as Lieutenant Governor and Attorney General. In 1988, he co-founded Arbella Mutual Insurance. Frank and his wife Maggi raised 12 children in Quincy.



CHARLES FRANCIS ADAMS III
AUG. 2, 1866 - JUNE 11, 1954

CHARLES FRANCIS ADAMS III SERVED AS 44TH SECRETARY OF THE NAVY UNDER PRESIDENT HOOVER. LIKE HIS ANCESTOR JOHN ADAMS, HE WAS A STRONG ADVOCATE FOR AMERICAN NAVAL POWER. ADAMS SERVED AS QUINCY CITY COUNCILOR, MAYOR, AND TREASURER OF HARVARD UNIVERSITY. HE WON THE 1920 AMERICA'S CUP AS SKIPPER OF RESOLUTE.

Charles Francis Adams III
United States Navy
Died: 1954

Charles Francis Adams III served as the 44th Secretary of the Navy under President Herbert Hoover. Before his national appointment, he was Quincy's Mayor and had an influential early political career. As Secretary of the Navy, he emphasized the importance of maintaining naval strength and efficiency during the Great Depression, reflecting the legacy of his ancestor, John Adams, who was a strong advocate for American naval power.

In addition to his role in national service, Adams served as Quincy City Councillor, Mayor, and Treasurer of Harvard University. His passion for sailing, which began in his youth in Quincy, led him to skipper the Resolute to victory in the 1920s America's Cup in New York Harbor.



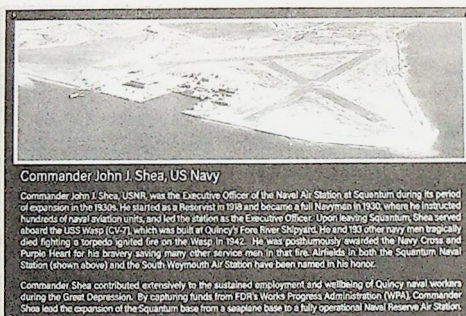
MILDRED R. COX
MAR. 27, 1924 -

MILDRED "MILLIE" (MOULTON) COX ENLISTED IN THE MARINE CORPS WOMEN'S RESERVE ON HER 20TH BIRTHDAY AND SERVED IN AVIATION WOMEN'S RESERVE SQUADRON 15, USMC AIR STATION, CHERRY POINT, N.C. FOLLOWING HER MILITARY SERVICE, MILLIE WORKED FOR QUINCY PUBLIC SCHOOLS AND AS THE CLERK FOR THE QUINCY VETERANS SERVICES OFFICE.

Mildred R. Cox
United States Marine Corps

Mildred "Millie" (Moulton) Cox is a distinguished World War II veteran and one of the first female Marines. She enlisted in the Marine Corps Women's Reserve on her 20th birthday and served with Aviation Women's Reserve Squadron 15 at the USMC Air Station in Cherry Point, N.C. Millie married Will, who joined the Navy; and together they both served in the Marine Corps during World War II.

In 1956, they settled in Quincy, where they raised their children, grandchildren, and great-grandchildren. After her military service, Millie worked for the Quincy Public Schools and later became the Clerk for the Quincy Veterans Services Office.



Commander John J. Shea, US Navy

Commander John J. Shea, USNR, was the Executive Officer of the Naval Air Station at Squantum during its period of expansion in the 1930s. He started as a Reservist in 1918 and became a full Navyman in 1930, where he instructed hundreds of naval aviation units, and led the station as the Executive Officer. Upon leaving Squantum, Shea served aboard the USS Wasp (CV-7), which was built at Quincy's Fore River Shipyard. He and 183 other navy men tragically died fighting a torpedo ignited fire on the Wasp in 1942. He was posthumously awarded the Navy Cross and Purple Heart for his bravery saving many other service men in that fire. Airfields in both the Squantum Naval Station (shown above) and the South Weymouth Air Station have been named in his honor.

Commander Shea contributed extensively to the sustained employment and wellbeing of Quincy naval workers during the Great Depression. By capturing funds from FDR's Works Progress Administration (WPA), Commander Shea led the expansion of the Squantum base from a seaplane base to a fully operational Naval Reserve Air Station.

John J. Shea
United States Navy
Died: 1942

Commander John J. Shea, US Naval Reserve, was the Executive Officer of the Naval Air Station at Squantum during its period of expansion in the 1930s. He started as a Reservist in 1918 and became a full Navyman in 1930, where he instructed hundreds of naval aviation units, and led the station as the Executive Officer. Upon leaving Squantum, Shea served aboard the USS Wasp (CV-7), which was built at Quincy's Fore River Shipyard.

He and 193 other Navy men tragically died fighting a torpedo ignited fire on the Wasp in 1942. He was posthumously awarded the Navy Cross and Purple Heart for his bravery saving many other service men in that fire. Airfields in both the Squantum Naval Station and the South Weymouth Air Station have been named in his honor, as has the western roadway to and from Marina Bay.

Commander Shea contributed extensively to the sustained employment and wellbeing of Quincy naval workers during the Great Depression. By capturing funds from FDR's Works Progress Administration, Commander Shea led the expansion of the Squantum base from a seaplane base to a fully operational Naval Reserve Air Station.



RICHARD A. STRATTON
OCT. 14, 1931 -

RICHARD "DICK" STRATTON WAS A NAVAL AVIATOR WHOSE 31 YEARS OF SERVICE INCLUDED 22 COMBAT MISSIONS AND 2,251 DAYS AS A PRISONER OF WAR IN VIETNAM. FOLLOWING HIS MILITARY SERVICE, STRATTON WAS A CLINICAL SOCIAL WORKER SERVING INDIVIDUALS AND FAMILIES EXPERIENCING TRAUMA AND ADDICTION AND NATIONAL ADVOCATE FOR POW/MIA.

Richard A. Stratton
United States Navy

Richard "Dick" Stratton served as a Naval Aviator aboard the USS Ticonderoga during the Vietnam War, flying 22 combat missions before being captured by the North Vietnamese in 1967. He endured 2,251 days as a prisoner of war in Vietnam, serving with the Fourth Allied POW Wing in Hanoi, and was finally released in 1973.

After his return, Captain Stratton began a second career as a clinical social worker, dedicating himself to helping individuals with psychological trauma and addiction. His wife, Alice, was later appointed by President Ronald Reagan as the first Deputy Assistant Secretary of the Navy for Personnel and Families. Together, Captain Stratton and his wife made extraordinary contributions to their country and to the care of emotionally wounded individuals, leaving a lasting legacy.



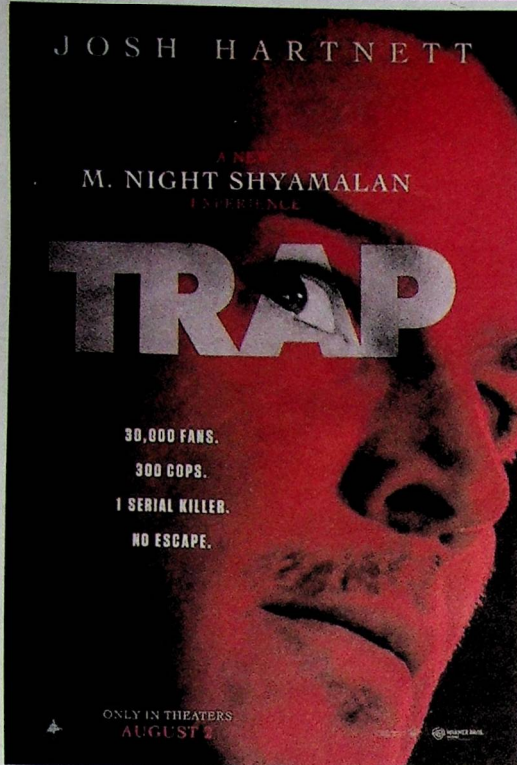
HENRY W. BOSWORTH, JR.
SEPT. 13, 1924 - FEB. 7, 2009

HENRY BOSWORTH ENLISTED IN THE U.S. NAVY AT 18 AND SERVED AS A SIGNALMAN ON THE DESTROYER USS COGSWELL (DD-651). FOLLOWING HIS MILITARY SERVICE, HENRY WAS A REPORTER AND FOUNDED THE QUINCY SUN IN 1968. HENRY'S DEDICATION TO VETERANS AND SERVICE ORGANIZATIONS CONTINUES IN THE QUINCY SUN TO THIS DAY.

Henry W. Bosworth, Jr.
United States Navy
Died: 2009

Henry Bosworth, a U.S. Navy veteran of World War II, enlisted at 18 and served as a signalman on the destroyer USS Cogswell (DD-651) in the South Pacific. His distinguished service earned him 9 battle stars. Notably, the USS Cogswell was the first American warship to enter Tokyo Bay for the Japanese surrender in 1945.

After his military service, Henry returned home and began serving the community as a local reporter. In 1968, he founded The Quincy Sun from a small office in Quincy Center. Under his leadership, the newspaper has kept Quincy residents informed and entertained ever since. Henry's dedication to veterans and service organizations continues through The Quincy Sun to this day.



Movie Review: 'Trap'

By BOB GARVER

With "Trap," writer/director M. Night Shyamalan has given us a half-decent movie. By which I mean that half of it is... decent. The first half delivers the taut thriller we've been promised, and it's not great or anything, but it's reasonably suspenseful and enjoyable. And then the movie becomes garbage. Not the unique, crazy garbage that only Shyamalan can deliver, but uncreative garbage that no self-respecting filmmaker wants to deliver.

At the beginning of the film, we are introduced to doting dad Cooper (Josh Hartnett). He's taking his daughter Riley (Ariel Donoghue) to a concert by her favorite pop star, Lady Raven (Saleka Shyamalan). He learns from oversharing merchandise seller Jamie (Jonathan Langdon) that the FBI is monitoring the concert. They have a hot tip that a serial killer known as The Butcher is in the arena, and with the help of profiler Dr. Josephine Grant (Hayley Mills), they're going to catch him.

This makes Cooper very worried. He starts behaving erratically and evasively, and it certainly looks like he's The Butcher... because he is The Butcher. Don't buy into any of those ridiculous fan theories about how, say, preteen daughter Riley is really The Butcher just because "the trailers 'imply' Cooper is The Butcher, but they don't flat-out say it." I'm flat-out saying it. The suspense in this movie comes from whether or not Cooper will be stopped or if he'll kill anyone along the way. If you come into this movie expecting a mystery about The Butcher's identity, you'll be disappointed by more than just the weak second half.

The stuff about Cooper trying to weasel his way out of the arena really does work. The well-cast Hartnett is as engaging a lead as this movie could have, and Shyamalan expertly keeps the tension steadily growing. This being a Shyamalan film, it's also important to note oddball supporting characters like Jamie and the mother (Marnie McPhail) of a girl that doesn't get along with Riley. These characters effectively add to the suspense, and they're completely unaware

of it. I complained about these types of scene-stealers in my review of "Longlegs" a few weeks back, but this movie isn't as obnoxious about trying to make everyone quirky.

The good times don't last. Eventually the action leaves the arena and goes back to Cooper's house, complete with wife Rachel (Alison Pill) and son Logan (Lachlan Miller). The perspective even shifts from Cooper to someone else for a little while. The venue change isn't exactly where things start going downhill for this movie, but it's soon after. The real turning point is when Cooper has to drop the façade and start behaving like a stereotypical bad guy. I was digging scared, desperate Cooper, but when he's The Butcher, he's neither scary nor interesting.

Then, of course, there's that interminable ending. Cooper manages to fool the FBI more than once, which is all the FBI should be permitted. The agents are all dumb as bricks. Cooper should have just taken his chances with being questioned at the concert and he probably would have gotten away. He makes some annoying mistakes too, but

I can somewhat chalk those up to mental instability. More problematic than the plausibility of the characters' decisions is that the timing and energy are all off, like Shyamalan's inspiration just ran out of gas. I guess he was so dead-set on getting the concert scenes right that he considered everything else expendable.

The pop music of Lady Raven is a good enough metaphor for "Trap." It isn't disastrous, like previous efforts from the Shyamalan family. I was relieved when Saleka proved to be a better singer and actress than her nepo-baby credentials would suggest. But at the same time, I couldn't imagine any of these unmemorable songs becoming major hits. Just like I can't picture "Trap" being anyone's favorite thriller or Shyamalan movie. Here's hoping you can easily get out of the theater.

Grade: C-

"Trap" is rated PG-13 for some violent content and brief strong language. Its running time is 105 minutes.

Plant, Grow, And Harvest Radishes This Fall

By MELINDA MYERS

Prepare some space in the garden or a container for a fall harvest of radishes. They'll grow and taste best when harvested during cooler weather and some are ready to harvest in just 25 days.

There are a variety of radishes suited to everyone's taste. Most of us have tried the peppery flavored, round, and red ones but you'll find mild to pungent flavored radishes in various colors and shapes.

If you or your family don't like the pungent flavor, you can help tame the intensity with proper selection, care, and preparation.

The pungent flavor in radishes is due to isothiocyanates. The more of these healthful sulfur-containing compounds in a radish, the hotter the flavor.

Some varieties, like French breakfast and white icicle, have a milder flavor while the black radish is almost as pungent as horseradish. They typically have black skin with a white center.

Radishes grown in cooler temperatures with consistently moist soil tend to be less pungent. Provide sufficient water throughout the growing season and harvest when mature. Radishes left in the garden for a few extra weeks develop more isothiocyanates, making them more pungent.

Salad radishes are quick maturing and easy to grow. Slice into the slightly sweet



SOME RADISH varieties are ready to harvest in 25 days. Photo Courtesy of MelindaMyers.com

watermelon radish to find the unique color that inspired its name. French breakfast radish is red, elongated, and ready to harvest in 25 to 30 days. Or change things up with Helios, a small, plump, yellow radish with a sweet flavor.

Plant Asian radishes midsummer into early fall. These typically have a long white cylindrical root and are an important ingredient in Asian cuisine. Their long roots and adaptability to a wide range of soil make them a useful winter-killed cover crop. The large taproots break through the top eight or more inches of soil, die in winter, and quickly decompose in spring to improve the soil.

Increase success with proper soil preparation. Improve heavy clay soils by working several inches of organic matter into the top 8 to 12 inches of soil.

Then create a slightly raised planting bed with the existing soil and plant. Or plant in a container filled with a quality well-drained potting mix. Creating a proper soil foundation will increase the plant's ability to develop full-sized roots.

Thin out young plantings leaving enough room between the remaining plants for the roots to grow to full size. Use the seedlings removed to spice up salads and soups or top a sandwich.

Cooking and roasting can also help tame the pungent flavor of radishes. And try peeling spicy varieties before serving them fresh for

a less intense flavor.

With so many options, you will be looking for more ways to grow and use a variety of radishes.

Melinda Myers has written over 20 gardening books, including Midwest Gardener's Handbook, Revised Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.

 The USDA funded Summer Food Service Program for Children sponsored by the Quincy Public Schools will provide free meals to all children without charge, regardless of race, color, national origin, sex, age or disability.

Lunch Service: Monday—Friday 11 am to 1 pm - July 8 through August 16, 2024

Please note the following guidelines for the Quincy Summer Eats Program:

This is a congregate feeding program. Children must eat the meals on site.

Children age 18 years old and younger are allowed to take one lunch.

Parent/guardian cannot take meals on their child's behalf or for themselves.

There are no registration or income requirements to participate.

"This is an equal opportunity provider."

SITE LOCATIONS:

The Snug Harbor School

The Ward II Community Center

The Lincoln Hancock School cafeteria

The F.W. Parker School cafeteria

The Montclair Elementary School gym

SUMMER EATS
FREE MEALS FOR KIDS & TEENS

JOAN'S OLYMPIC GYM

Gymnastics & Dance School

OPEN HOUSE

SATURDAY, AUGUST 24TH

Free Demonstrations 10AM - 2PM

FALL CLASSES START SEPTEMBER 9TH



Since 1983

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Come sign up and get a **FREE** Joan's Olympic Gym Bag (First 25 students)

Class size limited ~ First Come First Serve!
Keeping Fit Keeps a Positive Healthy Attitude!

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197 Quincy Ave, Braintree, MA 02184

QFD Hosts 'Firefighter For A Day' Program

The Quincy Fire Department recently held a program called "Firefighter For A Day." This new program for kids going into seventh grade focuses on a mix of life safety topics and some real training experiences with the use of Quincy Fire's training equipment and the training facility.

Over two days, the middle schoolers were lead through activities that taught them real life skills, including CPR awareness, escape planning, and how to use a fire extinguisher. The goal was to educate and reinforce with some hand on muscle memory skill building and some additional exciting training experiences in-between. This was accomplished through the following events:

- A small live fire using hand sanitizer on a pallet to show how some fires are invisible to the naked eye and using a thermal imager to see the flames to show the fire extinguishers would put this fire out.
- Learning to use a fire extinguisher and practicing aim by knocking bottles down
- Using a real fire truck, fire hose, and fire hydrant, the

Cont'd On Page 19



Photos Courtesy Robert Miller



ABSENTEE VOTING MASSACHUSETTS STATE PRIMARY

TUESDAY, SEPT. 3, 2024

**Absentee ballots
are available for the
2024 State Primary.**

Quincy voters may vote
in person at City Hall
Monday through Friday
from 8:30 a.m. to 4:30 p.m.

until

FRIDAY, AUGUST 30, 2024 at 5:00 PM.

EARLY VOTING

For The September 3, 2024

STATE PRIMARY



You can early vote at

QUINCY CITY HALL
on

Saturday, August 24, 2024

- Friday, August 30, 2024

8:30 a.m. - 4:30 p.m.

**QUINCY CITY HALL
1305 Hancock Street**

**Voting Is Now More Convenient than ever
and on YOUR Schedule**



Questions? Please Call Us!

617-376-1144 or Email ncrispo@quincyma.gov



QFD Hosts 'Firefighter For A Day' Program

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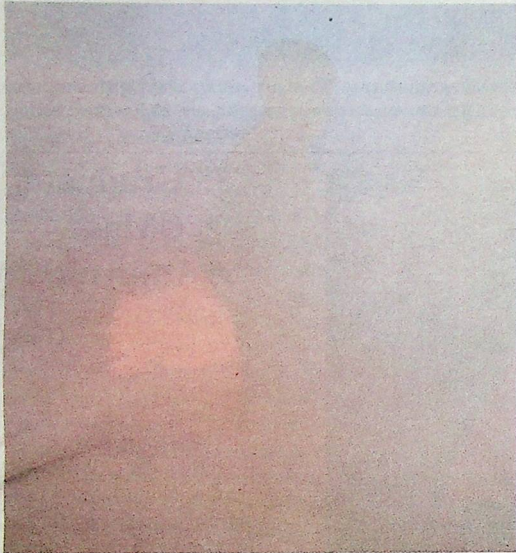
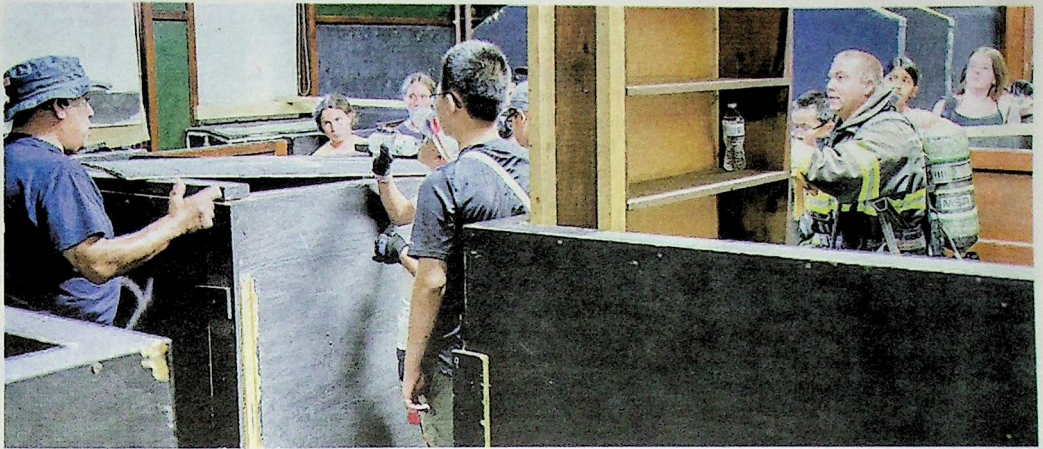
kids were shown how we connect to a fire hydrant to get water to the fire truck and how to use a fire hose to spray water at a target.

- A digital fire simulator, which uses an LED display with sound and a laser beam-based fire nozzle and weighted hose, which simulates the weight and feel of a hose with water.

- A smoke-filled room showing the blackout conditions in a fire. A thermal imager allowed the kids to "see through" the smoke to identify the heat of the objects and people in the room.

Many of the kids requested this be a five-day program in the future. The Quincy Fire Department looks forward to being able to meet that request. A big thank you goes out to: The Lyons Woodland who created the shirts on short notice, D'Olympio fire protection for providing us fire extinguishers, Laura Owens at Quincy Public Schools for all her help, photojournalist Robert Miller who provided great pictures from the program, and QATV for recording several of the events of this program.

More photos on Page 20. Photos Courtesy Robert Miller



MASSACHUSETTS STATE PRIMARY

Tuesday, Sept. 3, 2024

**Last Day To Register To Vote
Saturday, August 24, 2024**

**Voter Registration
Can Be Done at City Hall
1305 Hancock St.
8:30 AM - 5:00 PM or
at www.sec.state.ma.us/OVR**

Board of Registrars
Nicole Crispo, City Clerk
Bonnie C. Marcel
John Carl Swanson
John P. Dumas

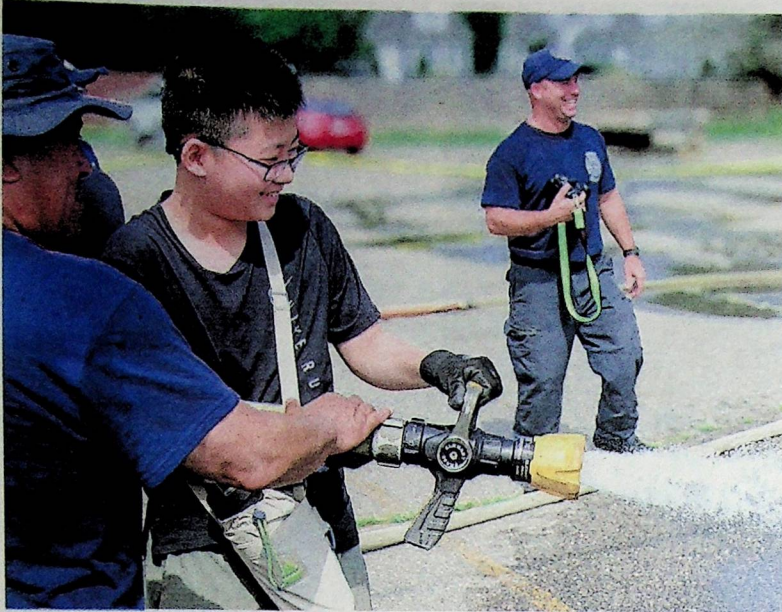
VOTE BY MAIL IN THE SEPT. 3, 2024 MASSACHUSETTS STATE PRIMARY

**You may apply for
a ballot by mail online
at
www.MailMyBallotMA.com**

**Applications may also
be requested by calling
the Quincy Election Office
at 617-376-1144.**

**TO RECEIVE A BALLOT BY MAIL
FOR THE 2024 STATE PRIMARY,
APPLICATIONS MUST BE RECEIVED
BY THE ELECTION DEPARTMENT BY
5:00PM ON MONDAY, AUG. 26, 2024.**

Quincy Fire Dept. Hosts 'Firefighter For A Day' Program



THE QUINCY FIRE Department recently held a program called "Firefighter for A Day." This new program for kids going into seventh grade focuses on a mix of life safety topics and some real training experiences with the use of Quincy Fire's training equipment and the training facility. Activities included learning to use a fire extinguisher and practicing aim by knocking bottles down.

Photos Courtesy Robert Miller

**JOIN US AT
CAMP DO GOOD.**

Give Blood.

American Red Cross

Quincy Community Blood Drive

Sponsored by Quincy Fire Dept.
& Massachusetts Development
Disabilities Council

QFD SIGN UP



Fore River Clubhouse
16 Nevada Road
Quincy, MA 02169

Saturday, August 24, 2024
9:00 a.m. to 2:00 p.m.

QFD SIGN UP



Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: QuincyFire to schedule an appointment.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

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\$20 AMAZON GIFT CARD
VIA EMAIL**

Be part of something big. Make an appointment.

1-800-RED CROSS | RedCrossBlood.org | Download the Blood Donor App

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55 Graduate UMass Amherst

Fifty-five Quincy residents recently earned bachelor's degrees at the University of Massachusetts Amherst.

The graduates are:

Joshua M. Alberto-Anderson, Philip Bryden Austin, Brendan Joseph Bailey, Joseph Josub Ban, Andrew Wayne Bradley, Samantha Chan, Arleena Chen, Brandon Chen, Kelly T. Chen, Stanley Chen, Alessandro Cosgrove, Michael Matteo Costello, Nhi Thuy Ha, Eileen M. Hallinan, Klei Hamzallari, Zachary William Hatfield, Grace Margaret Hobin, Jasmine Horburapa, Sandy Ting Huang, Tori Grace Ingram, Titus Kyei Mensah, Priscilla H. Lau, Erin Leung, Michelle Li, Xin Yi Lin, XinKai Lin, Erica Arianna Manzano, Emily Elizabeth McCarthy, Fionnuala Hannah McDermott, Jiacheng Mei, Aidan Patrick Murphy.

Also, Fiachra Kevin O'Farrell, Damian Papajani, Tiffany Pham, Thomas C. Potts, Rolinsky K Saint-Cyr, Lindsey Mae Toland, Adam Trac, Twuyen Tran, Ping Hsun Tsai, Alita Wanasilp, Hang Weng, Jacqueline Victoria White, Vivian Mary Wilson, Amanda M. Wong, Jim W. Xi, Feng Xu, Jimmy Zhao, Cristina Zhao Zhen, Christine Zheng, Leijin Zheng, Jake Zhu, Gina Zou, Hanxiang Zou and Linda Zou.

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Road Trips, Dash Cameras, Tire Repair, Tools

Ask John Paul: AAA New England's Car Doctor
Senior Manager, Public Affairs and Traffic Safety

My brother has a 1980 Jeep that he wants to rebuild and started to disassemble it in 2005. Since about 2009 or so he has had both the engine and transmission sitting under a two-story porch. I have tried to explain to him that because it has been sitting outside for so long, it is going to need a lot of work. I believe that the interior components of the engine and transmission have begun to rust. He seems to think that once he puts it all back together, with just a little tune up, he will be "good to go." I believe the entire Jeep and all its parts should go to a junkyard. I am hoping that you give your honest thoughts and opinion about this situation.

Although it may start and run there are likely to be problems. Piston rings can be stuck and never come around. Gaskets can dry out and the front and rear main seals can leak. Cylinder head gaskets can start to dissolve if what was left of coolant was acidic. If this were my engine and transmission and I wanted a dependable vehicle, I would do at a minimum a simple rebuild. This would start with new gaskets, seals, including valve seals. Clean up any rust ridge on the cylinders and rings. The other issue is you also don't really know how good the engine was when it was parked. Yes, you could put the engine back in with fresh fluids and hope for the best, but in most cases, you are left with a poor running smoker of an engine that leaks oil.

Some of my fuses in my car and toolbox have a nice hill shape in the middle, but some have a sideways S shape. Why?

The part in the middle of the fuse is designed to melt when the amperage is too high to prevent fires and electrical damage. The different designs all do the same job, protecting these components. When replacing a fuse always replace it with the same size and type.

We are going on a three-week road trip in a couple of weeks that will encompass about 2,000 miles. I have a 2013 Hyundai Tucson with 120,000 miles (that just passed its inspection) and a 2017 Subaru Legacy with 15,000 miles. We're planning on taking the Legacy because it gets better gas mileage and has less wear and tear (even though I have had no major issues with the Tucson). The Legacy has been lightly driven and only used locally and she doesn't even go on highways. My question is there is anything I can or need to do to prepare the Legacy for this trip?

Either car will be fine, but my concerns with the Subaru are: if the tires are original at seven years old, I would look at them closely for age-related cracking. The battery, if original it may be at the end of its life. Other than that, if it has been a while, an oil change is a good idea. During the oil change the technician will check all the other vital fluids and should give the car a basic safety check. I would also replace the wiper blades and check the spare tire. Once the car is ready, put together a little emergency kit (flares, flashlight, washer fluid, coolant, oil, jumper cables/jump pack, gloves air compressor) and enjoy the trip.

I recently purchased a battery impact wrench online (admittedly it was cheap) but it couldn't even loosen up the lug-nuts on my car. I heard you mention one that you tested on your radio program. Can you give me a little more detail?

The wrench I mentioned was from the WORX company. It uses the same 20-volt battery as my lawn tools. This was the heavy-duty version with a claimed 1,500-foot pounds of torque. I'm not sure about the numbers, but it easily removed lug-nuts on both my rusty boat trailer and vehicles. My suggestion with any battery tools is when adding new tools, stay with the same brand. This way typically you will always have a spare and hopefully fully charged battery on hand when you need it.

I just replaced the front tires only on my 2006 BMW 330Xi. The tire shop said because the rears are at 5/32, that is too much difference from the new front tread depth and running the car with two new front tires and half used back tires will damage the transfer case. Should I now replace the rear tires also? I looked in the owner's manual as well as my BMW repair guide and found no reference to replacing all four tires at the same time. What happens if I had a blowout on one tire would I need to replace all four?

Looking at other makes and models of all-wheel-drive vehicles, most state if there is more than a 4/32nds difference in the tires it is possible over time to damage the drivetrain. If this were my car, and I planned on keeping it a good long time I would replace the other tires and sell the used tires. If you damage one tire and the other three are in good shape

Do you have a car question?

Every question gets a personal reply.
Email John jpaul@aanortheast.com

you can buy one new tire and have it shaved down to the tread of the other three. Also, as a side note, when only replacing two tires the new tires should go on the rear of the vehicle, not the front.

Like most people I'm online a lot and see people doing reviews of products, especially on TikTok. Just nosy when you mention a product do you get commission or paid by the company?

No, I have never been paid to do a review of any product, although it has been offered. I do from time to time receive products to evaluate. The products that work as advertised I will mention. In a past column I mentioned the Garmin dash cam. Over the years I have purchased Garmin GPS units; I like their quality and customer service and based on that decided to use their dash cam.

I had a nail in one of my tires. The local tire store (big chain) removed it and put a plug in. Do they also put a patch on inside the tire?

I assume since the store is a chain that they follow professional recommendations when it comes to tire repair. The recommended repair when the tire is still serviceable is a plug/patch combination. A plug without a patch is considered a temporary repair.

I am thinking of selling our 11-year-old Nissan with only 70,000 miles on it. I have heard of stories of buyers coming back weeks and even months later demanding that sellers pay for repairs. Am I protected when I sell a used car?

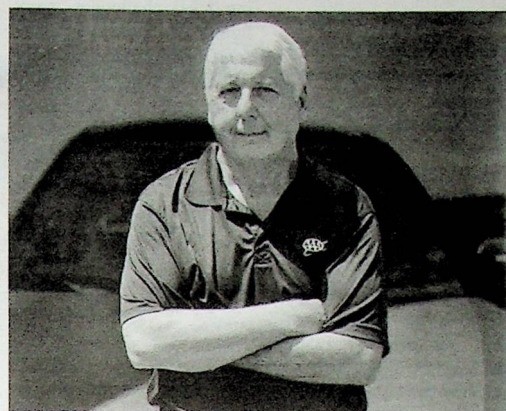
Private party used car sales are truly buyer beware. There is no implied warranty when you sell a car privately. In states that have vehicle inspection there are specific rules. In Massachusetts (where I live) you may cancel the sale of a car if: It fails to pass inspection within 7 days from date of purchase (not the date of registration). The estimated costs of defects or repairs exceed 10% of the purchase price. You complete the proper steps detailed in Failed Inspection "How To" within 14 days of date of sale. This law applies to both dealer and private party sales of cars and motorcycles purchased for personal or family use regardless of mileage or age. To protect yourself, as an example if you know the car needs tires, brakes or the check engine light is on, I would note that on the bill of sale. Since these items would keep the vehicle from passing state inspection both you and the potential buyer are on the same page.

I have seen a lot of people knock Harbor Freight tools, especially the cheaper Pittsburg brand. I tinker with my family cars all the time and my tool budget is always somewhat limited. Are these tools worth it?

Harbor Freight hand tools can certainly work especially for a DIY'er. Even when I worked as a professional mechanic there were some tools such as flare nut wrenches, I would only buy from Snap-On tools because they never rounded off a brake line, then there were other cheaper brands that worked just fine. Recently I needed a 5-millimeter allen-wrench. I purchased a socket style set for \$15 from Harbor Freight and it did the job perfectly and has a lifetime warranty. Are these tools for professional technicians? It really depends on how often the tool gets used and for what purpose.

I am the original owner of a 2017 Mazda CX-5. The car has approximately 80,000 miles and has been dealer maintained. Whatever I can I do on my own repairs, both to save money and for the personal satisfaction of doing it. Recently I have been hearing a rotating whirling sound coming from highway speeds when I am driving on the highway. I have changed the brakes, the front rotors, the front wheel bearings, and recently I changed the differential fluid in both the front and the rear. Unfortunately, this sound is still present when I drive the car. I do feel a little vibration at the steering wheel when I come to a stop obviously after applying the brakes. My question to you is what am I doing wrong? Could a tire be bad? Or something out of balance? I am at the end of my rope with this situation. This vehicle has been great to me over the past 7 years and has never given me any trouble whatsoever.

The vibration when stopping could be an out of round brake rotor or even out of round front hub. If it is a hub that could also be a noise. Could it be the tires? Yes, at this point the simplest test would be to rotate the tires, if the noise



JOHN PAUL
AAA's Car Doctor

travels you know it is related to the tires. Even a moderate amount of tire scalloping can cause some road noise as highway speeds.

What dash camera/recorder do you recommend? I am considering buying one. I travel pretty regularly from Florida to the Northeast. The way insurance companies and some people seem to be, a camera that could record an accident seems like a worthwhile investment.

A few years ago, I was thinking of buying a cargo trailer to move some things to Florida and although that never happened, I did get a dash cam for the reason you mention. The unit I installed is made by Garmin and in addition to the exceptionally good hi-resolution recording capability adds some driver assistance features. The camera has lane departure warning, forward collision warning and connects to their app. The installation is simple, and the camera is only about two inches long and sits up unobtrusively behind the car's rear view mirror.

I have a car without a spare tire (only an air pump) and recently noticed a screw in the tread of the driver's side rear tire. I pulled it out, it was only about one quarter of an inch long and the air pressure was fine and when I put soapy water on the tire there were no bubbles. I am planning lots of driving with the family over the rest of the summer. Is the tire safe?

Yes, the tire tread did its job and kept the screw from puncturing the inner liner of the tire. As part of your regular maintenance during your trips, check the tire pressure, as well as all the vital fluids and enjoy making memories over the summer.

I inherited my grandfather's Chevrolet Silverado and I love this truck for both its 25-year-old style and the memories of the time with my grandfather. The truck runs great, rides smoothly but the blower fan for the heat and AC only works on high. Is this the switch or something more serious?

It is possible it is the switch, but more than likely it is the fan resistor. There is a large resistor mounted in the HVAC air box that when it fails the fan only works on high speed. Depending on where you purchase the part, the price runs between \$30-\$60. It will take about an hour and a half to remove part of the instrument panel to get to the resistor.

I am thinking about buying a used/classic BMW. Not one to drive every day but a fun weekend car. I have seen a few, they all seem to need work. Are these cars safe both to drive and repair without tapping into my kid's college fund?

BMW's can be great cars or true money pits. It really depends on what you want from the car. Do you want a perfect show car, or can you live with some problems? There is an expression, do not let perfection be the enemy of good. This certainly can apply to keeping a classic BMW on the road. Some time back I had Rob Siegel who has owned many BMWs and written several books on the subject on my radio program. <https://www.podcasts.com/john-paul-car-doctor-radio-podcast-93/episode/Chatting-with-The-Hack-Mechanic-Rob-Siegel-3377>. Give the program a listen and take a look at his book "Memoirs of a Hack Mechanic," this may help with your decision.

I am very fussy with my cars and recently I was washing my Nissan Maxima and noticed a slight oil film at the front strut. The car rides fine and is quiet but there is this oil. I took it to the dealer; they looked it over and said it was fine. If there is oil leaking, how can it be fine?

Some very slight seepage is considered normal. Nissan even has a procedure to look at the oily film. If it is a thick layer of oil that has collected dust and debris the strut(s) need replacement. If it is a thin layer of oily film with no visible dirt/dust it is considered normal. At this point I would

Cont'd On Page 22

MA Legislature Passes Parentage Act

Cont'd From Page 3

President Karen E. Spilka (D-Ashland). "No matter what path you took to parenthood, today the Legislature has acted to make sure that in Massachusetts archaic beliefs and laws no longer stand in your way as a parent."

"In today's world starting a family looks different for everyone, and by modernizing our laws to reflect this reality we are helping to ensure all families in the Commonwealth are treated equally," said Sen. John F. Keenan (D-Quincy).

"As our understanding of the family unit has expanded and evolved, so has the need for updated laws to ensure that the relationships between all parents and their children are protected – regardless of the manner in which parents create a family," said Rep. Tackey Chan (D-Quincy). "This new law will eliminate the daunt-

ing legal challenges many families face in establishing such relationships by consolidating and streamlining public policy, bringing together decades of court rulings and families' real-life experiences in a cohesive manner while establishing a uniform and consistent legal standard that will enable courts to properly evaluate each family's unique circumstances."

"As legislators, one of our biggest responsibilities is looking out for future generations and making Massachusetts an even better place to live, work, and raise a family," said Rep. Bruce J. Ayers (D-Quincy). "The Parentage Act will ensure that all people who take on the challenge of parenthood are equally protected under the law and have all the means necessary to care for their children."

Despite leading the nation by legalizing same-sex

marriage 20 years ago, LG-BTQ+ residents continue to face significant barriers in obtaining full legal recognition as a parent.

In response, the legislature's action updates the Commonwealth's laws so common paths to parentage may be utilized equally by all families, regardless of marital status. It also creates a new path to parentage for individuals who are 'de facto' parents and ensures that every child and parent has the same rights and protections without regard to the marital status, gender identity or sexual orientation of their parents, or the circumstances of their birth.

The legislation makes critical updates to laws related to assisted reproduction, including surrogacy and in-vitro fertilization (IVF). It outlines rights, requirements, procedures and safeguards for parents, donors, surrogates, and oth-

ers involved in the process. Further, it establishes clear paths to parentage for individuals or couples utilizing assisted reproduction and surrogacy in order to provide legal recognition and status prior to the child's birth.

For many families, non-biological parents are their child's parent in every way except being legally recognized as such. The new law legally recognizes the importance of relationships between children and parents in modern families and affords individuals who have been acting in a meaningful parental role for a significant amount of time the opportunity to seek full legal rights befitting their relationship.

It also provides notice, and an opportunity to be heard, to existing parents, and adds safeguards against abuse and protections for domestic violence survivors and military parents.

BBB: Beware

'Process Server' Scam

By PAULA FLEMING
Better Business Bureau

Many scams start with an intimidating phone call. A "debt collector" needs you to pay immediately. Or a "police officer" claims to have a warrant for your arrest.

The latest variation involves a phony "process server" and a non-existent court case against you. Here's how to spot it.

How The Scam Works

You receive a call, or several calls, from an unknown or blocked number from a person claiming to be a process server. They might say there is a lien on your home or someone is taking you to court over unpaid medical bills or another matter. The caller may also claim you or a family member are a "person of interest in an important matter that requires immediate attention," and federal law prohibits the caller from sharing any additional information. Similarly, in other cases, the scammer may be secretive, saying they can't reveal details until your papers are served.

Next, they'll ask you to "confirm" sensitive personal information about yourself, such as your date of birth, address, or Social Security number. When you're hesitant to give out this information, they stress the urgency of the matter – after all, this is a court matter! If you ask too many questions about who is making a complaint or what company the process server works for, the scammer will get angry and sometimes threaten more action against you. The caller may also try to scare you further by asking if you will be home or at work within the next hour since they will be arriving soon to serve you papers, get your signature on legal documents, and demand to see your forms of identification.

Sometimes, the "process server" may be phishing for information about your family members. According to a BBB report, one consumer shared, "Previously left me a voice-mail about a lawsuit against my grandmother using her full government name a few weeks ago. Today they called again and asked if I knew the person, to which I said no, and then asked if I was (my full government name), to which I also said no. The person continued to be very pushy until they finally decided to end the call."

The people behind this scam don't have any legal papers to deliver, they want to get their hands on your personal information to commit identity theft.

BBB sees many reports about process server phishing scams. One consumer recently shared their experience, "I received a call from a private number, claiming to be a 'process server' stating they had papers regarding a lien on my home...I checked with my police department, and town, I have no liens on my home." Another person shared, "A fake process server called my mom and she called them back. They used my maiden name which I have not had in over 20 years about a county matter from a county not local to me saying they had papers to serve [and] they wanted to validate my information. My mom hung up but it scared her."

How To Avoid Phishing Scams

• Be wary of scare tactics and unsolicited phone calls. Scammers love to threaten people with legal action or hefty fines, scaring them into giving up their personal information and money. They hope fear will make you act without thinking. Always remember that representatives of a reputable business or legal office will be polite and civil, even in a serious situation. They won't pressure you to act immediately "or else."

Cont'd On Page 35

Ask John Paul: AAA New England's Car Doctor

Cont'd From Page 21

just watch for oil, and do not wash it off if you see it start to accumulate.

I have a 1970 Chevy Nova and want to replace the six-cylinder engine with a V-8, nothing high performance, just more powerful than the little six-cylinder. Two questions is it easy, and some people have told me to watch out for "marketplace-rebuilds." What does that mean?

Easy is somewhat relative. The car was designed for a V-8 engine, so there is not a lot of modification to mounting the engine. Still, you will need to upgrade the cooling system, front springs (to carry additional weight) and some wiring and fuel line modifications. A marketplace rebuild sometimes refers to an engine that is listed for sale, that may have some new valve cover gaskets and a fresh coat of paint but hiding a lot of sins. A true rebuild includes at least the following: the engine was disassembled, parts checked for wear, timing chain/gears, bearing and rings replaced, cylinder heads inspected, valves reground and properly reassembled with new gaskets.

I have about 1,000 miles on my 2005 Corvette since the last oil change two years ago. Do I need to get an oil change for the upcoming season car show and driving season? Also, we flushed the coolant and added fresh Dex-Cool-antifreeze three years ago, is that okay and should it be changed?

I am a big believer in yearly oil changes even when a car only goes limited miles. Oil does not deteriorate sitting but short drives can contaminate oil. One alternative to low mileage oil changes is periodic oil analysis. Having a lab check an oil sample will tell you about the overall oil quality and contamination. As for the coolant, generally Dex-Cool is a coolant with a lifespan of five years.

A vague haze seems to accumulate on the inside of our windshields. On days of temperature change and humidity the inside windshield fogs. Fortunately, the defroster clears it efficiently. We are wondering why this happens. A few wipes with SprayWay glass cleaner will clean it off until the next episode. This recent time that I changed my cabin filter I was advised that many times the filter is changed and sprayed with a scent. I did not scent my filter. Might this spray be the cause?

As you pointed out, it is the temperature change that causes the issue. SprayWay and some people say shaving cream, works in the car just like it does to some extent on a bathroom mirror, it helps prevent the moisture/steam build up or adhesion of moisture. Opening the windows slightly to adjust the temperature can help, as well as adjustment of the heater/air conditioner temperature. But realistically it is just like fog on the road, moisture and temperature are the culprits. As for the filter, no I do not think that is the issue.

I have read about things exploding inside cars in hot weather, such as spray paint, hand sanitizer, and even soda cans. Is this real or another urban myth? Also, how hot can it get in a car on a 90 degree day?

One 90-degree day I left a thermometer in a car just to see how hot it would get. At the peak heat of the day about 2:30 p.m. the car reached about 135 degrees. The TV show MythBusters, busted the soda can myth stating it took over 300 degrees for the can to burst. Most spray paint cans warn

against storing at over 120 degrees. Hand sanitizer contains alcohol and is flammable but will take temperatures higher than the interior of a car on a hot day to spontaneously combust. My advice combustible materials should never be stored in a vehicle. And most importantly never leave a child or pet in a hot car; heatstroke can happen in just a few minutes on a very hot day.

At about 27,000 miles my wife was told by the dealer that her 2018 Subaru Legacy required rear brakes at a cost of about \$700. I always thought that the front brakes wore out before the rear ones. I also thought that there is a law that requires the installer to return the old parts to the owner if requested.

Generally, you are correct, the front brakes do about 70 percent of the braking which is why they wear out faster. Still some cars will wear out rear brakes quicker than others. Some Honda Accords from 10 years ago were wearing out rear brake in as little as 20,000 miles. Regarding the returning of old parts: in Massachusetts, where I live, you have the right to your old parts back if you request them. If the repair shop must return the old parts to the parts manufacturer or another entity under a warranty arrangement or core charge, then you have the right to inspect the parts before they are returned.

I have been having this issue with my car lately and no one has a clear answer for it. And one of my neighbors told me to reach out to you about this issue. It is a 2018 Honda CRV LX AWD making horn sound only after using A/C and turning off the engine. My Honda dealer said there is a hole in the radiator, and it is causing this sound, but I do not see any coolant leaking, engine overheating and coolant level is stable. The A/C works fine, dealer claims that AC compressor is fine, and wants to charge me \$1,430 for replacing the radiator, and I feel like it would not resolve the issue. Please help me find a solution.

I agree that it is not the radiator for all the issues you stated. I believe it is the air conditioner expansion valve that is causing the noise. The part is \$100 and about 1.5 hours to replace it plus a refrigerant recovery and recharge. Still, it should be checked just to make sure it is not some other odd, part failure. In case it comes up I believe the AC compressor on that vehicle has a warranty extension from 3 years to 10 years-no mileage limitations due to premature failure.

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Quincy Celebrates 'National Night Out' At Pageant Field

By OFFICER GREGG HARTNETT
Public Information Officer, Quincy Police Department

Great evening in the City of Presidents celebrating "National Night Out" at the newly renovated Pageant Field. We appreciate everyone who took the time to swing through and say hello. Community Engagement is an important part of our daily operations.

We would like to thank our community partners, AAA Northeast, Supreme Energy, Massachusetts Behavioral Health, Brewster Ambulance, UMass Boston Police, National Grid Gas, Walmart and ADT Home Security Systems. Also our city departments, the Quincy Fire Department, Department of Public Works and Parks Department.

Several community leaders and elected officials also attended to show their support. We are grateful to have continuing support from our community that we serve and protect.

Photos below from "National Night Out" are courtesy Quincy Police Department.



QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, AUG. 2

SHOPLIFT (fled), 6:53 a.m., Star Market, 130 Granite St. One under arrest for shoplifting, also had an outstanding warrant. Report to be filed.

LARCENY/MOTOR VEHICLE (overdue rental), 11:57 a.m., UHaul, 438 Quincy Ave. Report to be filed.

LARCENY (cell phone), 12:28 p.m., Father Bill's Place, 39 Broad St. Report filed.

SHOPLIFT, 1:38 p.m., TJ Maxx, 100 Granite St. Report filed.

SHOPLIFT (two males), 6:43 p.m., Walgreen Pharmacy, 418 Quincy Ave. Two suspects identified and issued trespass notices by management. Suspects were juveniles and turned over to their parents. Report filed.

DISORDER (neighbors), 9:19 a.m., 91 Clay St. Report to be filed.

SATURDAY, AUG. 3

LARCENY/MOTOR VEHICLE (possible abandoned), 5:26 a.m., Perry Beach, 20 Bayswater Rd. Report filed.

UNARMED ROBBERY (male), 7:14 a.m., Seven Eleven Store, 363 Hancock St. One under arrest for unarmed robbery and shoplifting. Report to be filed.

DISORDER (with customer), 11:08 a.m., Sea Street Gas Service, 346 Sea St. Peace restored. Store handled.

SUNDAY, AUG. 4

SHOPLIFT (just occurred), 1:45 a.m., CVS Pharmacy/24 Hour, 42 Beale St. Report filed.

BREAKING AND ENTERING/PAST (just occurred), 7:02 a.m., 60 block of Airport Road. Caller states they woke up to find a broken window and a male party lying on their floor. The suspect took off when they found him. Checked the area, unable to locate party. Report filed.

DISORDER (group of teenagers), 7:34 p.m., 40 Stewart St. Officers checked area. Youths gone on arrival. Caller will call back if they return.

MONDAY, AUG. 5

LARCENY (past), 7:30 a.m., Burger King, 62 Granite St. Report to be filed.

DISORDER (two males), 8:24 a.m., 1 Sea St. Two males fighting. Peace restored and sent on the way.

SHOPLIFT (male), 10:50 a.m., Walgreen Pharmacy, 132 Granite St. One under arrest for shoplifting and also has an outstanding warrant. Report to be filed.

SHOPLIFT (two females/just fled), 12:15 p.m., Walgreen Pharmacy, 330 Hancock St. Two female suspects fled. Located by Officer Flynn at Moscow and Holmes Streets. Both were issued trespass notices by the Loss Prevention officer. One summonsed to court for shoplifting. Report to be filed.

SHOPLIFT (male), 12:42 p.m., Walgreen Pharmacy, 132 Granite St. One under arrest for an outstanding warrant and two counts of shoplifting. Report to be filed.

SHOPLIFT (male shoplift), 12:45 p.m., CVS Pharmacy/24 Hour, 42 Beale St. One male under arrest. Third offense shoplifting. Report to be filed.

DISORDER (two males), 4:28 p.m., Father Bill's Place, 39 Broad St. Nothing physical. Persons involved sent on way. One given 90 day no trespass by staff.

LARCENY (past package), 4:28 p.m., 500 Falls Blvd. Report filed.

BREAKING AND ENTERING/PAST (items left in car), 6 Highpoint Circle. Report to be filed.

LARCENY (past/pocketbook), 5:37 p.m., Common Market, 97 Willard St. Report to be filed.

LARCENY/MOTOR VEHICLE, 9:05 p.m., 70 block of Newbury Avenue. Caller arrived home from work and her motorcycle is missing. Report filed.

TUESDAY, AUG. 6

BREAKING AND ENTERING/MOTOR VEHICLE (Toyota Highlander), 12:02 a.m., Yardarm Lane. Caller states he heard his car alarm. Went out and found his window smashed and a suspect running away. Report filed.

ATTEMPT/MOTOR VEHICLE BREAKING AND ENTERING (just occurred), 1:01 a.m., 260 Billings St. Caller says he heard his car alarm going off, looked at security camera and could see someone trying to break in. Checked the area, unable to locate suspect. Report filed.

VANDALISM/PROPERTY (window smashed), 9:04 a.m., Mayflower Road. Bobcat window was smashed. Report filed.

DISORDER (two males), 1:17 p.m., 310 Water St. Dispute over parking. Peace restored.

LARCENY (bag/medication), 2:35 p.m., Stop and Shop Supermarket, 495 Southern Artery. Happened yesterday in parking lot. Report to be filed.

VANDALISM/PROPERTY (door tagged), 3:58 p.m., 230 Willard St. Door was tagged with some type of oil. Caller said this happened a month ago as well. Report filed.

SHOPLIFT, 4:15 p.m., Target, 289 Hancock St. Report to be filed.

LARCENY (cash in wallet), 9:07 p.m., Home Depot, 465 Centre St. Dropped wallet in parking lot. Cash stolen by unknown suspect. Report to be filed.

WEDNESDAY, AUG. 7

ARMED ROBBERY (attempted), 1:06 a.m., Gordon Terrace. Caller states that two males just held them up at gun point. Officer to file main report.

DISORDER (road rage), 4:51 a.m., Revere Road. Both vehicles left the area. Officers patrolled the area.

VANDALISM/PROPERTY (vehicle), 8:26 a.m., 150 block of Willard Street. Case number given. Minor damage to windshield wiper.

LARCENY (bike), 9:01 a.m., The Abby, 255 Hancock St. Report filed.

LARCENY (past/packages), 2:59 p.m., 20 block of Walker Street. Report to be filed.

SHOPLIFT (female), 3:41 p.m., Stop and Shop Supermarket, 495 Southern Artery. Detained in Loss Prevention Office. Female does not speak English. Suspect was identified, issued a trespass notice and sent on the way. Language barrier.

DISORDER (female), 3:56 p.m., City Hall, 1305 Hancock St. Gone prior to officers' arrival. Report to be filed.

DISORDER, 5 p.m., 1500 Hancock St. Peace restored.

DISORDER (possible motor vehicle accident), 10:09 p.m., 195 Holbrook Rd. Caller states a lady in another vehicle claimed caller struck her vehicle while parked and now the female is refusing to let the caller leave. No accident. Both advised. Peace restored and sent on the way.

SHOPLIFT (just occurred), 10:59 p.m., CVS Pharmacy/24 Hour, 42 Beale St. Suspect fled. Officer to file report.

THURSDAY, AUG. 8

VANDALISM/PROPERTY (males with flashlights), 12:09 a.m., Marylous, 22 Independence Ave. Caller reports there are males behind her house yelling and swearing, people climbing on construction trucks, also going up and down street. Report to be filed.

LARCENY (past), 7:16 a.m., 80 block of Shore Avenue. Equipment and tools from construction site. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 8:38 a.m., Marriott Hotel, 1000 Marriott Dr. Report to be filed.

ASSAULT AND BATTERY (male), 10:34 a.m., 1515 Hancock St. One male under arrest for two outstanding warrants and assault and battery on a police officer. Report filed.

LARCENY/ATTEMPT (of vehicle/past), 11:29 a.m., Marriott Hotel, 1000 Marriott Dr. Report filed for vandalism and breaking and entering nighttime. No suspects at this time.

SHOPLIFT (watching one), 12:38 p.m., Home Depot, 177 Willard St. One under arrest for five outstanding warrants. Also charged with aggravated shoplifting and larceny over \$1,200. Report to be filed.

DISORDER, 1:39 p.m., 50 block of Billings Road. Peace restored.

SHOPLIFT (carriage of items), 2:54 p.m., Marshalls, 141 Newport Ave. Female suspect left cell phone behind, to be turned into evidence. Report filed.

SHOPLIFT (beauty products), 3:29 p.m., Walgreen Pharmacy, 418 Quincy Ave. Items recovered prior to officers' arrival. Suspects issued a trespass.

DISORDER (lobby), 5:50 p.m., Father Bill's Place, 39 Broad St. Unwanted male sent on way and advised.

FRIDAY, AUG. 9

DISORDER (large group), 1:22 a.m., Cathay Pacific, 111 Hancock St. Detail officer called and stated large group developed in the parking lot, and would like some assistance moving them along. One person placed into custody for disorderly conduct and resisting arrest. Report filed.

MA Legislature Passes Largest Housing Investment In State History

Cont'd From Page 8

Housing vulnerable populations

- \$200 million to support innovative and alternative forms of rental housing, including single person occupancy (SPO) units, transitional and permanent housing for people experiencing homelessness, housing for seniors and veterans, and transitional units for persons recovering from substance use disorder. 25 per cent of funds must be used to fund projects which preserve housing for those with incomes below 30 per cent AMI.
- \$70 million to support the development of appropriate community-based housing for Department of

Mental Health (DMH) and Department of Developmental Services (DDS) clients

- \$60 million to modify homes of individuals or families with disabilities or seniors so that they may maintain residency or return home from institutional settings.

- \$55 million to support appropriate housing for people with disabilities who are not DMH or DDS clients.

Housing development

- \$800 million for the Affordable Housing Trust Fund which provides resources to create or preserve affordable housing for households earning less than 100 per cent of AMI.

- \$200 million to accelerate the development of mixed-income multifamily housing.

- \$100 million for the Middle Income Housing Fund which funds housing development for households earning less than 120 per cent of AMI.

- \$100 million for the Commonwealth Builder program for the construction of affordable single-family homes for households earning between 70 and 120 per cent of AMI, primarily in Gateway Cities.

HousingWorks

- \$425 million to support preservation, new construction, and rehabilitation projects through the Housing

Stabilization Fund and the Community Investment and Preservation Fund.

- \$275 million to consolidate the existing Transit Oriented Housing Program and the Climate Resilient Housing Program and create a new, innovative program to accelerate and unlock new housing. 25 per cent of the funds must be used to fund projects which preserve housing for those with incomes below 60 per cent

of AMI.

- \$175 million for municipal infrastructure projects to encourage denser housing development.

- \$50 million to provide payments to municipalities that receive a Housing Choice designation through high housing production and/or demonstration of best practices, including a grant program to assist MBTA Communities in complying with the multi-family

zoning requirement in the MBTA Communities Law.

- \$50 million for grants to municipalities for planning and zoning initiatives that support housing production, workforce training and economic opportunities, childcare and early education initiatives and climate resiliency initiatives.

- \$20 million to provide incentive payments to municipalities who adopt smart growth housing districts.

REQUEST FOR PROPOSALS

Request for Proposals (RFP)
"FY2025 Land Surveying Services"

City of Quincy
Quincy, Massachusetts

Notice

DUE: August 29, 2024, at 12:00 p.m.

The City of Quincy, acting through the Department of Public Works, is soliciting proposals for engineering and land surveying companies that are licensed to provide land surveying services, within the meaning of the Code of Massachusetts Regulations Title 250 (CMR250), to provide professional surveying services for roadway and utility projects within the City of Quincy. A minimum of one (1) company chosen must possess Certification by MassDOT to provide survey work in accordance with MassDOT requirements.

The City has several projects of various scope from simple property surveys to large strip surveys of existing roadways. The proposers must have the ability to gather the information requested to supplement and field verify the City's existing Geographic Information System (GIS) data, in accordance with current standards. The City's GIS is based on aerial imagery and planimetric data collected in December 2017. The horizontal information is tied to Massachusetts State Plane coordinates (feet) and the vertical datum is North American Vertical Datum 1988 (NAVD88).

Proposals will be received at the Office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, August 29, 2024, at 12:00 p.m.**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until August 23, 2024, at 12:00 p.m.

The City of Quincy Assessors Office shall determine the selected proposer(s). The City of Quincy reserves the right to withdraw the RFP; to reject any and all proposals; and to accept any proposals deemed to be in the best interest of the City of Quincy.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner of Public Works
Kathryn R. Logan, Chief Procurement Officer

8/15/24

REQUEST FOR PROPOSALS

Request for Proposals (RFP)

"Re-Bid Purchase of Four (4) High-Definition Golf Simulators and Technical Support"

City of Quincy
Quincy, Massachusetts

Notice

DUE: August 29, 2024, at 4:00 p.m.

The City of Quincy, acting through the Department of Natural Resources, is soliciting proposals from qualified vendors for the Re-Bid Purchase of Four (4) High-Definition Golf Simulators and Technical Support at the New Furnace Brook Golf Course Clubhouse. The qualifications-based selection of the vendors' professional services may include, but are not limited to, establishing a high-quality partner to provide golf and (all sport) simulators and 24/7 technical support. The final design documents are to be bid under MGL Chapter 30b services with public bid support services.

The City of Quincy is seeking a partner to provide, install, and support four (4) new golf (all sport) simulators at the new Furnace Brook Golf Course Clubhouse. A new Simulator Lounge is being built within the clubhouse and the new simulators will be installed in this area.

Proposals will be received at the Office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, August 29, 2024, at 4:00 p.m.**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. on August 14, 2024.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until August 23, 2024, at 12:00 p.m.

The City of Quincy Department of Natural Resources shall determine the selected proposer(s). The City of Quincy reserves the right to withdraw the RFP; to reject any and all proposals; and to accept any proposals deemed to be in the best interest of the City of Quincy.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
David Murphy, Commissioner of Natural Resources
Kathryn R. Logan, Chief Procurement Officer

8/15/24

INVITATION TO BID

INVITATION TO BID

"53 ft. Kentucky Moving Trailer"
City of Quincy, Massachusetts

Notice

The Quincy Public Schools for the City of Quincy, Massachusetts is seeking sealed bids for the purchase of one (1) **53 ft. Kentucky Moving Trailer** to be used for the Quincy North Quincy band and Color Guard until **2:00 p.m. local time August 29, 2024**, in the Office of the Purchasing Department, 1305 Hancock St., Quincy, Massachusetts 02169, at which time and place all bids will be publicly opened and read aloud.

This trailer must be outfitted to hold all necessary equipment and must meet specific requirements as detailed in the bid documents. The contractor shall conform to the attached specifications and be of the latest model year and most current design.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email to: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Questions will be accepted until August 23, 2024, at 12:00 p.m.

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and also available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. Specifications will be available on August 12, 2024.

Bids must be in a sealed envelope. The outside of the sealed envelope is to be clearly marked with the time/date of bid call.

Firm bid prices will be given first consideration. Bids will be received at the Office of the Purchasing Department until the time and date stated above, at which time and date they will be publicly opened and read. Late bids, delivered by mail or in person, will be rejected.

The right is reserved to reject any or all bids or to accept any part of a bid or the one deemed best for the City and waive any informality in the bidding if it is in the best interest of the City to do so.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
Kathryn R. Logan, Chief Procurement Officer

8/15/24

REQUEST FOR PROPOSALS

Request for Proposals (RFP)

"Micro-Climate Weather Forecasting Consulting & Technology Services"

City of Quincy
Quincy, Massachusetts

Notice

DUE: August 29, 2024, at 2:30 p.m.

The City of Quincy, acting through the Department of Public Works, is soliciting proposals from potential consultants in accordance with Massachusetts General Law chapter 30B. This Request for Proposals (RFP) sets forth the procedures and requirements to be employed by the City of Quincy in the selection of a Micro-Climate Weather Forecasting Consulting & Technology Services partner.

Activities will commence upon selection of a Micro-Climate Weather Forecasting Consulting & Technology Services partner and issuance of a notice to proceed for Fiscal Year 2025 (contract start date around October 1, 2024).

The Selection Committee shall consist of the Commissioner of Public Works, City Engineer, and Superintendent of Public Works operating under the direction of the Chief Procurement Officer.

Proposals will be received at the Office of the Purchasing Department; City Hall; 1305 Hancock Street; Quincy, MA 02169, until **Thursday, August 29, 2024, at 2:30 p.m.**

Detailed specifications are available on-line at the City of Quincy's website, www.quincyma.gov and available at the Office of the Purchasing Department, Quincy City Hall, 1305 Hancock Street, Quincy, Massachusetts, 02169, between the hours of 8:30 a.m. and 4:30 p.m. on August 14, 2024.

All inquiries regarding this bid should be directed to Kathryn R. Logan, Chief Procurement Officer by email: klogan@quincyma.gov and cc: mmarini@quincyma.gov. Inquiries will be accepted until August 23, 2024, at 12:00 p.m.

The City of Quincy reserves the right to withdraw the RFP; to reject any and all proposals; and to accept any proposals deemed to be in the best interest of the City of Quincy. Late proposals, delivered by mail or in person, will be rejected.

Non-responsive and/or unbalanced bids may be rejected.

Thomas P. Koch, Mayor
Alfred J. Grazioso, Commissioner of Public Works
Kathryn R. Logan, Chief Procurement Officer

8/15/24

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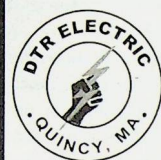
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INDEX

- ☐ Services
- ☐ For Sale
- ☐ Autos
- ☐ Boats
- ☐ For Rent
- ☐ Wanted
- ☐ Help Wanted
- ☐ Work Wanted
- ☐ Pets
- ☐ Lost & Found
- ☐ Real Estate
- ☐ Antiques
- ☐ Flea Markets
- ☐ Yard Sales
- ☐ Instruction
- ☐ Day Care
- ☐ Personal
- ☐ Miscellaneous

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COPY: _____

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DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

OBITUARIES

Rose M. Hines

Rose M. (Berlo) Hines, of Quincy, died August 6, 2024. Rose Berlo was born in South Boston as the fourth of nine children of Henry and Susan (Murphy) Berlo. Introduced by her aunt, Rose met her future husband George Hines at the family-owned Kelly's Landing in South Boston. She had a deep love of family that was demonstrated by her actions and sacrifice more than her words. Rose was an avid supporter of her grandchildren and great grandchildren. She could always be found at the many dance recitals; in the hockey and baseball stands; and on the sidelines of many lacrosse, soccer and football games. Even if you couldn't see her at these events, you would hear her! Rose's career at Saint Margaret's Hospital allowed her to care for a generation of Quincy infants. Rose will be remembered for her quick wit, sense of humor, supportive nature, and for her always being there for family whenever needed.

Beloved wife of the late George "Dewey" Hines, Jr. Loving mother of Marguerite "Marge" Hennessy and husband Geoff of Plymouth, George Hines and wife Regina of Florida, Stephen Hines and wife Noreen of Hanson, Paul Hines and partner Steven Nofziger of Squantum, and the late Michael Hines, James Hines, and Annmarie Andrews. Also survived by Janice Hines of Quincy.

Loving sister of Susan Mulligan of Marshfield and the late William Berlo, Robert Berlo, Virginia McParland, Henry Berlo, James Berlo, Ann Ken-



ROSE M. HINES

nedy, and Mary Burnieika.

Nana to James and Tina Neal; Michael and Danielle Neal; Caitlin Walsh and Kieron McGee; Zed Hennessy; Jennifer and James Federico; Craig Hines; Stephen Hines; Matthew Hines; Robert Hines; Robert Thompson-Hines; Brendan Hines; Liam Hines; Christopher Andrews; Kimberly and Patrick Moran; Sean Andrews; Daniel Andrews; and the late Rebecca Hennessy.

Great Nana to Rosalie, JD, Kai, Piper, Willow, Tara, Maggie, Eileen, Benny, Julia, Sean, and Declan.

Also survived by many nieces and nephews.

A funeral Mass was celebrated Monday from Divine Mercy Parish in Sacred Heart Church, 386 Hancock St., North Quincy.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Burial in Pine Hill Cemetery, Quincy.

Donations in memory of Rose may be made to Divine Mercy Parish (Sacred Heart Church), 386 Hancock St., Quincy, MA 02171.

*In Loving Memory
on Your Birthday*

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O'Donnell**
August 17



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From Catherine
& Family*

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Loved One's
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Laura J. Doherty

Laura J. Doherty (Solimini), a longtime resident of Quincy, passed away after a short battle with cancer on Monday, Aug. 5th, 2024.

She was born in Weymouth on Feb. 27, 1948, and was raised in Braintree. She was a graduate of Braintree High School. Laura was a crafter and especially loved to crochet hats, afghans and scarves while listening to her country music. Laura was always so proud to be able to sell the carefully crafted hats, afghans and scarves alongside her son Michael at his booth at the Raynham Flea Market every Sunday. She worked as a driver for The Ride and driving children with special needs for 10 years. Laura was a kind, loving person that always gave of herself. She was truly selfless and will be dearly missed by all who knew her.

She met her husband, and best friend, Charlie Doherty, doing what they did best, dancing in Dorchester. The two hit it off the night the met and were together for 35 years and married for 20 years.

She is survived by her two sons, Robert (Bob) Solimini and his wife, Erika, of Phoenix, AZ and Michael F. Henn of Quincy, MA. Laura is also survived by her granddaughters, Francesca, Adrianna,



LAURA J. DOHERTY

and Angelina Solimini of Scituate, her brother, Ronald Solimini and his wife Linda of Braintree, her cousins, her friends and her cherished dog companion, Skylar.

Laura was predeceased by her husband, Charles W. "Charlie" Doherty, and her parents Kathleen (Raines) and Charles Solimini.

Relatives and friends are respectfully invited to greet the family at the visitation on Thursday, August 15th from 9-11 a.m. at the Keohane Funeral Home, 785 Hancock Street, Quincy. A Celebration of Life will immediately follow the visitation at 11 a.m. Interment is private.

In lieu of flowers, the family suggests contributions to help the family with funeral expenses: <https://go-fund.me/a2cd0cf1>

Please see www.Keohane.com for directions and online condolences.

Judith Hallisey, 79

Judith (Concheri) Hallisey, of Weymouth, formerly of Quincy passed away on Thursday, Aug. 1, 2024 at the age of 79.

Judy was the daughter of the late Adolph and Anne Concheri, formerly of West Quincy. Judy graduated from Archbishop Williams High School in Braintree. She worked in accounting for many years.

One of Judy's favorite pastimes was crafting and sharing her creations with family and friends. In her later years, Judy loved spending time gardening.

Judy was the loving mother of Lisa Bohmbach and her husband Bob of Taunton, Anne Hallisey of Weymouth and her partner



JUDITH HALLISEY

Stephen Ray. Grandmother of Teresa Santos and her husband Cody of Carver and great-grandmother to Mia, Kane and Blake. She was the sister of the late Marion Denien and Rhea McGonagle. Judy is survived by many nieces and nephews and her grand-pups Halli and Bailey.

A Mass of Christian Burial was celebrated Monday, Aug. 12, at St. John the Baptist Church, 44 School St., Quincy. Visiting hours were held Sunday, Aug. 11, at Hamel-Lydon Chapel, 650 Hancock St., Quincy. Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements are under the compassionate care of Hamel-Lydon Chapel. For information and on-line condolences, visit HamelLydon.com.

*In loving memory of
Sue Anne Sullivan
Five Year Anniversary - August 13th
Sadly missed and always loved,
Cookie, Kathy, Dan, Debbie, Lisa,
Matthew & family*



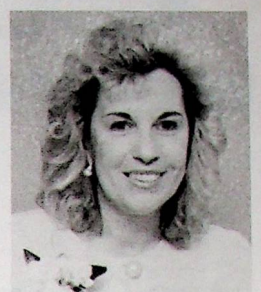
Elizabeth D. Maloney

Elizabeth "Betty" D. Maloney, a long-time resident of Somerville, passed away peacefully at home with her family by her side on July 29, 2024. Betty is survived by her loving partner of 30 years, Ron Lemieux. She is remembered as a loving mother to Deborah Drew and her husband Kevin of Andover, Kathleen McGillicuddy and her husband Mark of Quincy, and Ronald and his partner Stephen of Maynard. Betty will be dearly remembered as a cherished Nana and will forever hold a special place in the hearts of her grandchildren Kevin, Laura, James, and Grace.

Devoted sister of Loretta Mitrano of Medford and brother Joseph Carbone of Sarasota, Florida, along with many loving nieces and nephews. She was preceded in death by her daughter Susan, her parents Laura and Joseph Carbone, and her former husband Ronald Sr. She leaves behind many dear friends and her beloved cat Molly.

Betty loved her family fiercely and enjoyed any time spent at holidays, and family gatherings, supporting her cherished grandchildren in all their many activities and accomplishments.

Betty's tenacity was exemplified by her work ethic. Her dedication was matched only by her commitment to her colleagues and the friendships she nurtured



ELIZABETH D. MALONEY

throughout the years.

Most importantly, Betty was a beautiful soul with a kind heart, and she will be missed by all who knew her.

The family is deeply appreciative of the exceptional support Betty received from the caring team at Care Dimensions Hospice. Their unwavering dedication brought comfort and solace during a difficult time.

Visiting hours were held Aug. 8, 2024 at the Rogers Funeral Home, 380 Cambridge St., Cambridge.

A funeral Mass was held on Aug. 9, 2024, at the Sacred Heart Church, 39 Sixth St., Cambridge.

Interment at Old Calvary Cemetery in Roslindale.

Memorial contributions may be made in Betty's name to the OPMD Association at opmd.org or MSPCA at mspc.org.

Funeral arrangements are under the compassionate care of Hamel-Lydon Chapel. For information and online condolences, please visit HamelLydon.com.

Alanna (Lana) Donovan

Alanna (Lana) Donovan of Weymouth passed away on July 29th, 2024 comfortably at home with her family after a five-year battle with lung disease.

She was the daughter of the late Mary and Alan Robertson and also the sister of the late Debbie Robertson. Lana leaves behind her husband Mark Donovan of Weymouth, her son Mark Karlson also of Weymouth, her sister Judy Belyea of Randolph, two very close friends of over 50 years, Mary and Linda, a very special nephew, Alan Belyea, family in Germany, and David Belyea and his family of Falmouth. She had many brothers and sisters-in-law whom she loved and many many nieces and nephews.

Lana was born in Quincy and graduated from Quincy High School. She moved to Weymouth in 2000. She was diagnosed with interstitial lung disease in 2019 and



ALANNA (LANA)
DONOVAN

we would like to thank her doctors, Dr. Richard Black, Dr. Kamran Manzoor, and the doctors of the lung clinic at Brigham and Women's Hospital for their dedication and honesty to Lana about her disease and overall well being. We would also like to thank Beacon Hospice for their wonderful care over the last few months.

There will be no services at Lana's request.

Funeral arrangements were made by Casper Funeral Services, 187 Dorchester St., Boston.

*In Loving Memory
of*

**Raymon
"Ray"
Keefe**

January 10, 1934

August 19, 2023

Forever Remembered,
Forever Missed.

*All our love,
Ginny and Family
xoxo*



**PLEASE RECYCLE
THIS NEWSPAPER**

OBITUARIES

William Dullea, 75

William Dullea of Quincy, formerly of Milton and Braintree, passed away at home on Wednesday, Aug. 7, 2024. Bill was 75.

Beloved brother of Mark and his wife Donna Qualters, Kathy and her husband Frank Hogan, and uncle to Micaela and Nick. Also survived by other nieces, nephews and cousins. Former husband of Christine Young. Son of Edward and Rose (Doherty) Dullea of Dorchester and Milton and nephew of Father Maurice Dullea, S.J.

A Double Eagle, Bill graduated from B.C. High in 1966 and Boston College in 1970. He served in the National Guard after graduation. While working in insurance as a claims ad-



WILLIAM DULLEA

juster, he felt a legal background would be helpful in his work, so he attended New England School of Law in the evenings, earning his law degree in 1977. Bill started his own business, Dullea Claims Service, in Braintree, which he ran for a number of years.

For several years he enjoyed being president of the Quincy Toastmasters Club. Walking, reading, and making puns were three of Bill's favorite pastimes, and he was an especially avid and knowledgeable sports fan.

Relatives and friends are respectfully invited to the Alfred Thomas Funeral Home, 236 Granite Ave., East Milton, to greet the family on Friday, Aug. 16, during visiting hours at 10 a.m., with the funeral service to start at 11 a.m.

In lieu of flowers, donations may be made to the Rev. Maurice V. Dullea, S.J., Scholarship Fund, c/o Athletic Development, Boston College, Conte Forum, Chestnut Hill, MA 02467.

Mary V. Pierce, 68

Mary V. (Somontes) Pierce, age 68, of Scituate, formerly of Quincy and Weymouth, died peacefully, Monday, August 12, 2024 in the comfort of her loving family.

Mary was born in Quincy, to the late Mario J. and Josephine M. (Tosches) Somontes. Raised and educated there, she was a graduate of Quincy High School, Class of 1976. She was also a graduate of the former Mansfield Beauty School in Quincy. She lived in Scituate for three years, previously in Quincy's 1000 Southern Artery for five years, and earlier in Weymouth for 30 years.

Mary was employed as a hairdresser for many years



MARY V. PIERCE

at various salons. She then worked as a manager for the beauty supply company, SalonCentric in Hanover, for over 10 years.

Mary cherished time spent with her family.

Beloved wife of the late Chester W. "Ted" Pierce.

Devoted mother of Maryjo Pierce-Mazzella and

her wife Alyssa Pierce-Mazzella, Philip J. Pierce and his fiancée Theresa Leminen of Weymouth, and Jen Forest and her husband Mark all of Weymouth.

Loving Gigi of Emma Shanahan, Will Shanahan, and Caden James Pierce.

Dear sister of Philip Somontes and his wife Maryann of Abington, and Diane S. Cunningham and her husband John of Orrington, Maine.

She is also survived by many aunts, nieces, nephews, and cousins.

Funeral Services will be conducted in Saint John the Baptist Church, 44 School St., Quincy, on Friday, Aug. 16, at 11 a.m. Relatives and friends are invited to attend. Visiting Hours will be held at the Dolan Funeral Home, 460 Granite Ave., East Milton, on Thursday, Aug. 15, from 4 - 7 p.m. Interment Massachusetts National Cemetery, Bourne.

Due to floral restrictions at the cemetery, in lieu of flowers, donations in Mary's memory may be made to CurePSP, 325 Hudson Street, 4th Floor, New York, NY 10013 or at <https://www.psp.org/>.

To leave the Pierce family a condolence message, please visit www.dolanfuneral.com.

**PLEASE
RECYCLE**



**THIS
NEWSPAPER**

Diane J. Snow, 77

Diane Judith Snow (nee Troll), 77, died peacefully at the Pat Roche Hospice Home in Hingham, MA on July 29, 2024, following a three-year-long battle with a progressive illness.

Born Dec. 18, 1946, in Patterson, N.J., Diane was the daughter of Joseph (Joe) and Yolanda (Lonnie) Troll. Diane graduated from Hopkins Academy in Hadley, MA in 1964, and then in 1967 from the Burbank Hospital School of Nursing at Fitchburg, MA. At age 21, while employed as an operating room nurse at Cooley Dickinson Hospital, Diane met her future husband, Phillip (Phil) D. Snow, on a Caribbean vacation. After a brief courtship, they married on Sept. 7, 1968.

Early in their marriage, Diane and Phil moved to a couple of different locations, which allowed Phil to complete his education, while Diane continued to pursue her nursing career. During this time, Diane worked as the Head Nurse in the operating room at St. Luke's Hospital in Newburgh, N.Y., and then for three years as an Occupational Health Nurse at Pro-Brush, a division of Standard Oil of Ohio, in Florence, MA, where she served as the only nurse for 1,000 employees.

Diane and Phil ultimately settled in Schenectady County, N.Y., where Phil worked as a professor of civil engineering at Union College from 1974 until 2003. While in NY, in addition to raising her two children, Hillary (born 1974) and Michael (born 1978), Diane returned to school to earn her Bachelor of Science in community health at SUNY Empire, and then her Master of Science in education at SUNY Oneonta. She also completed requirements for her NY State Teacher Certification at SUNY Oswego.

Diane had a long and distinguished career as a Registered Nurse and healthcare professional, during which she served in a variety of clinical, education, and insurance-related roles. Highlights include: five years as a pre-operative nurse at Bel-



DIANE J. SNOW

levue Maternity Hospital in Schenectady, five years as a School Nurse Educator at Johnstown Middle School, and 13 years as a medical management nurse at Empire Blue Cross Blue Shield of N.Y., where she worked as a Project Manager in Medical Claims and Appeals, helping to establish their new division of Education and Development, then as a Senior Appeal Nurse, and finally as a Senior Nurse Case Manager. Earlier in her career, she also spent 10 years teaching classes on the Lamaze Method of Childbirth at several locations, including the Family Centered Maternity Association in Schenectady, the Community Health Plan in Latham, and the Associates in Women's Health, Niskayuna.

During those years in NY, Diane and Phil established enduring friendships, including a very special "Dinners Group" consisting of five couples who, for 25 years, came together several times a year to enjoy meals at one another's homes, play games such as Trivial Pursuit, take small trips together, and participate in each other's family celebrations. After 40 years, the remaining members of the group are still good friends and get together on occasion.

In 2007, Diane and Phil moved to The Villages, FL. In her retirement, Diane was proud to volunteer for SHINE of Florida as a counselor, where she helped fellow residents at The Villages to navigate the nuances of the Medicare system. During her retirement, Diane also enjoyed traveling with her husband and parents, who had moved to The Villages following the sud-

den death of Diane's sister, Judy (Troll) Brucks, at age 51 in 2008. Diane devotedly cared for both of her parents until their respective deaths: Joe in 2015 at age 95, and Lonnie in 2020 at age 97.

Diane and Phil loved spending time with friends and family, especially with their beloved children and grandchildren, and enjoyed their retirement time together in Florida for nine years until Phil's passing at age 73 in 2016. Following his death, Diane stayed active in Florida caring for her mother and traveled with good friends and family, especially to majestic locations including many of our National Parks. In 2021, Diane moved back to Massachusetts to be near her children, where she resided in Duxbury and then Quincy until her passing.

Diane was known for her fabulous sense of humor. Some of Diane's favorite hobbies over the years included playing mahjong and bridge, reading - especially the newspaper every morning with her husband, discussing politics, watching movies and documentaries, playing golf, and then in her last couple of years she developed a new passion for K-pop and Korean romance films.

Diane is survived by a daughter, Hillary A. (Snow) Rush of Hopkinton and her four children with Daniel Rush: William (17), Alexander (15), Noah (13) and Hollyanne (10); and a son, Michael D. Snow of Quincy, MA, and his three children with Elizabeth Bevilacqua: Lucas (16), Sean (13), and Joshua (8). She is also survived by two nieces, Kaitlyn (Palmer) Tiffany and Natalee Brucks.

A memorial celebration will be planned for the Fall of 2024, with details to be shared once confirmed at <https://www.eventcreate.com/e/dianesnow>.

Memorial gifts may be made in Diane's name to Planned Parenthood, or to the Norwell Visiting Nurse Association (NVNA) and Hospice Charitable Fund at <https://www.nvna.org/>.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family. They are not written by The Quincy Sun. Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

**More Obituaries
online at
www.TheQuincySun.com**

Norfolk County Sheriff's Office To Host American Red Cross Blood Drive Aug. 16

Sheriff Patrick W. McDermott announces that the Norfolk County Sheriff's Office, in partnership with the American Red Cross, will host a community blood drive on Friday, Aug. 16th from 12 noon to 5 p.m. The blood drive will take place at the Braintree Public Safety Complex located at 2015 Washington St. in Braintree.

"The Red Cross declared a national blood emergency within the last week, and said Hurricane Debby is having a huge impact on that shortage," said Sheriff McDermott. "Now is the time to act. The Red Cross says the national blood supply has dropped by 25 percent since July 1. Donating blood is quick, easy and I encourage everyone to sign up and give."

You can also register for a "Power Red" donation during this blood drive, which allows you to safely donate two units of red blood cells during one donation.

Participants can schedule an appointment time online by visiting <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=Norfolk%20County> and should arrive at least 15 minutes before their time slot to sign in and fill out necessary paperwork. There will be refreshments, and a place for donors to rest after giving blood.

For more information on this and upcoming community events hosted by the Norfolk County Sheriff's Office, follow us on Facebook at www.facebook.com/norfolksheriff or on Instagram @norfolksheriff.

Experts Reveal How Businesses And Sellers Can Spot Online Payment Scams

When it comes to online shopping, customers aren't the only ones who can fall victim to scams. Many

LEGAL NOTICE

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. c. 190B, §5-304
Docket No. NO24P1215GD
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
In the matter of:
Annora S. Lorusso
Of: Quincy, MA
RESPONDENT
Alleged Incapacitated Person

To the named Respondent and all other interested persons, a petition has been filed by **Andrea M. Horse With The Horn of Quincy, MA** in the above captioned matter alleging that **Annora S. Lorusso** is in need of a Guardian and requesting that **Andrea M. Horse With The Horn of Quincy, MA** (or some other suitable person) be appointed as Guardian to serve **Without Surety** on the bond.

The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority.

You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of **09/04/2024**. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.

IMPORTANT NOTICE

The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 1, 2024
COLLEEN M. BRIERLEY
Register of Probate

8/15/24

scams target sellers instead – and these can harm anyone, from experienced business owners to students running their own side hustles through the summer holidays. Therefore, anyone selling goods online must know how to avoid being impacted and what to do if their business is affected.

In fact, according to Business Wire, there was a

71 percent increase in payment fraud attempts on US businesses in 2023 – a statistic that highlights how important it is for online sellers to remain wary of practices that could undermine their services and cause financial damage.

With that in mind, Dennis Pederson, CEO of PayFasto, has compiled a list of five common payment

scams that online sellers should be aware of and how to respond in the unlucky event of experiencing them.

Phishing scams

Phishing scams are where criminals try to trick people into sharing their sensitive information, such as credit card details and passwords. They typically do this by sending fake texts or emails which direct to a third-party website that resembles a legitimate business. After clicking on the link, users are encouraged to enter their personal information.

Phishing doesn't just hurt customers; businesses are often targeted, which can compromise the privacy and security of consumers and stakeholders. They can cause financial and data losses and cause the public to lose trust in the company, leading to a damaged reputation and further monetary loss.

To spot phishing scams, it's important that sellers educate themselves on phishing red flags and regularly train their employees to spot them. These can include unexpected requests

for personal information, spelling and grammar errors, unknown or suspicious senders, and a sense of threat or urgency in the correspondence. Recipients should avoid clicking any unfamiliar websites and downloading attachments they don't trust.

There are other measures that businesses and sellers can implement to reduce the risk of being hit by phishing scams, such as advanced email filtering tools and thorough assessment of third-party communication. It's also a good idea to limit access to any sensitive data through multi-factor authentication and to always keep digital systems and software up to date.

Chargeback fraud

Chargeback fraud – also known as friendly fraud – is when a seemingly well-intended customer makes a purchase with their credit card and then disputes the legitimate charge with their bank. These people request a chargeback after receiving their order, typically claiming that they did not receive the item or that the payment

was unauthorized in an attempt to receive a refund.

This is different to true fraud, where a third-party bad actor makes a transaction using stolen personal information and the genuine cardholder files a chargeback for an unauthorized purchase – those who commit friendly fraud seem otherwise trustworthy. These scams can be destructive to internet vendors, who must pay much of the losses when a bank accepts the dispute.

Good communication is key to preventing friendly fraud. It's important that online businesses put merchant names and transaction details in banking apps to avoid customer confusion and that email confirmations are sent promptly after purchases are made.

Sellers should enable package tracking and delivery updates to ensure that consumers receive their goods. Internet vendors should enforce good customer service and inform recipients of delays. As well as this, it's ideal to enact two-factor authentication for payments and verify any suspicious-looking purchases (e.g. large orders) before shipping.

Return fraud

Return fraud is similar to chargeback fraud and occurs when a customer attempts to get a refund by manipulating the seller's returns process. This might involve returning a different item, claiming the product arrived defective or exploiting the terms of the returns policy. They ask for a refund despite not being legally entitled to one.

These scammers might use the items for a one-off event – for example, a high-end camera to take on holiday or an expensive dress to wear to a wedding. They might return these items claiming that they are unused, thereby flouting the terms and conditions of the returns policy by requesting a refund.

To lower the chance of experiencing return fraud, sellers should develop and share clear, non-negotiable return policies and always follow them while processing returns. For example, items not returned in their original condition, without attached labels or that appear to be used should not be refunded.

Strict checks should be implemented to ensure that customers receive and return the correct item in perfect condition, and measures such as delivery tracking should be introduced to confirm that orders are not lost. It's also recommended to monitor transactions for unusual activity and suspicious

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-24

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Cody Chy for a Variance and Finding to construct a third unit attached to existing two family dwelling in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements and 5.1.8 Table of Off-Street Parking Requirements on the premises numbered 59 Old Colony Avenue.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-33

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Eric Galis for a VARIANCE to demolish existing detached 2 car garage and replace with a detached two story 29' foot tall 3 car garage in violation of the Quincy Zoning Ordinance 3.2.3.1 Accessory uses in residential districts on the premises numbered 205 PRESIDENT'S LANE QUINCY, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-39

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of William A. Schwartz for a Variance and Special Permit/Flood Plain to demolish the existing single family home and erect a new flood compliant single family home in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements and 8.1.9 Special Permit in the Flood Plain Overlay District on the premises numbered 11 Bethel Terrace, Quincy.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-45

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Attorney Patrick Foley for a Variance and Finding to convert an existing office space to seven apartments with 9 parking spaces in violation of the Quincy Zoning Ordinance 4.1.1 Table of Dimensional Requirements, 5.1.4 Parking Setbacks, 5.1.8 Table of Off-Street Parking Requirements and 5.1.11 Parking Space Size Requirements and Turning Radius on the premises numbered 20 Whitney Road, Quincy.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

8/8/24, 8/15/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-46

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, August 27, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Attorney Patrick Foley for a Variance to construct a two story addition to the side of the existing structure and request relief to legalize living space inside the garage in violation of the Quincy Zoning Ordinance 3.4 Nonconforming structures and 4.1.1 Table of Dimensional Requirements and F.A.R. (Floor Area Ratio) on the premises numbered 51 Kent Street, Quincy, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

8/8/24, 8/15/24

LEGAL NOTICE

NOTICE TO DEFENDANT ANDREA N. CAMPBELL

[Case Caption: Guilford County Courthouse in Greensboro, North Carolina, Guilford L. White d/b/a Majestic Car Care, v. Andrea N. Campbell]

Case Number: 23-CVD-6276

To ANDREA N. CAMPBELL, whose whereabouts are unknown or cannot be ascertained through reasonable diligence:

You are hereby notified that a legal action has been filed against you in the Guilford County Courthouse of Greensboro, North Carolina. The nature of the action is a Complaint for Monies Owed Under a Mechanic's Lien. You are required to appear in or respond to this action within (45) forty-five days after the final publication of this notice.

This notice is being published once a week for three consecutive weeks in The Quincy Sun, a newspaper of general circulation in Quincy, Massachusetts. The dates of publication are August 15, 2024, August 22, 2024, and August 29, 2024.

If you fail to appear or respond to this action within the specified time, a default judgment may be entered against you for the relief demanded in the complaint.

For further information or to respond to this action, you may contact the court or the plaintiff's attorney, Attorney Jason Keith of NXTGENLAW Firm at 336-574-0368 or 100 S. Elm St., Suite 110 in Greensboro, North Carolina 27401.

This notice is published pursuant to Rule 4 of the North Carolina Rules of Civil Procedure.

DATED: August 15, 2024.

8/15, 8/22, 8/29/24

Cont'd On Page 29

Merrimack Valley Credit Union Plans To Change Name

Merrimack Valley Credit Union (MVCU) has announced plans to change its name and brand. The credit union will release its new name to the public in early September and plans to implement a rebranding campaign in early 2025.

Following a merger with RTN Federal Credit Union in June 2023, MVCU now serves more than 115,000 members and 1,100 employer groups in Massachusetts, New Hampshire and Rhode Island.

The credit union currently operates 19 retail branches. In the southeastern region of Massachusetts, MVCU branches are named Bridgewater Credit Union, A Division of Merrimack

Valley Credit Union, after a merger between the two organizations in 2018. Name and brand changes will update all MVCU branch locations and digital properties like online and mobile banking to one unified name and brand.

"Now that our credit union supports more families and more communities across a larger geographical landscape, it is important for us to keep our credit union in a position to remain united, strong and secure while continuing to grow and flourish," said MVCU President and CEO John J. Howard. "Our new name will embody our goal of empowering people with financial opportunities and

bridge our 70-year history with our exciting future."

The credit union says that while their name and brand will change, there will be no changes to members' banking experience and all current services and benefits will remain in place.

"Our members are our number one priority, especially during times of change," Howard says. "Their experience will only be enhanced as a result of our rebranding efforts, and they will still enjoy the same convenient online and mobile banking platforms and work with their favorite MVCU staff members when they enter one of our branches."

Experts Reveal How Businesses And Sellers Can Spot Online Payment Scams

Cont'd From Page 28

cious customer patterns.

Merchant fraud

Merchant fraud is defined as scammers posing as real businesses to deceive their customers and make illegal profits. They might create fake online stores that let consumers unwittingly make purchases, often at temptingly low prices. They may then send a counterfeit or low-quality product, or no product at all. While this directly targets consumers, businesses are hurt as a result.

Merchant fraud can harm a company's reputation and incur financial loss through chargebacks and other financial liabilities. They can be subject to legal consequences, such as lawsuits and fines if it's determined that they neglected to maintain proper fraud prevention measures. If rates of merchant fraud in a particular industry are high, businesses can be impacted by higher payment processing fees due to the elevated risk.

A major way that businesses and sellers can combat this is by ensuring that the company name, logo

and transaction details appear on bank statements to distinguish legitimate purchases from fraudulent transactions at fake stores, preventing chargebacks.

Implementing clear terms and conditions, secure payment methods and multi-factor authentication will also signal to consumers that the business remains trustworthy in the event of merchant fraud. On top of this, it's good practice to stay aware of the best ways to prevent fraud and ensure that fraud prevention measures and software are being maintained.

Wire transfer fraud

Wire transfer fraud involves a fraudster deceiving someone into sending money through a bank transfer. They may impersonate trusted individuals and organizations, such as suppliers or the CEO of the business. They create fake invoices urging the victim to send money, often playing on their emotions and exploiting the pressure they may be under. These scenarios can be very realistic and convincing, and the victims often send the money over

in a rush to remedy the situation.

This money is sent over instantly and it's very hard for businesses to recover it. Sellers impacted will want to contact their bank as soon as possible to stop the transaction from completing. Naturally, it's best to prevent this from happening altogether. As a rule, sellers should never send money in an unplanned, unexpected manner, and transactions should always be approved by multiple people.

Businesses and employees should avoid sharing any private company information with third parties. Improving cybersecurity protocols, in general, is a good way to prevent wire transfer fraud; use strong passwords, guard company or seller banking details, and enforce multi-factor authentication when logging into the company's network.

Ultimately sellers and employees must constantly remind themselves to ignore any unexpected invoices for money – if in doubt, always get another opinion and confirm the validity of the request before fulfilling it.

Third Sunday Personal Care Collection For Interfaith Social Services At QPCC

Aug. 18 is the third week of the Summer Sermon Series - Epic Meltdowns of the Bible at Quincy Point Congregational Church, 444 Washington St., Quincy.

Worship takes place at 10 a.m. in the air-conditioned sanctuary.

This Sunday Rev. Kimberly J. Murphy will look at Jonah's Meltdown and how Jonah rejects God's mercy, but God is merciful anyway. Karen Kearns will serve as the lay reader, and Maggie Chauby will be the soloist.

It is also the third Sunday of the month and the congregation of QPCC collects personal care items to be delivered to the pantry at Interfaith Social Services. Items needed include: full-sized toothpaste, toothbrushes, dental floss, full-sized un-

scented bar soap, full-sized shampoo, deodorant (men's, women's or unisex), toilet paper and diapers (most needed are sizes 4, 5 and 6). To donate monetarily or via Amazon go to: <https://interfaithsocialservices.org/personal-care-items/>.

The church is handicapped accessible. There is an elevator on the Abbey Road side of the building and an "all access" restroom for your convenience.

For those unable to at-

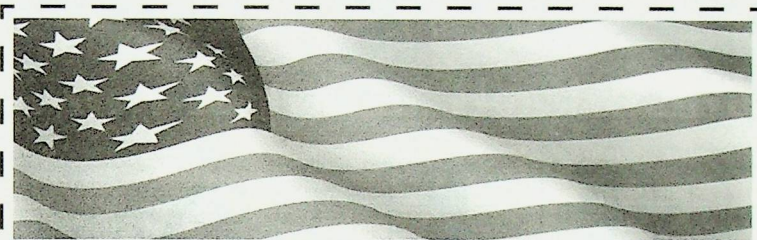
tend worship in person, the weekly service is live-streamed every Sunday at 10 a.m. on the church YouTube, Vimeo, and Facebook pages, as well as on the church website: www.quincypointcong.org.

Past services are also available anytime on these platforms. Additionally, you can catch a re-broadcast of the weekly worship service on QATV channel 8, airing Sundays at 11:30 a.m. and Wednesdays at 6 p.m.

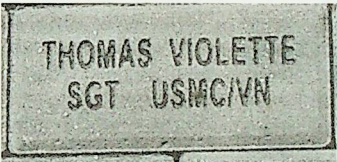
QHS Class Of 1961 63rd Reunion Sept. 28

A 63rd reunion of the Quincy High School Class of 1961 will be held Saturday, Sept. 28 at the Tirrell Room, 254 Quarry St., Quincy. A Meet & Greet will be from 11:30 a.m. to 1 p.m., and a buffet luncheon from 1 to 3 p.m.

Those interested are asked to send a check for \$60 made out to Lois AuCoin, 205 Linden Ponds, Unit 411, Hingham, MA 02043 by Sept. 1st.



FLAGS FOR VETS ISLAND SQUADRON 294 Bricks for Veterans Program



Honor, Memorial Bricks Available For Purchase

The Sons of the American Legion, Squadron 294, Morristown American Legion Post in Quincy has resumed selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. Two sample bricks appear above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____
Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:
S.A.L. Squadron 294
81-83 Liberty Street
Quincy, MA 02169

For more information or to order, call 617-407-1841

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SUN FUN PAGES

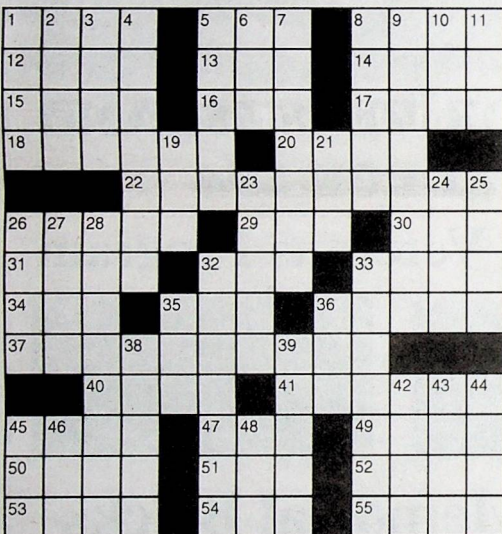
King Crossword

ACROSS

- 1 Persian leader
5 Kipling hero
8 Dull sound of impact
12 Earring site
13 Enzyme suffix
14 Bagel feature
15 River to the Baltic
16 Boom times
17 Director
18 Spanish explorer
20 Some babies
22 Contemplate anew
26 Vatican VIPs
29 Televised
30 Italian article
31 Jazzy
32 Automaton, for short
33 Farmland unit
34 Oklahoma city
35 Weir
36 Grove units
37 Contemplate anew
- 40 Eyebrow shape
41 Excuses
45 Pocket bread
47 Passing craze
49 Aloe —
50 Scott Trow book
51 German conjunction
52 Black, in verse
53 Go by
54 Nonclerical
55 Lairs
- 10 Last (Abbr.)
11 "Gloria in Excelsis —"
19 Surprised cries
21 Rowing need
23 Model
24 Concerning
25 Burnsian turn-downs
26 Bartlett, for one
27 Shoppe descriptor
28 Mollifies
32 Timid
33 Showed up
35 Pol. party org.
36 Business card no.
38 Face-to-face exams
39 — Warbucks
42 Actress
43 Press
44 Without
45 Soda
46 Chef Garten
48 Santa — winds

DOWN

- 1 No neatnik
2 "Today" cohost
3 First victim
4 Chamomile product
5 Island of Hawaii
6 MSN, for one
7 Camper's dinnerware
8 Daring swimwear
9 Tabasco, for one



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MAGIC MAZE ● AMERICAN —

I G D A X R V S Q N K I F D A
X V T Q O E A M J H F C A Y W
G U R P N V R E X P R E S S L
J R H F D O B U B Z E E X V T
H R A Q O L M K T K D U I H C
F S N F D U A N B A C G Z H F
Y W I I F T O O N V R A E A T
R Q O L B I T N M O O E L L K
I H F D G O T C A A S L T B Z
X W V E O N R I U E S I S I R
Q O L C M A E R D N M K B J L

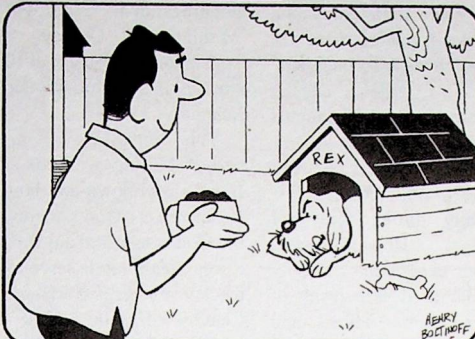
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: BIRD WITH REDDISH BREAST

- | | | | |
|------------|---------|------------|------------|
| Bison | Dream | Graffiti | Red Cross |
| Black bear | English | League | Revolution |
| Cheese | Express | Legion | Samoa |
| Coot | Falls | Literature | |

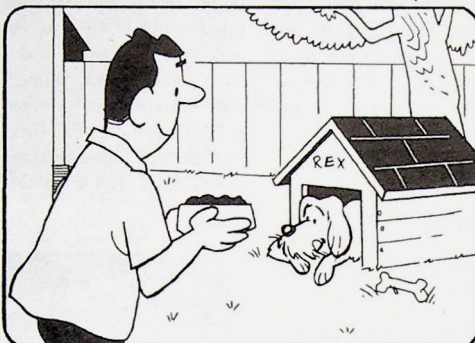
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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Shingles are different. 2. Bowl is larger. 3. Doghouse opening is different. 4. Bottom of shirt is moved. 5. Paw is moved. 6. Finger is different.



1. LANGUAGE: What does the Latin prefix "audio-" mean in English?
2. TELEVISION: Gladys Kravitz is the annoying neighbor in which TV comedy?
3. ANATOMY: About how many taste buds does the average human tongue have?
4. GEOGRAPHY: The Brandenburg Gate is in which European capital city?
5. HISTORY: Who was the leader of the Soviet Union during WWII?
6. MOVIES: Which movie features the line "I'm the king of the world!"?

7. MYTHOLOGY: What is the name of the Egyptian sun god?
8. LITERATURE: "The Great Gatsby" is set in which U.S. city?
9. MONEY: What is the basic currency of Poland?
10. FOOD & DRINK: Which country is associated with the side dish kimchi?

Answers
1. "Sound" or "hearing" (e.g. "audiophile").
2. "Bewitched."
3. 2,000-8,000.
4. Berlin, Germany.
5. Joseph Stalin.
6. "Titanic."
7. Ra.
8. New York.
9. Zloty.
10. Korea (North and South).

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Wishing Well®

5	8	5	4	8	4	7	2	6	8	5	3	2
C	S	O	Y	P	O	U	A	U	E	N	A	T
6	4	8	7	6	7	3	5	2	8	4	6	2
N	U	A	N	I	C	F	E	K	A	O	N	
7	5	3	5	4	2	4	3	8	2	5	3	4
O	I	T	D	R	D	E	B	W	E	E	O	E
2	8	4	2	8	6	5	7	4	7	8	4	8
R	I	S	G	T	N	N	N	T	O	H	E	C
6	4	3	5	6	8	6	2	4	8	6	7	6
O	E	L	C	F	A	M	E	M	N	I	F	N
7	5	3	6	3	6	7	8	7	2	5	3	5
I	E	D	D	L	S	D	D	E	S	S	Y	O
2	4	2	5	8	2	5	2	4	7	5	8	7
T	E	U	A	O	R	R	E	D	A	S	R	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) A previous misunderstanding continues to taint the atmosphere to some extent during the early part of the week. But cooler heads prevail, and the situation eases by the week's end.

TAURUS (April 20 to May 20) While the artistic aspect of the Divine Bovine is well-served this week, your practical side is also getting the sort of recognition that could lead to a new and well-deserved opportunity.

GEMINI (May 21 to June 20) With home-related matters taking on more importance this week, now could be the time to make some long-deferred purchases. But shop carefully for the best quality at the best price.

CANCER (June 21 to July 22) Congratulations! While a family problem might still rankle, it should be easing, thanks to your efforts to calm the waters. Also, a workplace situation seems to be moving in your favor.

LEO (July 23 to August 22) The Big Cat's energy levels should be rather high these days, and you might do well to tackle any tasks that still need doing. This will clear the way for any upcoming projects.

VIRGO (August 23 to September 22) Someone's criticism might not be as negative as you perceive. Actually, it could be helpful. Discuss the matter with your critic, and you both could learn something valuable.

LIBRA (September 23 to October 22) A business matter could cause some friction

among your colleagues. But once again, that logical mind of yours comes to the rescue. And the sooner it does, the better!

SCORPIO (October 23 to November 21) There still might be some heated temper flare-ups out there. But your sensible self should advise you to stay out of these situations until things cool down and calm is restored.

SAGITTARIUS (November 22 to December 21) Changing your mind could be the right thing to do if you can't resolve your doubts. You might want to discuss the matter with someone whose advice you trust.

CAPRICORN (December 22 to January 19) The Sea Goat's merrier side dominates this week, and this means that despite your usual busy schedule, you'll be able to squeeze in parties and all sorts of fabulously fun times.

AQUARIUS (January 20 to February 18) An educational opportunity could offer a lead to something other than what you had planned. But keep an open mind, and before you decide to turn it down, check it out.

PISCES (February 19 to March 20) The Piscean wit and wisdom you have helps you work through a situation that might have been accidentally, or even deliberately, obscured. What you unravel could prove to be very revealing.

BORN THIS WEEK: Loyalty is important to you. You demand it, but you also give it generously and lovingly.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

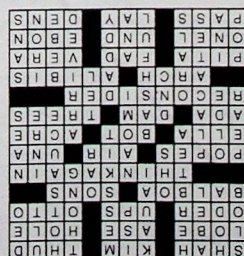
Clue: X equals R

CAL'S VAZ SKPLF SKB CXV-
BXMEB RKPSBOAMXC RME M
XBMDDV NMJBDZAE PLJBLSPAL?
PS'E XB-NMXFMODB.

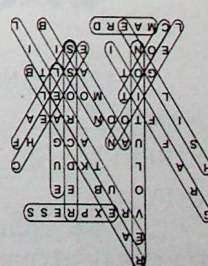
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King Crossword — Answers

Solution time: 25 mins.



Magic Maze ANSWERS:



CryptoQuip answer
Don't you think the dry-erase whiteboard was a really marvelous invention?

Amber Waves

THIS IS SO FRUSTRATING.



EVERYONE SAYS TO GET IN SHAPE AND CUT WEIGHT I SHOULD EAT MORE GREENS.



THAT'S NUTS. ALL I DO EVERY SINGLE DAY IS EAT GRASS ALL DAY LONG...



OOH, OK, THAT MIGHT BE THE PROBLEM.



by Dave T. Phipps



Preventing heat injuries

DEAR PAW'S CORNER: I recently visited an older relative who owns two dogs. Here in the Northeast, air conditioning isn't common in older houses, and it's been fairly hot for the past several weeks. When I went in, I saw both her dogs were lying down and panting because it was so warm inside. There was no water for them, so I filled up their bowls and added a couple of ice cubes to each one. They both drank nearly all the water. Please remind your readers that heat is dangerous for pets of all kinds, and even if they're at home and indoors, they're at risk. Sign me - Concerned Cousin in Manchester, New Hampshire

DEAR CONCERNED: Thank you. You just reminded them, and you're absolutely right. Water needs to be available to pets at all times, indoors or out. Heat injuries are no joke. They can permanently injure or kill

pets (and people). While much attention has been given to not keeping pets inside cars during the warm months, there are more danger areas to be aware of.

- Never lock your pet inside a car, even if you leave it running. There are laws against this in many areas.
- If your dog is out in the yard, make sure they have a shady area to rest with plenty of fresh, cold water. Monitor them frequently: every 10 to 15 minutes.
- Homes without air conditioning can get very hot and stuffy, endangering pets of all types. Maintain airflow at all times with a fan and open windows, and always have water available.
- Outdoor recreation with a pet - hiking, relaxing on the beach or playing at the park - is fun, but be sure to bring enough water for them to drink. (Tip: Keep dogs away from still bodies of water, like ponds, during the hottest months. Algae and bacteria flourish at these times.)

When a pet shows signs of heat stress - panting, lying down, whining or mewling - get them to a cooler room immediately. If they don't improve, contact the veterinarian.

Send your tips, comments or questions to ask@pawscorner.com.
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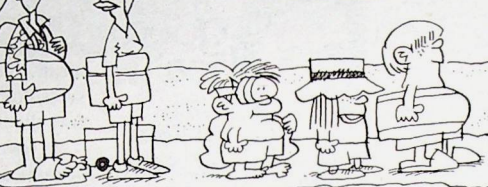
Out on a Limb

by Gary Kopervas

SCARE ME... YOU SEEM LIKE NICE FOLKS. I COULDN'T HELP BUT NOTICE THERE ARE A LOTTA BIRDS EATIN' PIZZA, FRENCH FRIES AND HOT DOGS. GOD FEAR! ONE OF THEM MESSES ON YOUR CAR'S WINDSHIELD. FOR \$20, MY ASSOCIATES AND I WOULD BE GLAD TO WATCH YOUR SUV WHILE YOU GO TO THE BEACH.



SEAGULLS IN NEW JERSEY



Americanisms



"I have learned over the years that when one's mind is made up, this diminishes fear."
— Rosa Parks

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Just Like Cats & Dogs

by Dave T. Phipps

DEAR, WHEN YOU'RE DONE WITH YOUR "HONEY DO LIST" COME IN AND GET READY FOR THE PARTY. FOR THAT I HAVE A "HONEY DON'T LIST."



SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Engage

MYLOPE

Clamp

CABER

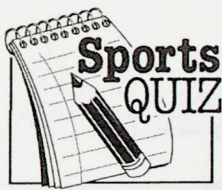
Flash

PARKS

Peep

PIRCH

TODAY'S WORD



by Ryan A. Berenz

WORD LADDERS

Can you go from SPORT to CHARD in 6 words?
Change one letter for each rung in the ladder.

SPORT

CHARD

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of 51?

5. In 1989, the UCLA Bruins' Pooh Richardson was the first draft pick in the history of what NBA franchise?
6. Pitcher Dennis Martinez, who threw a perfect game as a member of the Montreal Expos in 1991, hailed from what country?

7. What sportswriter from The Boston Globe got into a physical altercation with New England Patriots cornerback Raymond Clayborn in the locker room following a game in 1979?

Answers

1. Sid Bream.
2. Joe Tessitore.
3. The Ladies Professional Golf Association (LPGA).
4. Sabine Schmitz.
5. The Minnesota Timberwolves.
6. Nicaragua.
7. Will McDonough.

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Micro Crossword

Answer

O	S	O	S
R	E	O	G
C	I	N	A
R	R	P	P
F	G	R	A

STREAMING SOURCE

Here's what to watch and where to watch it for the week of August 19, 2024

- ON NOW: "Chimp Crazy" (Documentary) - Max

ON NOW: "Immaculate" (R) - Hulu

19-Aug: "Homicide: Life on the Street" (Seasons 1-7) - Peacock

19-Aug: "CoComelon Lane" (Season 2) - Netflix

22-Aug: "Secret Lives of Orangutans" (Documentary) - Netflix
- 22-Aug: "That '90s Show" (Part 3) - Netflix

22-Aug: "Drive-Away Dolls" (R) - Prime Video

23-Aug: "Pachinko" (Season 2) - AppleTV+

23-Aug: "Incoming" (R) - Netflix

25-Aug: "City of God: The Fight Rages On" (Season 2) - Max

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Micro Crossword

By Elizabeth C. Gorski

Across

- 1 "Golden Grand Slam" winner of 1988
- 5 Cat's "happy" sound
- 6 Bit of tomfoolery
- 8 Ending with "church" or "party"
- 9 Just OK

1	2	3	4	
5				
6				7
	8			
	9			

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Down

- 1 College transcript stat
- 2 Ladder crosspieces
- 3 Lovable "Star Wars" robot, informally
- 4 Side included in some "deluxe" diner orders
- 7 -Mags (hardcore punk band)

MORE SUN FUN



"The Instigators" (R) — This new heist comedy film available now to stream stars none other than Matt Damon ("Drive-Away Dolls") and his best friend's little brother, Casey Affleck ("Oppenheimer"). It seems that the sexual harassment allegations surrounding Affleck during the #MeToo movement have become a thing of the past, as he begins to star in leading roles again. In this film, Affleck stars as Cobby, an ex-con with whom Rory (Damon) teams up for a once-in-a-lifetime score that will give Rory the money he needs to take care of his son. But with this being Rory's first heist, it's safe to say that nothing will go as planned. Luckily, he has Casey Affleck to show him the way, right? OK, OK, putting my aversion for Affleck aside, if you do give this film a try, look out for Jack Harlow in his second film role ever. Acting seems to fit the rapper well. (Apple TV+)

"The Union" (PG-13) — Speaking of controversial actors from Massachusetts, this film dubbed as a "spy action comedy-thriller" stars Mark Wahlberg ("Arthur the King"). He portrays construction worker Mike, who runs into his high school sweetheart Roxanne (Halle Berry) at a bar in New Jersey. After a night of nostalgia and reminiscing together, Mike is appalled when he wakes up in London the following morning. Having drugged and brought him to the headquarters of her organization, Roxanne reveals that she's a spy and that a list with the identities of every U.S. spy has been compromised by the enemy.

So, she needs a "nobody" to train up in order to get the list back, and her old flame Mike is exactly that nobody. J.K. Simmons ("Spider-Man: Across the Spider-Verse"), Mike Colter ("Evil"), and Lorraine Bracco ("The Sopranos") co-star in the film, out on Aug. 16. (Netflix)

In Case You Missed It
"Civil War" (R) — This dystopian thriller from A24 became the second highest-grossing film in the production company's history, suggesting that viewers greatly resonated with its plot of a modern civil war taking the U.S. by storm. The film follows a handful of war photographers and journalists who are in the throes of a conflict between an authoritarian version of the U.S. government and the secessionist forces, led by states like Texas and California. Through the eyes of these journalists, who come from all walks of life, viewers get to see firsthand how exhilarating and traumatizing it is to not only see these heinous acts of war up close but to photograph them frequently. Beloved actress Kirsten Dunst ("The Power of the Dog") leads this film, and her co-stars include her husband Jesse Plemons ("Killers of the Flower Moon"), Wagner Moura ("Narcos"), Cailee Spaeny ("Priscilla"), and Stephen McKinley Henderson ("Beau Is Afraid"). Out now to rent. (Amazon Prime Video)

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Matt Damon, left, and Casey Affleck star in "The Instigators."

Contract Bridge

A RARE PLAY

South dealer.
North-South vulnerable.

NORTH

♠ 8 6
♥ Q 10
♦ A J 9 8 3
♣ 8 5 4 2

WEST

♠ 9 3
♥ J 7 6 5 3 2
♦ 6 4
♣ K J 7

EAST

♠ J 10 7 5
♥ A K 9 4
♦ 10 7 2
♣ 10 3

SOUTH

♠ A K Q 4 2
♥ 8
♦ K Q 5
♣ A Q 9 6

The bidding:

South	West	North	East
1 ♠	Pass	1 NT	Pass
3 ♠	Pass	4 ♠	Pass

Opening lead — five of hearts.

Declarer nearly always has more than one line of play available at the start of a hand. The challenge each deal presents is to compare the various possibilities and then select the one that has the best chance to succeed.

Long experience may certainly help in making the proper choice, but even so, some of the most experienced players might miss the best approach when a relatively rare type of play is

required. Consider this case where West led a heart against four spades.

East won with the king and continued with the ace, ruffed by South. Hoping to find the missing trumps divided 3-3, declarer played the A-K-Q of spades. When West showed out on the third round, South was on the way to defeat. He cashed the K-Q-A of diamonds, after which it made little difference whether he played another diamond or tried a club finesse. Either way, he would score only nine tricks — five spades, three diamonds and a club — to go down one.

If declarer had looked beyond the obvious, he might have hit upon leading a low trump from his hand after ruffing the heart continuation at trick two! Once this thought is conceived, its virtues become manifest. It assures the contract against a 3-3 or 4-2 trump division, and also allows declarer to maintain control of the trump suit, since a third heart lead can be ruffed in dummy.

Certainly the low trump lead at trick three from a holding of A-K-Q-4 is not an obvious play to make. But that should not stop one from making a play that has a clear-cut advantage. The difficult part is to think of it, but once declarer gets over that hurdle, everything falls into place.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

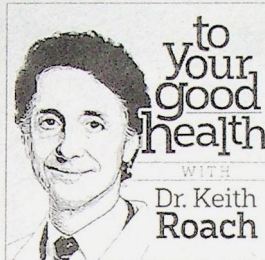
WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO YOU CALL CANTALOUPE IN A SWIMMING POOL?

SAWING	___	GAINS	ROOMED	___	RODEO
ALLEYS	___	YELLS	HORNET	___	NORTH
HITTER	___	THEIR	CHAPEL	___	PEACH
CEREAL	___	CLEAR	SNOOZE	___	ZONES
BARREL	___	BLARE	LISTEN	___	TILES
			TWISTY	___	WITTY

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Botox Injections Used To Treat Overactive Bladder

DEAR DR. ROACH: In two weeks, I am supposed to get Botox injections for my overactive bladder (OAB) and my frequent need to urinate at night. Are these injections safe? Are there any bad side effects? How long do they work? -- D.J.

ANSWER: The initial treatment for OAB symptoms usually consists of lifestyle changes (i.e., quitting smoking and avoiding medications that worsen symptoms at night), pelvic floor muscle exercises, and bladder training. If these are ineffective, medication is often used. If medications don't work or cannot be tolerated, additional treatments are considered, such as Botox.

The underlying problem with an OAB are uncontrolled bladder spasms. Botox is a powerful suppressor of muscle activity. If just the right amount is used, the excess muscle spasms are reduced, and the person gets good results. However, if too much is used, the person may not be able to urinate spontaneously at all, so your urologist will be giving you instructions on how to self-catheterize, in case you are unable to void your bladder after the injection.

If you note that the leakage has worsened a week or so after the procedure, this is a big clue that the bladder is not functioning after the injection. This can last for months, but typically no more than three months. Fortunately, this complication happens uncommonly, in about 2%-7% of people. Other complications include infections and bleeding, but these are not common. Antibiotics are given to reduce the risk of infection. Very rarely, muscles outside of the bladder are affected, including generalized weakness and eye muscle weakness.

When it works well, most people start noticing benefit in a week or so, and relief typically lasts 9-12 months before another injection is given.

DEAR DR. ROACH: I have been a registered nurse in a hospital for many years. I worked with a urologist who mentioned

something that kept him very busy: improperly inserted Foley catheters. When the balloon is inflated, these catheters can damage the urethra. Of course, a catheter is supposed to be inserted into the correct spot before the balloon inflates.

I found out that nursing schools are teaching their students to inflate the balloon when urine is seen, but sometimes there can be urine in the urethra. The catheter can also get stuck in the prostate, where there can be urine as well. Can you help me get the word out about this?

I also like to let male patients know about transurethral lidocaine use to anesthetize the urethra for a catheter insertion. It is cruelty to catheterize a man without it! -- S.H.

ANSWER: I appreciate your writing. I am seeing a downward trend in hospitals using Foley catheters, which are plastic tubes to drain the bladder. In men, these are inserted in the penis and have a balloon to prevent the catheter from falling out. The balloon is supposed to be inflated when the tip of the catheter is safely inserted into the bladder. Inflating the balloon in the urethra is very dangerous.

During my fellowship, I read that Foley catheters are the most likely of all lines (IVs and central lines, among others) to cause harm to patients. Not only can they cause damage to the urethra (estimates range from 0.3%-25% of inpatient hospital visits for men), prolonged placement of these catheters may cause infection and scarring.

There are new low-friction catheters that do not require lubrication, but they still have the potential for complications and discomfort.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

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Puzzles4Kids

Answer

WIT	S	WIT
TILES	N	LISTEN
ZONES	O	ZOONS
PEACH	T	PEACH
NORTH	E	HOHN
RODEO	M	ROOMED
BLARE	R	BARREL
CLEAR	E	CEREAL
THEIR	T	HITTER
YELLS	A	SALT
GAINS	M	SNIVMS

SENIOR NEWS LINE

by Matilda Charles

Finding senior discounts

There are more senior discounts available than we might have expected. We only have to find them!

Check AARP if you are a member. This is where I discovered that the Walmart Plus membership I use for delivery of groceries could be had for \$20 less per year, because of my AARP membership.

Look through the AARP list by putting discounts in the search box. You'll get over 2,300 results. Use the drop-down menu on the left side and click the ones that apply to you. Look for 50% off at LensCrafters and discounts at The UPS Store.

Elsewhere online, go to The Senior List (www.theseniordlist.com/) senior-discounts and scroll through the offerings, which includes grocery stores, retail, restaurants and more.

Amazon Prime (amazon.com) can be had for 50% off if you receive government assistance such as Medicaid and SSI.

Check the National Park Service (www.nps.gov) for a \$20 senior annual pass or the \$80 senior lifetime pass.

Look at Goodwill for weekly discount days that can save as much as 25% off your purchase.

See T-Mobile for their 55+ two-line phone plans.

Living on the Cheap (livingonthecheap.com) has several categories for reduced-price shopping, travel, entertainment and more. Check their listings by state.

Don't forget free goodies on your birthday! "Birthday freebies" are available in many places, such as a scoop of ice cream from Baskin-Robbins, a Grand Slam breakfast at Denny's and pancakes at IHOP.

Do a search for "senior discounts 2024," and you'll find hundreds of possibilities. Add the name of your state to narrow it down even more. Look for discounts on travel, cellphone plans, restaurants, movie theaters, groceries, pet supplies — everything you need or want. You never know what you'll find!

Call before you go to any location to be sure the expected discount is still being offered.

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1. Which group released "Do You Believe in Magic"?
2. Name the first rock group that appeared on "The Ed Sullivan Show."
3. What was the name of the vacation resort in the 1987 film "Dirty Dancing," and where was it?
4. Who released "The Love I Lost"?
5. Name the song that contains this lyric: "I guess the dance is over now. So you just curtsy, and I'll bow. And ask the band to play us Auld Lang Syne."

Answers

1. The Lovin' Spoonful, in 1965. The song was their debut single. They went on to quickly release seven more that reached the Top Ten.
2. Bill Haley and His Comets, in August 1955. They performed "Rock Around the Clock," the first rock and roll song to be played on a national television show.
3. The resort was called Kellerman's, in the Catskills in New York. It was filmed, however, in Virginia and North Carolina. Look for the movie sequel in May 2025.
4. Harold Melvin & The Blue Notes, in 1973.
5. "More Like the Movies," by Dr. Hook in 1978. Dr. Hook (called Dr. Hook & the Medicine Show until 1975) was known mostly for soft rock, acoustic guitar and easy listening.



LONE SAILOR STATUE (foreground) anchors the new Quincy Navy Park at Squantum adjacent to the boardwalk at Marina Bay. Besides the statue the park features tributes to six Quincy Navy Admirals and six Notables with ties to Quincy (some are visible in the background). The space is located on the site of Victory Plant, which constructed destroyers during World War I, and the former Naval Air Station, where pilots trained for World War II. Also shown here is the bell of the USS Quincy (at left). The Quincy-built cruiser participated in the Normandy Invasion on D-Day, June 6, 1944. Also featured are flag poles with flags representing the United States and the sea military services.

Quincy Sun Photo/Robert Bosworth

First Half 2024: Steady Real Estate Market in Norfolk County

Cont'd From Page 10

foreclosure process, more than the 189 recorded in the first half of 2023.

"The increased number of these notices is troubling. It suggests that more of our neighbors may have financial difficulties in the future," said O'Donnell. "If you are having difficulty paying your monthly mortgage, please consider

contacting one of these non-profit agencies for help and guidance."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mort-

gage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"The first half of 2024 revealed a stable real estate market that, while consistent, remains affected by a lack of available property inventory, resulting in increased competition among

buyers and an increase in property prices," O'Donnell said. "Norfolk County continues to garner a strong demand from individuals who desire to both live and work in area communities, which is one factor contributing to the competitive market. An increase in new home construction could alleviate some of the strain, leading

to a more balanced market for buyers and sellers alike."

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, ac-

curate, and accessible land record information. All land record research information can be found on the Registry's website, www.norfolkdeeds.org.

Residents in need of assistance can call the Registry of Deeds Customer Service Center at (781) 461-6101 or email registerodonnell@norfolkdeeds.org.

Better Business Bureau: Beware 'Process Server' Scam

Cont'd From Page 22

• **Search your local court website.** If you think there's a chance someone has filed a lawsuit against you, check your local court's website. Search your name to see if any lawsuit has been filed. If nothing comes up, you're in the clear.

• **The scammer may have some personal information.** Don't give them more. Scammers may have some of your personal information already from a previous phishing scam, a data breach, or some other source. If you're speaking with the scammer, you may even notice that the information is out of date. For example, they may use your maiden name or a previous address or workplace. Even if the information is out of date, they may use these stolen details to get even more information from you. For example, they might read your Social Security number and then ask you to "confirm" your date of birth. If they read off out-of-date information, they may trick you into providing current information. Even if

someone already has a few details, don't give them any further information unless you are sure you're dealing with someone you trust. Be careful when responding to

questions that require a simple "yes" or "no" response, since the "Can you hear me?" scam is still around, too.

• **Don't give out per-**

sonal information about family members, either. BBB reports also share that these scammers are calling people to inquire about family members. If someone is

asking you to validate information about another individual, hang up the phone. Afterwards, it's a good idea to notify the family member about the call you received.

That way, they can be on the lookout for other scams and take action to protect their personal and financial information if it's at risk or has been stolen.



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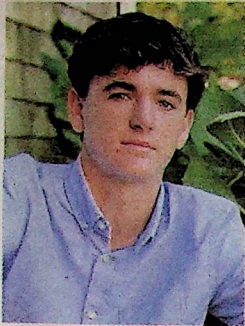
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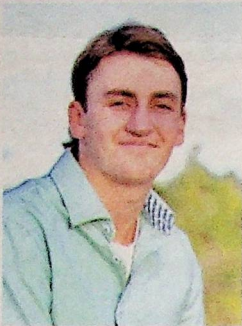
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Public Access Channel 8	Government Access Channel 9
Thursday, August 15 6:00pm: Bethany Congregational Church 8:00pm: Lone Sailor Statue Dedication Friday, August 16 11:30am: LIVE: Currently in Quincy 8:00pm: Messages from the Candidates Saturday, August 17 12:00pm: Messages from the Candidates 8:30pm: Friends Fridays at RGA Sunday, August 18 11:30am: Quincy Point Church Good News 1:00pm: The Call Monday, August 19 11:30am: CIQ Interview: Quincy Animal Shelter 7:00pm: Messages from the Candidates Tuesday, August 20 6:00pm: Messages from the Candidates 8:00pm: Thomas Crane Library Presents Wednesday, August 21 6:00pm: Quincy Point Church Good News 7:00pm: The Call	Thursday, August 15 4:00pm: Board of License Commissioners 8/13 5:00pm: Zoning Board of Appeals 8/13 Friday, August 16 8:00pm: Planning Board 8/7 Saturday/Sunday, August 17/18 10:00am: Good Deeds Quarterly Update 10:30am: In the Know Norfolk County Sheriff 2:00pm: Planning Board 8/7 4:30pm: Board of License Commissioners 8/13 5:00pm: Zoning Board of Appeals 8/13 7:00pm: Health Links: Social Connections 8:00pm: Lone Sailor Statue Dedication 10:00pm: Board of License Commissioners 8/13 11:00pm: Zoning Board of Appeals 8/13 Monday, August 19 7:00pm: Lone Sailor Statue Dedication Tuesday, August 20 4:00pm: Board of License Commissioners 8/13 6:00pm: Zoning Board of Appeals 8/13 Wednesday, August 21 6:00pm: Norfolk County Mosquito Control

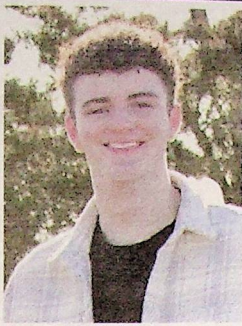
Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org



TEDDY LYNCH



JACK DUNN



ADAM BONICA



SHEA McSWEENEY

Four Awarded Steven Barrett Scholarship

The Steven V. Barrett Memorial Fund announces the recipients of this year's Steven V. Barrett scholarship award winners.

Each year the Steven V. Barrett Memorial Fund awards scholarships to students at Quincy High School that are continuing their education. This year's scholarships were awarded to Teddy Lynch who was the recipient of the Steven V. Barrett QHS Golf Schol-

arship; Jack Dunn who was the recipient of the Steven V. Barrett QHS Baseball Scholarship; and Adam Bonica and Shea McSweeney, recipients of the Steven V. Barrett QHS Scholarship at the annual QHS scholarship awards ceremony.

The Steven V. Barrett Memorial Fund continues to keep Steven's memory alive through scholarships and donations to various organizations and schools.

Steven was a three-sport athlete, captain and a 1995 graduate of Quincy High School as well as a 1999 criminal justice major and graduate of Westfield State College. Steven was tragically killed in a car accident while working on the island of Nantucket as police officer in September of 1999.

The Steven V. Barrett Memorial Fund was created to assist in providing educational, athletic and general support to those in need as

well as keep his memory alive as someone who would always be there to help others no matter what the situation.

If you would like to donate to the Steven V. Barrett Memorial Fund you may do so via venmo at: Nancyc-5 (which has a picture of Steven in his police uniform) or mail a check made payable to the Steven V. Barrett Memorial Fund, c/o Nancy Cerriani, 6 Baker Ave., Braintree, MA 02184.

Spinning Demonstration Aug. 24 At Dorothy Quincy Homestead

The Dorothy Quincy Homestead will welcome back Zoe Lawson for a spinning demonstration Saturday, Aug. 24 at the historic site.

The art of spinning is best learned by the young, and Lawson has been practicing the craft of spinning by drop spindle and on a wheel since childhood. She shares her techniques while in 18th century garb while illuminating the various methods colonists used to produce their own textiles. She will be available for questions and discussions from 11 a.m. to 2 p.m.

Guided tours of the Homestead are conducted every 30 minutes, on the hour and half hour. Cost is \$10 per person, donations are welcome.

The Homestead is located at 34 Butler Rd., Quincy.

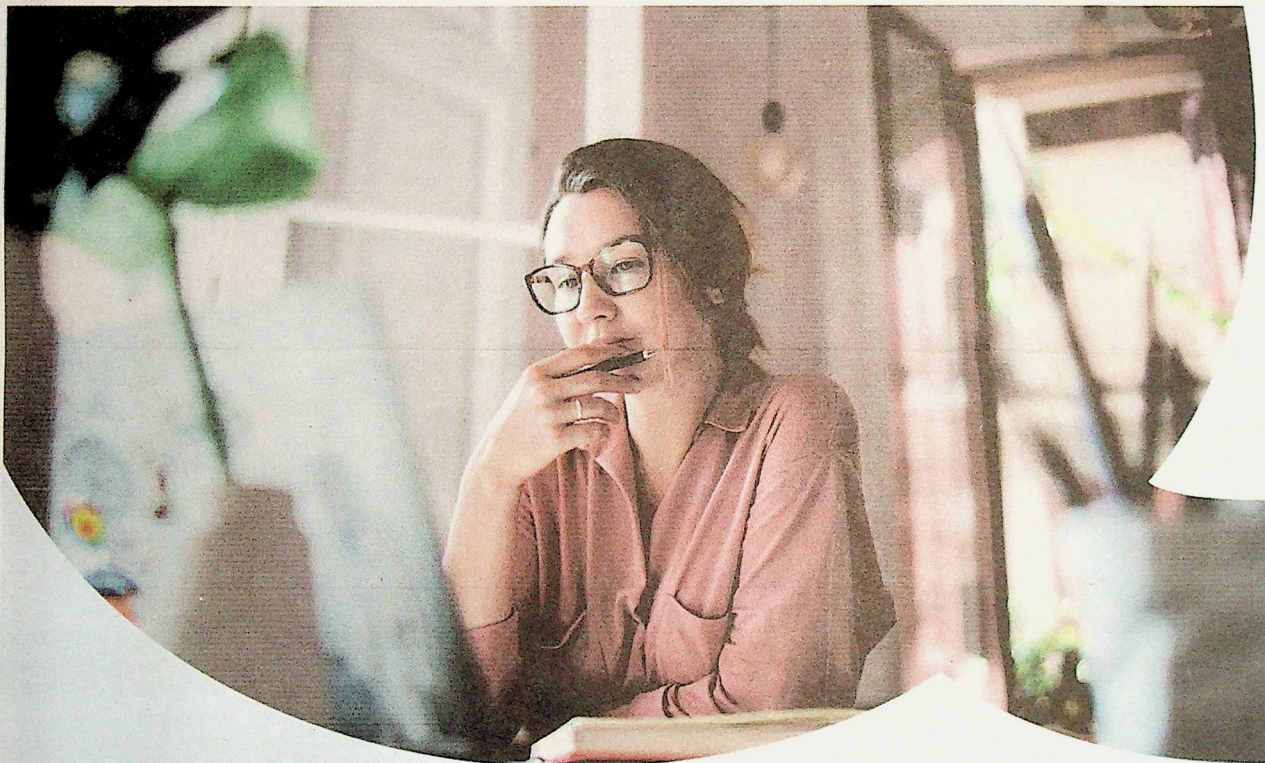
The Dorothy Quincy Homestead is owned by the Massachusetts Department of Conservation and Recreation in a partnership with the National Society of Colonial Dames of Massachusetts.

The program is co-sponsored by the Massachusetts Cultural Council and the Quincy Art Council.

Sydney Hester On Dean's List

Sydney Hester of Quincy is on the Dean's List for the spring semester at the Uni-

versity of Delaware in Newark, DE.



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